

# CARDEROCK SPRINGS Community News

We are a community recognized by the **National Register of Historic Places** as a prime example of Situated Modernism, where houses complement and blend in with the natural landscape.

## Annual Meeting – Sunday, May 31 at 7:00 pm by Zoom: Election and Beltway Info Session with County and State Officials

The Annual Meeting of the Carderock Springs Citizens Association will be held by Zoom video conference on Sunday, May 31 starting at 7:00 pm. In addition to the election of our officers and Board of Directors, we will have an information session on the planned Beltway widening project and an opportunity to ask questions of our elected County and State officials, including County Executive Marc Elrich, County Councilmember Andrew Friedson, State Senator Susan Lee, State Delegates Marc Korman and Sara Love, and Maryland's National Capital Park and Planning Commission planner Carol Rubin.

To join both the audio and video components of the meeting, please log in

using this link: <http://carderocksprings.net/zoom>  
which is also clickable on the home page of  
<https://www.carderocksprings.net>



Alternatively, you can dial in by voice telephone at this number:  
929 436 2866 or 669 900 6833, **Meeting ID 977 7081 3024, pass 502 594**

The **slate** of individuals standing for election include all of our current officers and Board members: **Jack Orrick**, President; **Tom Deyo**, Vice President; **Jenny Spreitzer**, Secretary; **Ashish Goel**, Treasurer; **Bill Draper**, Membership; **Petra Jacobs**, At Large and head of the Beltway Working Group; and **Sue Eastman**, At Large and ARC Liason.

In addition, two new candidates, **Firooz Gidfar** and **Gary Ratner**, have agreed to stand for election as At Large members. Their bios are on the next page.



## Community Calendar

### Monday May 18, 7:00 pm

CSCA Board Meeting via Zoom  
<http://carderocksprings.net/zoom>

### Sunday May 31, 7:00 pm

CSCA Annual Election Meeting  
via Zoom,  
Including meeting with  
legislators on beltway topics  
<http://carderocksprings.net/zoom>

### Monday June 15, 7:30 pm

CSCA Board Monthly meeting  
(3<sup>rd</sup> Monday of each month)  
Virtual TBD.

Carderock Springs Swim Club  
CSCC opening day:  
Date unknown as of early May  
due to guidelines by  
government agencies.  
Updates will be on  
<http://carderockclub.org/>

## *Election Meeting, cont.*

Bios of the 2 new At Large members are:

**Firooz Gidfar:** The Gidfars are a family of three. Firooz's wife, Safoura, is a designer, artist, and specialist on Persian arts. Their son, Kia, is a 3rd grader at Carderock Springs Elementary who enjoys making legos, reading, and riding his bike. Firooz is a graduate of the School of Architecture at the University of Texas in Austin, with experience in residential and retail design-build projects. He has limited his practice to projects that he undertakes for himself and is currently working on a couple of condo conversions in Washington DC. They moved to Carderock from Chevy Chase about 18 months ago and love the sense of community here. They wish they had discovered Carderock Springs sooner!

**Gary Ratner:** Gary Ratner and wife Jean have lived in Carderock since 1979, happily raising Rebecca and Ben here. Gary is a law reform lawyer and author, social justice advocate, and former senior executive at HEW and HUD. He is the founder and executive director of Citizens for Effective Schools (1998) and co-founder of Lawyers Defending American Democracy (2018), both national organizations. Locally, Gary is the lead founder of the D.C. Appleseed Center for Law and Justice (1994) and has been a leader and teacher at Bethesda Jewish Congregation. He particularly enjoys nature, jogging in Carderock, gardening, swimming, singing and spending time with family and friends.

Everyone is welcome to attend online or by phone. If you cannot make it, we encourage you to complete and return the proxy form which appears on the back page of this newsletter.

*Jack Orrick*  
CSCA President

## **Beltway Expansion Planning Update**

The release of the Draft Environmental Impact Statement (DEIS) is being delayed again. SHA is still aiming to close the public comment period by 7/31/20, which will leave communities with a fast turn-around for providing comments.

### Anticipated NEPA and Procurement Schedules

- 6/12/2020: DEIS Publication (Notice of Availability) with the caveat that libraries and other public buildings where the DEIS will be available must provide access to the public.
- Mid to late July/2020: Public hearings (2 in Montgomery; 2 in Prince George's County) – with the plan to hold them on a Saturday, Tuesday, Thursday and Saturday no less than 30 days after the Notice of Availability. SHA is looking at ways to supplement the in-person hearings with virtual hearings.
- 7/2020: Shortlist from Request for Qualifications for Phase 1
- 7/31/2020: Close of public comment needs to be 45 days after the Notice of Availability so there is no current plan to extend that beyond 7/31/20 as already established.
- 9/2020: Notice of Intent for 270 North NEPA (National Environmental Policy Act)
- 5/2021: Final Environmental Impact Statement and Record of Decision
- 5/2021: Final selection of Private Partner for Phase 1

*Petra Jacobs*

# Planning a renovation?

## ARC Approval and Architectural Salvage

If you're planning a renovation to your Carderock Springs home, there are two important things to know before you begin work: Architectural Review Committee (ARC) approval for exterior modifications and architectural salvage for interior renovations.

### EXTERIOR: MODIFICATIONS CONSIDERED BY ARC



As required by the covenants recorded against each lot in Carderock Springs, any outside modification or additions to the structures on a lot must be reviewed and approved in advance by the Architectural Review Committee. This may include, but is not limited to the following: fencing, sheds, exterior color schemes, and live, sound hardwood tree removal.

The ARC is an appointed committee comprised of residents who are trained as architects/designers. In normal time, the ARC meets on a monthly basis, generally the first

Wednesday of each month, starting at 7:30 pm at the Club, to review applications and plans for exterior modifications to Carderock homes. Meetings are open to all residents, whether you are renovating, planning to renovate or interested in listening.

Due to the Stay-At-Home Order by the Maryland Governor due to the coronavirus, the ARC may or may not meet in person at the Club June 3. If you are PLANNING A RENOVATION, PLEASE CONTACT THE ARC by email [cscARC@gmail.com](mailto:cscARC@gmail.com) for further instructions regarding your plans for review and approval. Applications can also be dropped off at 8009 Hamilton Spring Rd.

Please submit an application and your plans for review to the ARC beforehand. Initially these can be early conceptual plans and then later on they can be construction drawings with specific elevations. The ARC can often assist homeowners with suggestions on design issues that have arisen with other homes in the past and possible workarounds. As the project becomes more defined, homeowners should return for another meeting to review construction drawings with specific elevations. Additionally the ARC may make recommendations and want to see amended drawings and details.

Specifics on the ARC submission process and the application form are on the CSCA website which also has a 20 page document of architectural guidelines that reflect the architectural standards the ARC looks for in exterior modifications, outdoor landscaping features and sheds. To contact the ARC, email [cscARC@gmail.com](mailto:cscARC@gmail.com).

### INTERIOR: ARCHITECTURAL SALVAGE

If you are undertaking an **interior** renovation, consider offering **gently removed original elements** from your home **to the neighborhood** using the Carderock Springs CS-Chat@groups.io email group. Many neighbors wish to maintain the original interiors of their Carderock homes and would very much appreciate your doors, light fixtures, tile, countertops, cabinets, sinks, vanities, etc.

# The Carder-Eco Column

## News from the Environmental Committee



Our minds are currently on topics related to personal health and safety rather than the environment.

However, these also may be times when we further educate ourselves or mitigate some of the effects of overusing one-use disposable items that we currently purchase. We can spend more time thinking about planting our own vegetables, minimizing lawn to provide space for native species and plant pollinators, or preparing for practicing more environmentally friendly habits when we finally emerge from the lock-down.

### April showers bring May.....weeds!

And wow! Lots of rain recently, and thus weeds  
How to weed now in an environmentally safe fashion?

- Cut weeds at base, repeat when they sprout, eventually the plant will exhaust its energy and die
- Hoe them out when small
- Smother with clear plastic so sun can “cook” and kill them. White or black plastic is not as efficient or quick as the clear plastic is.
- Use landscape cloth, cardboard or several layers of newspapers, cover with leaf or other mulch, and dig hole to plant whenever you want
- Pour or spray with boiling water or vinegar
- Apply re-emergent corn gluten in the Spring
- Cook and eat (**garlic mustard, lamb’s quarters**) but be sure you are identifying correctly
- Weeding is best and easiest after a heavy rain
- Do not leave soil bare...or you will be doing all of this again and again !



The weed Garlic Mustard is edible, plentiful in Carderock and easy to identify now because it is in bloom. It makes a great pesto!



Lamb’s Quarters is also edible.

## Planting a “victory” vegetable garden : Considerations

- Choose favorites your family likes to eat
- Decide whether you will use seeds or transplants so do check the maturation/harvest date on packages
- Think replacements: Early Spring peas, then summer tomatoes, then peas again in Fall
- Think companion planting (tomatoes and basil, for example)
- Test soil or use quality mixes and use composted materials
- Plant flowers to attract pollinators that will also pollinate your vegetables

## Reusing disposables and newspapers

### [Reusable Products to Replace Single-Use Disposables](#)

For every single-use disposable, there's a DIY reusable option, and often one that you can make from supplies that you already own.

(<https://craftingagreenworld.com/articles/diy-reusable-products/>)

### Make your own hand soap using empty squirt containers

What you need:

- Knife, cheese grater, potato peeler, or food processor
- Water ([distilled water](#) is optional but best )
- Bar of soap (scented or unscented, any brand)
- [Essential oils](#) (optional)
- [Soap coloring](#) (optional)
- Saucepan or pot
- Empty non-food soap dispensers/bottles

Instructions:

<https://www.thesprucecrafts.com/liquid-hand-soap-recipe-1388706>

## Creative Ways to Craft with Newspapers

[https://www.thesprucecrafts.com/newspaper-crafts-4155824?utm\\_campaign=artcraftsl&utm\\_medium=email&utm\\_source=cn\\_nl&utm\\_content=20115047&utm\\_term=](https://www.thesprucecrafts.com/newspaper-crafts-4155824?utm_campaign=artcraftsl&utm_medium=email&utm_source=cn_nl&utm_content=20115047&utm_term=)

### **and if you have not had enough bad news! A Warning!**

We are expecting the Cicada Brood X to return to our area in May 2021. While they are not biting insects, recently planted shrubs and trees are the most affected. Pesticides are not successful against cicadas, so please do not use those.

Suggestions include not planting any new shrubs or young trees for the rest of 2020! The brood will hatch in May 2021 so you don't want to plant then either. It is best to wait until Fall 2021. That is a long time away, so should you consider this but decide to go ahead and plant instead, you will need netting for use from May through June of next year.

### **Garden Tours:**

Since we have not been able to visit professional gardens and parks this Spring, your favorites will have websites and will probably be providing online “tours”.

### **Book Recommendations**

kids: *Helping Children Connect to the Natural World* by Julie Cerney

adults: *The Pollinator Victory Garden* by Kim Eierman

adults: *The Overstory* by Richard Powers (Pulitzer prize-winning novel with environmental message)

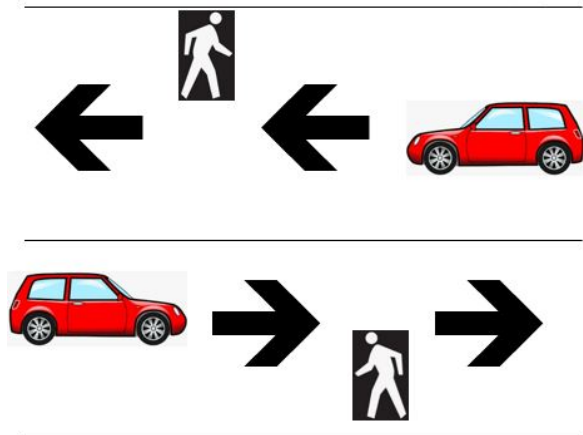
Diane Karlik  
Chair, Environmental Committee

# Road Safety Thoughts

Reminders below on appropriate and safe walking not only during the pandemic while pedestrians keep 6 feet apart, but always. Some have not always felt safe on our streets over the past 6 weeks.

Roads are shared space. We still have vehicles on our roads, although there are fewer, and our roads are not reserved for pedestrians or bicyclists. Some little kids are riding bikes/scooters in the middle of the road and even around blind corners.

**Walkers** should face traffic so that they see oncoming vehicles approaching ... walkers should not be walking in the same direction as traffic. That means walking on the left side of the road. This way, it is safer for walkers and in addition we can all maintain distancing requirements.

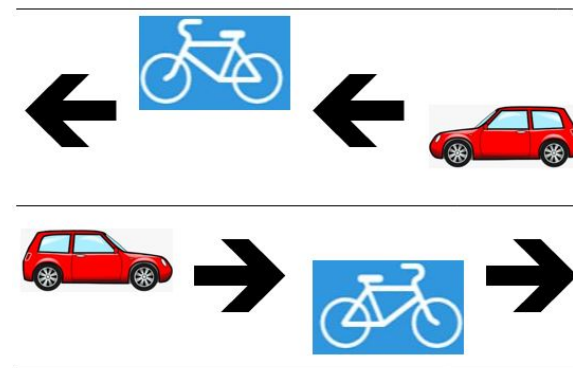


*Walk on the left side of the road, against traffic*

If you are faster than those in front, you should alert others that you are passing and leave distance between. This could require you to cross the road but please return to the appropriate side again as soon as you can.

If walking at night with or without dogs, wear bright not dark clothing and with reflective gear and/or a light.

Experienced **bicyclists** should ride with traffic.



*Bike on the right side of the road, in the direction of traffic*

Exceptions would be small children on bikes who are accompanied by adult walkers monitoring them at their slow pace.

Ask household and landscape **workers to park on one side of the street only**, or at least not directly across from other parked vehicles so that nobody is forced into the middle of the road, so that emergency vehicles can get through, and so we can maintain a distance from those accessing those vehicles.

These road safety thoughts are most appropriate for our more heavily used and wider Fenway, Lilly Stone and Hamilton Spring roads.

*Diane Karlik*

## Classified

### General Dentist Accepting New Patients!

Raised and currently residing in Carderock Springs! Attended Gonzaga College High School and University of Maryland. Also received DDS degree from the University of Maryland School of Dentistry. Fluent in Spanish and wants to serve the community where he was raised. Matias Cima, DDS. 202.686.9100, [drcima@cobbdentistry.net](mailto:drcima@cobbdentistry.net), 4400 Jennifer St NW #340, DC 20015.



### Cabin John Dog Walking



Midday walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn 240-204-2953.

### Private Soccer Lessons!



For kids ages 6-13 by Whitman junior and Carderock resident Christian Hill. He comes to your home with all equipment needed. Experienced as a junior soccer camp counselor, knows ins and outs of the sport, will improve technical skill on the ball as well as soccer IQ for your son or daughter. \$20 for ½ hour, \$35 for 1 hour per player. Text 202-802-4319.

## Carderock Men's Tennis Team Seeks More Players

Do you know that there is a Carderock men's tennis team? There is, and we are looking to add a little depth to our roster for the upcoming season. We play in a nominally a 4.0 league, so players range from a solid 3.5 and up. In general, the 4.5 and up players tend to play in the singles matches.



If you're in the range, think about joining the team. We have a non-mandatory practice on Sunday mornings, which is a good workout and a lot of fun. For the season, we play on Tuesday evenings and figure you'd play in about half of the matches (1 singles and 2 doubles).

Please reach out to me if you're interested. Thanks!

*Darrell Tanno*  
[darrell82666@yahoo.com](mailto:darrell82666@yahoo.com)

### WANT TO ADVERTISE?

Classified ads may be placed for \$10 for 1 newsletter issue or for all CSCA newsletters published each year for \$50 per year. Please submit payment to CSCA, PO Box 237, Cabin John, MD 20818-0237.

## The Pandemic



It's been nearly 2 months since we have been self-quarantining by Order of the Governor due to Covid-19. Households and businesses are getting a feel for how to respond creatively to a variety of situations for needed supplies, income and sanity.

We live in a fairy-tale paradise with lovely Spring scenes of nature to walk amidst. In Carderock we have shelter, food, electricity, internet, gas in the car and for many of us employment with the ability to work from home. Meanwhile around us in the region, country and world we see devastating health issues, economic turmoil and abundant uncertainty. Many of us are filled with both gratitude and guilt.

**Be kind to those who have different experiences and views, who exhibit more restrictive or less restrictive behavior than you do, as Maryland and so many states are beginning to open. Control what you can control – nutrition, sleep, exercise, attitude, etc. We can do this.**

*Margie Orrick, Editor*

# Proxy for Annual Meeting

The undersigned hereby appoints Jenny Spreitzer, Secretary of Carderock Springs Citizens Association (the “Association”), as agent and proxy of the undersigned, with full power of substitution, to vote on behalf of undersigned for or against the proposed slate of officers and directors at the Annual Meeting of the Association to be held by **Zoom video conference call on May 31, 2020**, and any adjournment of such meeting, with all power which the undersigned would possess if personally present..

The undersigned may revoke this proxy by personally participating in the video conference Annual Meeting.

Date: \_\_\_\_\_, 2020

\_\_\_\_\_ (Seal)

[Signature]

- FOR the proposed slate of Officers and Directors
- AGAINST the proposed slate of Officers and Directors

To return this signed form (found on the back of the newsletter or on CarderockSprings.net), either

- Drop the form off at 8212 Fenway Rd (in the clear box at shoulder height to the left of the front door)
- or scan and email to Secretary Jenny Spreitzer [cscacarderockinfo@gmail.com](mailto:cscacarderockinfo@gmail.com)
- or snail mail to CSCA, Box 237, Cabin John MD 20818



**CARDEROCK SPRINGS**  
National Register of Historic Places

The Carderock Springs Citizens’ Association publishes the *Community News* at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens’ Association for an annual due of \$50 for a membership year ending December 31, 2020.

Dues and family information for the Carderock Springs directory may be mailed to the Carderock Springs Citizens’ Association at Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.

## Carderock Springs Citizens’ Association Board Members

Jack Orrick, *President*

Tom Deyo, *Vice-President*

Jenny Spreitzer, *Secretary*

Ashish Goel, *Treasurer*

Bill Draper, *Membership Secretary*

Petra Jacobs, *Member-at-Large*

Sue Eastman, *Member-at-Large*

### *Architectural Review Committee (ARC)*

Douglas Soe-Lin, *ARC*

Katherine Stifel, *ARC*

Scott Wilets, *ARC*

Sue Eastman, *ARC Liaison*

Margie Orrick, *Newsletter Editor*

Larry Ondrejko, *Club Liaison*