CONGRATULATIONS!

On behalf of the LoveYourBrain Foundation, thank you for your interest and passion for bringing yoga and meditation to those affected by traumatic brain injury. Together, we believe we can change our culture around traumatic brain injury healing through community, yoga, and meditation.

SHANIE MATTHEWS

has successfully completed the



TEACHER TRAINING
Online Training – June 2020

Ramsay Pierce, E-RYT, YACEP Senior Manager, LYB Yoga Program Kyla Pearce, MPH, PHD, CBIS, RYT 200 Senior Director, LYB Yoga Program