



## HeartMath<sup>®</sup> Certifies that

Kimberly Foster

has successfully met the standards established in the HeartMath Clinical Certification for Stress, Anxiety and Self-Regulation and in so doing has earned recognition as a

## HeartMath® Certified Practitioner

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Certificate Number

June 6, 2022

Certification Date

Seborah Kozman

Deborah Rozman, PhD, CEO HeartMath LLC

Rollin McCraty, PhD, Director of Research, HeartMath Institute

Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC

