Elizabeth Ann Cook "Liz", age 57 passed away Saturday, January 25, 2020 peacefully at her home following a courageous battle with Cancer.

Liz was born to Fritz and Donna Southerling August 22, 1962. She grew up in Alexandria, and graduated from Jefferson Senior High School in 1980. On August 4, 1981 Liz married Irvin Cook they made their home near Osakis. Over the years Liz worked in various places most recently Casey's Convenience Store in Alexandria. Regardless of where she was or what she was doing one common thread was always her role of caring for others. Liz loved people, and they loved her back.

Liz is survived by her husband of 38 years; Irvin; two sons Jason (Erica) of Brandon, MN and Jeremy (Mandy) of Alexandria, MN; Grandchildren Cheyne & Casey Cook of Alexandria; aunts, uncles, cousins and friends.

Liz was welcomed to heaven by her parents, Fritz & Donna, Sister, Kimberly Quinn, and Granddaughter, JaLysa Cook.

For Those I Love, For Those Who Love Me...

When I am gone, release me, let me go...
I have so many things to see and do.
You mustn't tie yourself to me with tears,
But let my spirit calm your fears,
I gave you my love. You can only guess
How much you gave me in happiness.
I thank you for the love you have shown,
But now it's time I traveled on alone!

So grieve a while for me, if grieve you must, Then let your grief be comforted by trust. It's only for a while that we must part, So bless the memories that lie within your heart. I won't be far away, for life goes on. So if you need me, call and I will come. Though you can't see me or touch me, I'll be near, And if you listen with your heart, you'll hear All of my love around you soft and clear.

And then, when you must come this way alone... I'll greet you with a smile and say, "Welcome Home." In Loving Memory of Liz Ann Cook August 22, 1962 ♀ January 25, 2020

> Memorial Service New Life Christian Church Alexandria, Minnesota Friday, January 31, 2020 11:00 AM

> > **Officiant** Pastor John Taplin

Musical Selections By Sue Ronning

Inurnment Nelson Cemetery Nelson, Minnesota

Arrangements Anderson Funeral Home Alexandria, Minnesota