



Hockey	1 team goals tin, other team goals door
Running around court variations	Jump every line, backwards, holding ankles, change direction, side step
Toilet game	Stuck in the mud but when tagged go down on 1 knee with arm up. Get released when someone sits on you and "pulls the chain" down.
Tap ball off game	Each player balances a ball on their racquet, other players use non hitting hand to knock off other balls.
Skipping group	Big rope, 2 coaches holding ends. Group runs through, then in pairs.
Ball passes off walls	Like netball, 2 teams, must use wall to pass off.
Touch all corners timed	1 at a time, start on T. Time players to touch all corners going through the T each time, finishing on T
Hacky sack	5-10 players stand in circle around T with racquets down ready. Use a squash ball and pass it around like a hacky sack, ball can't touch ground.
Around the world (taps, volleys round court)	Players have a squash ball each and must travel all the way around the court tapping the ball against the wall whilst walking.
4 corner drops through T	A Feeder throwing a ball into each corner. Player running from the T to each corner playing a drop (use a bit of tape to mark tin height in back corner.
Donkey	Coach can feed any shot they nominate. Players line up on the T and hit the required shot. If the player makes an error they get a letter. Once they spell donkey they have to run around the court making an eeyore noise.
Serve into bucket	Use a coat hanger to hang a bucket from above the out line (on wire is best). Hang it in a position where you would want the serve to hit the side wall. Get the ball in and make the others do a penalty.
3 ball pick up put down	Movement drill. Put a ball on the forehand side at $\frac{1}{4}$ court, $\frac{1}{2}$ court and $\frac{3}{4}$ court. Player must move to and from the T picking up the ball and putting it down on the opposite side.
Dog and bone	Coach stands near T with racquet in hand, ball on ground. Player is the dog and must fetch the ball ASAP and return it to the T with a lunge. 10 flicks then swap.
Serve & catch court v court	Each court has a team on it. In order, a player serves the ball to another team member standing in the back of the court near the receiving position. If the serve is caught it is a point.
Solo Skill drills	3 players max per court. Line up in the centre and hit towards the side walls practicing taps, volleys, X-court volleys and then corner angles continuous.
Pick up ball no hands	Simply improving racquet control by getting the kids to "invent" new ways of using the racquet to pick up the ball without bending down and using your hands.
Catch ball on strings	1 ball each player. Place ball on racquet, flick it up and try and catch it without it bouncing on the strings.
2 ball throw or roll front	Coach in front of court facing back wall. Player on T. Coach has 2 balls and rolls them out 1 at a time (as 1 is being rolled back). Player has to change direction and find the ball fast.
Egg & spoon relay	
Tunnel ball	
Chocolates on the floor	Place chocolates on the floor as targets. Make sure they are in key useful spots to encourage tight shots.
Tennis ball squash for tactics	No racquets. Throwing and catching a tennis ball off the front wall to make your opponent move. Once you catch you are only allowed 1 step.
Give kids homework-research player	Get them more involved in the game by looking up stats or a certain player on PSA TV online.

Best trick shot with votes	
Piggy in the middle	Back player boasts or drops, front player X-court lobs. If the middle player on the T can reach the ball they switch.
3 person b/d	2 player sat the back of the court, 1 at the front. Players play boasts from the back, drives from the front and rotate around once hitting their shot.
3 person squash	Each player gets a number 1,2 or 3. You must hit in order (just like normal squash but adding a 3 rd player to the rally.