

Usui Shiki Ryoho  
Usui System of Natural Healing

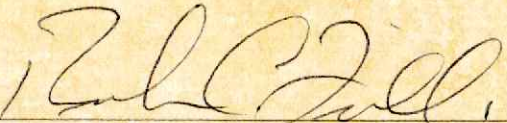
This is to certify that:

*Rashida Sheffield*

has been attuned to

Reiki Level 1

Healing Today  


  
Richard Fiallo, Reiki Master

3/23/19  
Date

靈氣

Usui Shiki Ryoho  
Usui System of Natural Healing

This is to certify that:

*Rashida Sheffield*

has been attuned to

Reiki Master

Healing Today  


  
Richard Fiallo, Reiki Master

3/24/19  
Date

靈氣

Usui Shiki Ryoho  
Usui System of Natural Healing

This is to certify that:

*Rashida Sheffield*

has been attuned to

Reiki Level 2

Healing Today  


  
Richard Fiallo, Reiki Master

3/23/19  
Date

靈氣

This is to certify that

**Rashida Sheffield**

Has completed the 1<sup>st</sup> degree in the  
Usui system of Natural Healing

**Reiki**  **I**

On this day of  
March 24 , 2024

Certified by:

  
Denise Foster

Usui/Karuna Reiki Master

This is to certify that

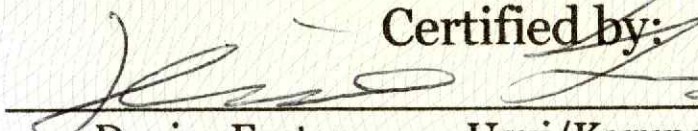
**Rashida Sheffield**

Has completed the Second degree in the  
Usui system of Natural Healing

**Reiki**  **Two**

On this day of  
April 26, 2024

Certified by:

  
Denise Foster Usui/Karuna Reiki Master

This is to certify that

**Rashida Sheffield**


Has completed the Master Certification degree in the  
Usui system of Natural Healing

**Reiki**  **Master**

On this day of  
May 31st, 2024

Certified by:

  
Denise Foster

  
Usui/Karuna Reiki Master Teacher

# Life Coaching Diploma



## Georgia Certified Life Coaching Academy

Be it known that the Board of Trustees and Faculty do hereby certify

**RASHIDA SHEFFIELD, MBA**

having completed the requirements of a prescribed program by  
The Center for the Healing Arts  
is hereby confirmed as a

**CERTIFIED LIFE COACH**

*Dated the Sixteenth day of February, in the year of our Lord Two Thousand Nineteen*

Clarissa Taylor, MA, MCLC  
Chair, Board of Trustees

Chris Scott, MA, MCLC  
Adjunct Professor and Facilitator

Nkaimani "Kai" Ashby, PhD  
Founder and President



# CERTIFICATE OF COMPLETION SOUND THERAPY

THE FOLLOWING CERTIFICATION IS GIVEN TO

*Rashida Sheffield*

This certificate is given to Rashida Sheffield  
for completing the sound therapy healing course from Dear Life Chat LLC on  
September 30th, 2023

*Ottavia Lang*

Ottavia Lang  
Owner and Certified Sound Therapist

