

Helen Ann Paulson, daughter of Arthur and Dora L. (Johnson) Paulson, was born on May 7, 1925 in Staples, MN. She graduated from Staples High School in 1943 then entered into nurses training at Illinois Masonic Hospital School of Nursing and graduated on March 3, 1945. She began her nursing career with Dr. D.K. Bacon in St. Paul for eight years. In 1955, Helen began working at Douglas County Hospital in Alexandria, MN. She retired from nursing and working at the hospital after 39 years.

Helen loved animals and watching birds out her window. She helped relocate many pets with loving families over the years. She liked to entertain with her friends and travel around the country. She also liked watching the Minnesota Twins. She even had a "Homer Hanky" signed by Kirby Puckett!

Helen was a wonderful woman, who enjoyed people and was always interested in their stories and life. She especially loved her family and cherished every gift, letter, or note that was given to her. She will be dearly missed by all those who knew and loved her.

Helen Ann Paulson died on Thursday, January 4, 2018 at Knute Nelson at the age of 92 years old. She is survived by her nephew, Arthur (Coreen) Salberg of Orville, CA; Longtime friend, Rhonda Boesen of Alexandria; cousins, Mary Jane Paulston of Ames, IA, Shirley (Mike) Cronin of Minnetonka, Marlin Paulston Jr. of Menahga, and Mary (Dana) Zimmerman of Ames, IA; Life-long friend, Elaine (Skoglund) Bower of Kinross, IA; many many dear friends. She was preceded in death by her parents Arthur and Dora Paulson; brother, Herbert Salberg Sr.; nephew, Herbert Salberg Jr., and cousins Marlin Paulston Sr., and Kathleen Lillehei.

We would like to thank Knute Nelson for their many years of compassionate care. Memorials are preferred to United Methodist Church in Alexandria.

In Memory of

Helen Ann Paulson

May 7, 1925 † January 4, 2018

Funeral Service

Knute Nelson Chapel
Alexandria, Minnesota

Tuesday, January 9, 2018
11:00 AM

Officiant

Reverend Linnae Grabner-Hegg

Pianist

Paige Knorek

Guitarist

Tim Knorek

Honorary Casket Bearers

Arthur Salberg	Ron Anderson
LaVonne Peterson	Trina Anderson
Marlin Paulston Jr.	Richard Lillehei
Dana Zimmerman	Rhonda Boesen

Interment

Evergreen Hill Cemetery
Staples, Minnesota



The Twenty-Third Psalm

The Lord is my shepherd, I shall not want.

He maketh me to lie down in green pastures:

He leadeth me beside the still waters.

*He restoreth my soul. He leadeth me in the
paths of righteousness for His name's sake.*

*Yea, though I walk through the valley of the
shadow of death, I will fear no evil: for thou art
with me; thy rod and thy staff they comfort me.*

*Thou preparest a table before me in the presence
of mine enemies: thou anointest my head with
oil: my cup runneth over.*

*Surely goodness and mercy shall follow me
all the days of my life: and I will dwell in the
house of the Lord forever.*