

## Morning Prayer

The Lord is good, a strong refuge when trouble comes. God is close to those who trust in him.

O Lord, open our lips

**and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Pause for reflection as you offer the day to God.*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

Amen.

Psalm and Bible Reading(s) and reflection on the words

### Prayers

Almighty and everlasting God,  
we thank you that you have brought us safely to the beginning of this day.

Keep us from falling into sin

or running into danger;

order us in all our doings and guide us to do always what is righteous in your sight;

through Jesus Christ our Lord. Amen.

*Take a time of quiet and pray in your own words or prayers suggested*

### Collect (for this coronavirus time)

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress.

Sustain and support the anxious and fearful, and lift up all who are brought low;

that we may rejoice in your comfort

knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

### The Lord's Prayer

Our Father, who art in heaven,

hallowed be thy name; thy kingdom come;

thy will be done; on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom, the power and the glory, for ever and ever. Amen.

### Closing sentence

'May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.' (Romans 15:13)

**The Grace: The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

Blessing The Lord bless us and watch over us; The Lord make his face to shine upon us and be gracious to us; The Lord look kindly upon us and give us peace. **Amen.**

### Additional Prayers

Intercessions Let us pray to God, who alone makes us dwell in safety:

For all who are affected by coronavirus, through illness or isolation or anxiety, that they may find relief and recovery:

For those who are guiding our nation at this time, that they may make wise decisions:

For doctors, nurses and medical researchers, that through their skill and insights many will be restored to health:

For our homes and families, our schools and young people; for the vulnerable and the fearful, for the gravely ill and the dying, that they may know your comfort and peace:

We commend ourselves, and all for whom we pray, to the mercy and protection of God.

**Merciful Father, accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

### Verses

Turn to me and be gracious to me, for I am lonely and afflicted. Relieve the troubles of my heart and bring me out of my distress. Consider my affliction and my trouble and forgive all my sins.

*Psalm 25:16-18*

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls". *Matt 11:28-29*

Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

*Phil 4:6*