


**Matrix of Sample Phased-in Squash Activities with Corresponding Risk Mitigations  
November 7 -23, 2020 – Restrictions by Health Authority**

**Revised: November 8, 2020**

With the new Nov 7<sup>th</sup> announcement, level 2 does not necessarily line up with our previous version of the matrix. Changes are noted in orange.

		Vancouver Coastal and Fraser Valley Health Authorities – *see exceptions		Interior Health, Northern Health and Vancouver Island Health Authorities			
Risk Mitigation		Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Risk		Low  High					
Criteria	Enhanced protocols	Increased personal hygiene, cleaning protocols and symptom screening	Increased personal hygiene, cleaning protocols and symptom screening	Increased personal hygiene, cleaning protocols and symptom screening	Increased personal hygiene, cleaning protocols and symptom screening	Increased personal hygiene, cleaning protocols and symptom screening	Increased hand hygiene
	Group size	Solo play or family same household members only	2 people only	Bubble up to 5 people	Bubble up to 8 people	Larger cohort group -50 players	Resume normal play
	In/out of club	Within Club	Within club	Within Club	Within club	Inter-club within region unless approved by Squash BC	Resume normal play
	Number of people on a court	1-2 people on court	1-2 people on court until further notice	3 people on court	4 people on court	Resume normal play	Resume normal play
	Spectators including parents	No	No	No	Number is based on health authority and club regulations	Number is based on health authority and club regulations	Unlimited spectators permitted

\*Exceptions for Vancouver Coastal and Fraser Valley Health Authorities include Hope, the Central Coast, Bella Coola Valley, the Sunshine Coast, Powell River and Howe Sound.

			Vancouver Coastal and Fraser Valley Health Authorities – *see exceptions			Interior Health, Northern Health and Vancouver Island Health Authorities	
Risk Mitigation		Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Type of Squash Activity	Drills - Singles and Doubles	<ul style="list-style-type: none"> <li>● Training solo on court, own ball</li> <li>● Training with a member of the same household</li> </ul>	2 players training on singles or doubles court, <del>only one ball handler</del>	Up to 3 same bubble players on court (no mixing of courts for duration of drills)	Up to 4 same bubble players on court (no mixing of courts for duration of drills)	Regular drills within larger cohort	Resume normal operations
	Lessons & Coaching		One-person training on court with 1 coach at safe distance, only one of whom is permitted to handle a ball	Up to 3 people including the coach on court – if not same bubble - maintain appropriate distancing and no mixing of courts	Up to 4 people including the coach on court – if not same bubble - maintain appropriate distancing and no mixing of courts	Numbers are within larger cohort provision	Resume normal operations
	Singles Play	Playing with a member of the same household	Playing with a member of the same household	Regular game, in-club leagues or ladder play - same bubble	In-club leagues and activities - up to 4 players on court – same bubble	Regular play - in-region	Resume normal operations
	Doubles Play			In-club doubles play – same bubble	In-club doubles play – same bubble	Regular play - in-region	Resume normal operations
	Inter-Club League – Doubles and Singles					League play (see criteria)	Resume normal operations
	Tournaments				In-club competitions	Host singles and doubles tournaments in-region (see criteria)	Resume normal operations
	Other Events or Activities (examples)			Solo practice with a ball machine, many balls		Camps - in-Province participants only	Invite international players for an exhibition, demo or clinic

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Note: changed precautions from the Squash BC Return to Squash matrix are noted in orange.

			Vancouver Coastal and Fraser Valley Health Authorities – *see exceptions			Interior Health, Northern Health and Vancouver Island Health Authorities	
Risk Mitigation		Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Personal Equipment and Facility Amenities	Forego handshake		✓	✓	✓	✓	
	Face Shield		recommended	✓	✓		
	Mask	✓	recommended	✓			
	Own ball	✓					
	Bins for personal gear	✓	recommended	✓	✓		
	Court sanitizing between sessions	✓	✓	✓	✓		
	No locker room/shower	✓	Follow current protocols	✓			
	No towels available	✓	Follow current protocols	✓			
No sweat wall wiping	✓	✓	✓	✓	✓	✓	

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