

# HeartMath® Certifies that

Alia Malik

has successfully met the standards established in the HeartMath Clinical Certification for Stress, Anxiety and Self-Regulation and in so doing has earned recognition as a

# HeartMath® Certified Practitioner



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Certificate Number

October 3, 2022

Certification Date

Deborah Rozman, PhD, CEO HeartMath LLC

Rollin McCraty, PhD, Director of Research, HeartMath Institute

Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC