

Abilities

Discovering what I am naturally good at

Consider each ability and then type 3, 2 or 1 in the adjacent box

3 = I'm good at it & love it 2 = I'm good at it & like it 1 = Everything else

Your results will appear at the bottom of the sheet

Ability	This is the ability to:	
Adapting	adjust, change, alter, modify	<input type="text"/>
Administrating	arrange, organise, support, enable	<input type="text"/>
Analysing	examine, investigate, probe, evaluate	<input type="text"/>
Artistic	create, paint, make, draw, compose	<input type="text"/>
Building	construct, make, assemble	<input type="text"/>
Coaching	prepare, instruct, train, equip, develop	<input type="text"/>
Communicating	share, convey, impart	<input type="text"/>
Connecting	link together, involve, relate	<input type="text"/>
Consulting	advise, discuss, confer	<input type="text"/>
Cooking	prepare, serve, feed, cater	<input type="text"/>
Coordinating	organise, match, harmonise	<input type="text"/>
Counselling	guide, advise, support, listen, care for	<input type="text"/>
Decorating	beautify, enhance, adorn	<input type="text"/>
Designing	imagine, envision, compose	<input type="text"/>
Developing	expand, grow, advance, increase	<input type="text"/>
Directing	aim, oversee, manage, supervise	<input type="text"/>
Editing	correct, amend, alter, improve	<input type="text"/>
Encouraging	cheer, inspire, support	<input type="text"/>
Engineering	design, plan, construct	<input type="text"/>
Facilitating	help, aid, make possible	<input type="text"/>

Welcoming entertain, greet, embrace, make comfortable
Writing compose, create, record

If you have other abilities not listed above, please add them below

My primary abilities

My secondary abilities