



Meditation & Mindfulness Instructor

Rebecca Cahill

The above named has hereby graduated from the Meditation & Mindfulness Instructor program. Graduates demonstrate mastery of tried and true meditation and mindfulness practices that teach clients how to live in grace and with present moment awareness and improve their mental health and productivity by controlling stress and tapping into more of the mind's potential.

*We proudly present this certification on this day of: **August 22, 2023***

LindaJoy Rose, Ph.D. **Natural Wellness Academy**