



AMERICAN HOLISTIC HEALTH ASSOCIATION

proudly acknowledges

AHHA Practitioner Member

Cathy Chargualaf, PhD

This healthcare professional encourages a holistic approach to wellness where individuals:

- Balance and integrate themselves mentally, emotionally, spiritually, and physically
- Establish healthy and respectful relationships with others and with the world around them
- Make lifestyle choices that promote their wellness
- Participate in their own health decisions and healing process.

Suzan Walter

Suzan Walter, MBA
President

Membership valid through
October 31, 2022

