



CACS COVID-19 Health and Safety Plans for Stage 2 School Operations - updated February, 23 2021

-Table of Contents

A. Preamble

- 1. Purpose of the COVID-19 Plan**
- 2. Information from the Ministries of Health and Education regarding COVID-19**
 - a. Covid-19 in BC**
 - b. Covid-19 and Children**
 - c. Covid-19 and Adults**
 - d. Covid-19 and Schools**

B. Health and Safety Checks

- 1. Stay Home when Sick**
- 2. Daily Health Checks**
- 3. Health Assessment Tools**

C. Illness

- 1. Staff Member or Student becomes Sick at School**
- 2. Family Member of Student or Staff is Sick**
- 3. Returning to School after Sickness**

D. Confirmed Cases of Covid (Copied from COVID-19 Public Health Guidance for K-12 Schools)

- 1. Public Health Case Management**
- 2. Case Finding and Contact Tracing**
- 3. Exposures and Exposure Notifications**

E. Communication of CACS Health and Safety Covid Plans

F. Mask Requirements and Protective Equipment

G. Cleaning

H. Hand Hygiene

I. Respiratory Etiquette

J. Physical Distancing

1. Space Arrangement
2. Staff Physical Distancing
3. Traffic Flow
4. Staggered Arrivals/Dismissals

K. Air Quality**L. Cohorts**

1. Learning Group

M. School Gatherings

1. Assemblies
2. Community Use of Downstairs

N. Field Trips**O. School Specific Subjects**

1. Physical Education/DPA
2. Music Education
3. Foods 8 and Applied Arts - Foods

P. Miscellaneous

A. PREAMBLE

The purpose of this document is to outline the policies, protocols and procedures to follow while the school is required to follow requirements and recommendations as authorized by the Canadian Federal Government, Provincial Government, BC Ministry of Education, WorkSafe BC, and the BC SDA Conference Office of Education. It represents the best practices as outlined in such documents as:

- BC Ministry of Education’s ‘Provincial COVID-19 Health and Safety Guidelines for K-12 Setting’ **updated February 23, 2021**
- BC Ministry of Health’s ‘BC Centre for Disease Control’ **updated February 23, 2021**
- Provincial Health Officer’s Order on Workplace Safety.
- WorkSafeBC K-12 Education Protocols - currently under review
- Operating Guidelines for School Districts and Independent School Authorities

This document represents the collaborative planning and approval of the following entities:

- Staff of Chilliwack Adventist Christian School
- CACS School Board
- BC SDA Office of Education

The purpose of this document is to provide staff, visitors, parents and students with the following information:

- Regarding health and safety policies, protocols and procedures being implemented to assure a safe school environment.
- To communicate the adherence to suggested recommendations of
 - maintaining physical distancing
 - maintaining minimal physical contact
 - assuring no more than 60 students in elementary learning groups
- To communicate the expectations as to the method/scope/focus of the continuity of learning
- To communicate to all stakeholders (parents, students, and staff) the expectations for in-class instruction February 23, 2021

COVID-19 in BC - Source: COVID-19 Public Health Guidance for K-12 Schools February 23, 2021 Update

- BC currently has variable community prevalence of COVID-19; some parts of the province have relatively low

community transmission while other parts have relatively high levels of community transmission.

○ Since symptom-based testing began on April 21, over 1.5 million tests have been conducted in BC. While the proportion of people testing positive changed over time relative to the prevalence in the community, most people getting tested with COVID-19 like symptoms do not have COVID-19.

- As of January 30, 2021, there were 66,779 confirmed cases in BC.

o For those who are positive, the likely source of transmission for approximately 2 out of 3 people was a known, confirmed COVID-19 case (i.e. not community transition).

COVID-19 and Children

- Most children are not at high risk for COVID-19 infection.
- COVID-19 virus has a relatively low infection rate among children (ages 0 to 18). In BC, from September 7 to

December 31, 2020:

- o ~3% of younger children (aged 5-12) and ~6% of older children (13-18) tested for COVID-19 were positive;
- o ~12% of all confirmed cases of COVID-19 were among children (0-18), despite this group making up ~20% of the general population.
- o Younger children (aged 5-12) comprise a smaller proportion of the total confirmed child cases compared to children between the ages of 13 and 18.

- To the end of December 2020, 47 children under 18 were admitted to hospital for COVID-19 in BC. There have been no deaths.
- Children do not appear to be the primary drivers of COVID-19 transmission in schools, community settings or households.
 - o Based on published literature to date, the majority of cases in children are the result of household transmission from an asymptomatic adult family member with COVID-19. Within households and family groupings, adults appear to be the primary drivers of transmission. Older children are more likely to transmit than younger children.
- Children under one year of age, and those who are immunocompromised or have pre-existing pulmonary conditions are at a higher risk of more severe illness from COVID-19 (visit the BCCDC Children with Immune)
 - o Children who are at higher risk of severe illness from COVID-19 can still receive in-person instruction. Parents and caregivers are encouraged to consult with their health-care provider to determine their child's level of risk.
 - o Children who have health conditions that may place them at increased risk for more severe outcomes should speak to their health care provider to determine their individual level of risk.
- Children can experience the same symptoms as adults but may show symptoms differently. For example, fatigue may show in children as poor feeding, decreased activity, or changes in behaviour.

COVID-19 and Adults

- Most of the people infected with COVID-19 in B.C. from September 8 to December 31st were adults (19 years or above). Adults represented ~88% of the cases, though make up ~82% of the population.
- Some adults with specific health conditions are at an increased chance of developing severe illness or complications from COVID-19, including older people and those with chronic health conditions. Additional information is available from BCCDC.
- Adults who have health conditions that may place them at increased risk for more severe outcomes should speak with their health care provider to determine their individual level of risk.

COVID-19 and Schools

- Schools do not appear to result in significant increases in community transmission of COVID-19.
 - The likelihood of a person attending school while infectious with COVID-19 reflects local community prevalence.
 - Increasing evidence supports that widespread asymptomatic transmission is not driving transmission in schools.
 - Internationally, transmission within schools accounts for a minority of all COVID-19 cases.
- Implementation of infection prevention and exposure control measures is critically important to limiting the spread of COVID-19 in schools.
 - The risk of transmission in school settings is low when infection prevention and exposure control measures are in place and adhered to.
- Internationally, in-person attendance at school in the two weeks preceding a positive test has not been associated with increased likelihood of infection, as people who tested positive were more likely to have attended social activities and gatherings with others outside of the household.
- Within BC:
 - School medical health officers note that most school exposures did not result in transmission within the school. When transmission occurred, it typically resulted in a small number of additional cases.
 - In Vancouver Coastal Health, from September 10th to December 18th, approximately 700 students or staff (out of a total population of over 100 thousand), were diagnosed with COVID19. Over 90 per cent of these cases did not result in any school-based transmission.
- For adults working within schools:
 - transmission from staff to staff is more likely than among staff to students, students to staff, or students to students.
 - There does not appear to be a higher risk of COVID-19 at school than in the community or in their household.

o There does not appear to be a higher risk of COVID-19 than other occupations that involve contact with others.

- The detection of multiple COVID-19 cases within a school does not mean that transmission occurred within the school setting; these can be related to exposure within the community and households. Schools and childcare facility closures have significant negative mental health and socioeconomic impacts on children, including increased stress, and decreased educational outcomes, connectedness with peers and the broader community, and health behaviours. These outcomes disproportionately impact children with vulnerabilities.

- Prevention measures and mitigation strategies involving children must be commensurate with risk. This information is based on the best evidence currently available and will continue to be updated.

For up-to-date information on COVID-19, visit the BC Centre for Disease Control (BCCDC) website.

B. Daily Health Checks

Stay Home When Sick

Students, staff, and other persons in the school should stay home when they are sick.

Daily Health Checks

All parents need to complete daily health checks of their children before coming to school.

All staff need to complete daily health checks before coming to school.

All visitors (parents, tradespeople, substitute staff, contractors, presenters, volunteers) must complete a daily health check before coming to school.

Daily health checks include the following:

-Please stay home if any of the following true-

- a. fever or chills
- b. cough
- c. loss of sense of smell or taste
- d. difficulty breathing
- e. sore throat
- f. loss of appetite
- g. extreme fatigue or tiredness
- h. headache
- i. body aches
- j. nausea or vomiting
- k. diarrhea
- l. You have travelled outside of Canada within the last 14 days
- m. You have been identified by Public Health as a close contact of someone with COVID-19
- n. You have been told to isolate by Public Health

(Children can experience the same symptoms as adults but may show symptoms differently. For example, fatigue may show in children as poor feeding, decreased activity, or changes in behaviour.)

Health Assessment Tools

Online self-assessment tools/apps to help you decide whether you should stay home and whether you should test for COVID-19

Parents/caregivers and students can use

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s1>

Staff members and other adults can use

http://www.bccdc.ca/Health-Info-Site/Documents/COVID_public_guidance/When_to_get_tested.pdf

Another useful website is: <https://bc.thrive.health/covid19/en>

Also, you can call 8-1-1 if you have questions about coming to school or getting tested.

All staff and students (and anyone who might enter the school building) must stay home and self-isolate if the following applies:

- 1. You have a confirmed by the health authority positive COVID-19 test
- 2. You are a close contact of a person confirmed by the health authority of a positive COVID-19 test
- 3. You have travelled outside of Canada in the last 14 days
- 4. You are waiting for the results of a COVID-19 test

Staff: As per Worksafe BC, employers are responsible for ensuring that employees are completing health checks. A log is kept for employees to initial that they have completed a health check and that none of the preceding is true for them.

Visitors: A daily log will be kept and visitors will need to sign in acknowledging the preceding symptoms are not true for them. If their information is not on file, a phone number must be given. **There will be times, parents need to come inside; however, parents are asked to drop their children off at the door and limit coming in as much as possible.**

If anyone (be it a student, employee, staff member, volunteer, itinerant staff, or visitor) does not pass the health check, **they must not enter the building.** They need to return home and use the BC COVID-19 Self-Assessment Tool or follow any Public Health advice they have been given (parents of students will be phoned and asked to pick up their child(ren) if the child(ren) is sick).

C. Illness

Staff Member or Student becomes Sick at School Procedures

- i. Students who become sick at school will be isolated as much as possible. At CACS, this depends on how much staff members are available for supervision. If there is enough supervision, the student will be removed from the classroom. If there isn't adequate supervision, the student will remain in the classroom, but be physically distanced at least six feet and asked to wear a mask.
- ii. Parent or designated emergency contact will be contacted immediately to arrange pickup.
- iii. PPE will be provided
- iv. After student leaves, staff will clean up area (wearing protective gloves)
- v. Staff members who become sick will go home.

If a Family Member is Sick but the Student or Staff Member is not Sick

Students or staff may still attend school if a member of their household develops new symptoms of illness, provided the student/staff has no symptoms themselves. If the household member tests positive for COVID-19, public health will advise the asymptomatic student/staff on quarantine or self-isolation and when they may return to school.

Returning to School After Sickness

When a staff, student or other persons entering the school can return to school depends on the type of symptoms they experienced as outlined in the When To Get Tested for COVID-19 resource. If based on their symptoms a test was not recommended (i.e. the guidance is to 'stay home until you feel better'), the

person can return to school when their symptoms improve and they feel well enough. If based on their symptoms a test is recommended (i.e. the guidance includes 'get tested'), the person must stay home until they receive their test result.

- If the test is negative, they can return to school when symptoms improve and they feel well enough.
- If the test is positive, they must follow direction from public health on when they can return to school. Staff, students and parents/caregivers can also use the BC Self-Assessment Tool app, call 8-1-1 or their health care provider for guidance.

D. Confirmed Cases of COVID

Public Health Case Management

Public health teams actively monitor and trace cases of COVID-19 in schools.

Case Finding and Contact Tracing

If a staff or student is a confirmed case of COVID-19 through testing or investigation (i.e. case finding), public health will determine who that person has been in close contact with recently (i.e. contact tracing) to determine how they were infected and who else may have be at risk of infection.

Exposures and Exposure Notifications

An exposure occurs when a person attends school when they may have been potentially infectious with COVID-19 and there is a risk of transmission to others. If there was a potential exposure at a school, public health will work with the school to understand who may have been exposed, and to determine what actions should be taken, including identifying if other students or staff are sick (case finding) or have been exposed.

Public health will notify by phone or letter everyone who they determine may have been exposed, including if any follow-up actions are recommended. Those who public health determines are close contacts will be advised to self-isolate. Those who public health determines are not close contacts but may still have been exposed may be advised to self-monitor for symptoms.

Once those who may have been exposed have been directly notified, regional health authorities post a notification on their website that details the school and dates a person attended when they may have been infectious. In some regions, this exposure notification is also provided by letter to the school community; this is determined at a regional level.

To ensure personal privacy rights are maintained, public health will not disclose that a student or staff member is a confirmed case of COVID-19 unless there is reason to believe they may have been infectious when they attended school. Public health will only provide the personal information needed to support effective contact tracing.

In cases such as the preceding, CACS will follow public health advice and guidelines, including that of notifications and when a student may return to school after either being a confirmed case or being asked to self-isolate.

An outbreak is when there is sustained, uncontrolled, widespread transmission of COVID-19 within a school, and a Medical Health Officer determines extraordinary public health measures are necessary to stop further transmission in the school or school community. Extraordinary public health measures are at the discretion of the Medical Health Officer and may include ordering the school to close for a certain amount of time or requiring testing of all potentially exposed individuals regardless of symptoms. CACS will follow all the directions of the public health officer in regards to possible school closures or other measures. If there are school closures, CACS is ready to move to online learning.

There may be a point where CACS does not have the resources to have in-school classes (such as if all staff are required to isolate) or if there are a high number of COVID cases within the school. At such a point, CACS, in consultation with the conference, FISA, and our independent school inspector, may choose to close the school for in-school classes and move to online schooling until CACS can recover its resources.

E. Communication of CACS Health and Safety COVID Plans

Communication regarding Covid plans and information will happen in the following ways:

- Covid safety plans and general announcements on website and email
- Orientation and helpful safety information through notices and email
- Planners for more individual information

F. Mask Requirements and Protective Equipment (PPE)

Masks do not prevent the spread of COVID-19 on their own. They should not be used in place of physical distancing or any other measures

1. All K-12 staff (including itinerant staff) should wear masks (non-medical) indoors except in the following situations:
 - a. Sitting or standing at their seat or workstation in a classroom or learning space or more than two metres distance between people (children and adults)
 - b. There is a barrier in place
 - c. Eating or drinking.
 - d. When maintaining two metres or more physical distance from students and other staff
 - e. When outdoors
 - f. When supporting a diverse learner. In that case, an individual risk assessment will be completed. However, when interacting with other students, a mask would still need to be worn.
2. **Students' indoor mask use should be based on their personal or family/caregiver's choice**
CACS is an elementary school and follows the elementary school guidelines.
3. All visitors should wear masks indoors. Exceptions will be made for those who cannot tolerate a mask due to health or behavioural reasons. However, plans must be made with the school for ways to be maintain health safety standards of self and the students/staff
4. Masks do not need to be worn outdoors
5. Those who may have forgotten their masks, will be supplied a disposable mask to use. Disposable masks and gloves are available to all who need them.
6. Students with medical complexities, immune suppression, or receiving delegated care may require those providing health services (e.g. staff providing delegated care or other healthcare providers) to be in close physical proximity or in physical contact with a medically complex or

immunocompromised student for an extended period of time. Those providing health services in schools should wear a mask (medical or non-medical) when providing services when those services cannot be provided from behind a barrier.

7. Masks are not required outside unless unable to maintain physical distance.

Specific rules regarding masks and PE and music classes are delineated in the Specific School Subjects and Health and Safety section

G. Cleaning

General cleaning and disinfecting of CACS will happen at least once every 24 hours for the school days.

- o This includes items that only a single student uses, like an individual desk.

Frequently-touched surfaces should be cleaned and disinfected an additional time every 24 hours (i.e. twice total). At least one of these cleanings should occur during the school day

- o These include door knobs, light switches, water fountains, toilet handles, water faucet handles, soap dispensers, towel dispensers, washroom stall locks, tables, desks and chairs, keyboards, printers, sports equipment, railings manipulatives and toys used by multiple students.
- o Any surface that is visibly dirty will be cleaned and disinfected
- o Playgrounds are not required to be disinfected. However, sports equipment will be limited to that which can easily be cleaned and will be cleaned after each use.
- o Empty garbage daily (garbage lids will be removed) – janitor
- o Cleaning solution or wipes and cleaning cloths and gloves and masks are available to (teachers, staff, janitor)
- o The use of items that are not easily cleaned will be limited; students will have all their own personal supplies at their desks
- o Counters and desks will be kept as uncluttered as possible for ease of cleaning
- o Keyboards are not shared, but will be cleaned once a day.
- o There is no evidence that the COVID-19 virus is transmitted via textbooks, paper or other paper-based products. Laminated or glossy paper-based products (e.g. children's books or magazines) and items with plastic covers (e.g. DVDs) can be contaminated if handled by a person with COVID-19; however, the risk is low. There is no need for these items to be cleaned and disinfected or quarantined for any period of time, or for hand hygiene to be practiced before or after use. However, effort will be made to not share these items as much as possible.
- o If items cannot be washed, proper hand hygiene will be followed before and after use.
- o As is already a guideline at CACS, wear disposable gloves when cleaning blood or body fluids (e.g., runny nose, vomit, stool, urine). Wash hands before wearing and after removing gloves.

For cleaning, water and soap is fine. For disinfecting, commercially available disinfectant or disinfectant wipes can be used.

H. Hand Hygiene

Signage will be posted in hallways, bathrooms, classrooms.

Classrooms and bathrooms will well be stocked with soap and paper towels. Sanitizer (with at least 60% alcohol) will be provided for each class.

Hand washing involves washing hands with plain soap (hand soap) for at least 20 seconds. Hand washing or sanitizer use will happen in the following situations:

1. Upon entering and leaving school
2. Before and after recess
3. Before and after lunch
4. After using the washroom
5. After coughing, sneezing
6. When visibly soiled (best to wash hands in this situation rather than sanitize)

I. Respiratory Etiquette

- Cough or sneeze into their elbow or a tissue. Throw away used tissues and immediately perform hand hygiene.
- Refrain from touching their eyes, nose or mouth with unwashed hands.
- Refrain from sharing any food, drinks, and unwashed food utensils.

Tissue and plastic utensils are available

J. Physical Distancing

Students and staff are reminded to avoid physical contact including close greetings (eg., hugs, handshakes). Parents and teachers are asked to regularly remind students to keep their hands to themselves. Signage will be in each classroom and on the gym entrance door as a reminder.

To help with physical distancing, students will go outside as much as possible for breaks, PE, and DPA. In addition, some classes will be conducted outside when possible. Inside activities will be more individual oriented. Collaboration activities will be designed in such a way as to maximize space while still allowing for the very important learning strategy of collaboration. High touch manipulatives will be sanitized often and most often will be bought in enough quantities that each student may have their own manipulatives.

Space Arrangement

Physical distancing should include avoiding physical contact, minimizing close, prolonged, face-to-face interactions, and spreading out as much as possible within the space available. This includes assigned seating arrangements.

- o Young children may not be able to consistently reduce physical contact.

CACS will seek to spread people out as much as possible. Desks/tables will be arranged to maximize space between students. Teachers will avoid seating arrangements where students directly face one another, and activities that require close face-to-face contact during school activities will be avoided. Staff should incorporate activities that allow for greater spacing between staff and students.

Parents are asked to remind their children to physically distance as this is one of the best strategies to avoid transmission.

Students are assigned to washroom stalls.

Since spacing around the school lockers is quite cramped, all personal belongings will be kept at desks (not in lockers) or else in a space provided in classrooms

Staff Physical Distancing

Staff are to maintain physical distance as much as possible from students and keep to the edges of the room or main aisle ways as much as possible. However, when this isn't possible (example: when helping a student individually, masks should be worn. Note: see section on diverse learners).

Students and staff should not share the same personal items. However, sometimes when it is necessary, staff should sanitize first (example use of the school phone, or when having to type on a student's computer to help them with logging in).

There are not separate bathrooms for staff. At CACS staff do not go into the bathrooms when students are in the bathrooms. Stalls are assigned to staff, and staff is asked to remember to use all proper hygiene including the washing of hands.

Staff who are not part of our learning group (example: substitute teachers) are asked to maintain a physical distance of six feet from students and other staff members, in addition to wearing masks. This should happen at all times except when dealing with emergencies (such as first aid, although it would be better to ask a different staff member to handle the first aid). Since we do not have enough staff members to allow for substitute staff members to be able to take a lunch break by themselves and are required for supervision in a classroom during lunchtime,, they are not required to wear a mask when eating as long as they are at the teacher's work station in the room. Students are asked to respect the physical barrier of the desk and not crowd in when teachers and staff are eating.

CACS is quite small and does not include staff only areas. However, staff is asked to make sure to clean their work stations as well as the photocopiers, paper cutter, and microwave after use. Staff should practice physical distancing with each other, in addition to the students. When space for physical distancing is not available (or a barrier not in place), staff should wear a mask.

Virtual staff meetings will be held as much as possible instead of in-person staff meetings.

Traffic Flow

Signage will be provided to remind students to follow physical distancing in the hallways and classrooms. The regular bathroom rule of one at a time will be followed as much as possible. Arrival times and dismissals are staggered to prevent crowding in hallway entrance

Students will be encouraged to move through the hallway one at a time.

Staggered Arrival/Dismissal

Due to the small entrance area, parents are asked to drop their children off at school between 8:30-8:45. Students will not be marked late until after 8:45. If there is a family ahead of you dropping off their

children, please wait until that family has left the entrance area before allowing your child(ren) to enter the hallway entrance.

At dismissal time at the end of the day, students are dismissed one at a time depending on when their “ride” arrives, or if they are walking home.

K. Air Quality

To help with indoor air quality, two portable air filters have been provided for each classroom. However, PE, DPA, and recess breaks will be spent outside as much as possible. Playgrounds can be used as normal as long as hands are washed after use. During warm days, some classes may be completed outside. In addition, windows will be open as much as possible. Parents are asked to dress their children for the weather (rain, sun, snow, wind)

L. Cohorts

Learning Group

A learning cohort can be up to 60 of the same people (including students, staff, and volunteers who regularly work with the students) per term. **Since CACS is a small school (much less than 60 students) we are one learning cohort. This includes our staff and regular volunteers (if you haven’t been told you are part of our learning group, you aren’t and need to sign-in as a visitor).** CACS seeks to limit those from outside of this cohort to the minimum number necessary (e.g. school staff, visitors etc.) to meet its purpose. Thus, please let the principal know when you need to visit and follow all visitor rules including doing a health check, signing in, and wearing a mask. Please help us maintain the integrity of our learning group. Your help is much appreciated.

For situations where there is contact outside of our learning group, we will practice physical distancing including avoiding physical contact and close, prolonged face-to-face interactions. We will spread out as much as possible within the space available ensuring there is 2 metres of space available between people. For an extended period of time (beyond 15 min.), the space must be sufficiently large or have limits on the number of people allowed in that space.

M. School Gatherings

Assemblies

CACS will seek to use virtual, online gatherings as much as possible in place of regular school gatherings, including parent-teacher conferences.. If in-school gatherings happen, all public health rules will be followed. In-school assemblies (if not virtual) will employ physical distancing, and presenters will be asked to wear masks and wash hands or sanitize.

- o If a virtual alternative is not possible, the size of the gatherings will be minimized as much as possible.
- o The attendees from outside of the cohort will be limited to the minimum number necessary (e.g. school staff, visitors etc.) to meet its purpose.
- o Gatherings or events at a school, including social gatherings of students and/or staff, must comply with the PHO Order for Gatherings and Events.

Community Usage of Downstairs Use

Please note: The downstairs area is church property and subject to other group use after school hours and on the weekend. As such, CACS will limit the use of the downstairs area and our janitor will clean after other group use.

N. Field Trips

- CACS will seek to find outdoor field trips as much as possible. The site COVID regulations must be followed in addition to Provincial Health Officer Orders. When coming in contact with others that are not part of our learning group, masks will be required when we are unable to maintain a distance of 2 metres and when required by the site visited. All school safety rules (including COVID safety rules) must be followed when on a field trip (including sanitizing and wearing masks by staff and volunteers when not able to physically distance. Of course, when indoors, rules of mask wearing apply). Please see the school handbook for other safety regulations and procedures regarding school field trips.
- When travelling to field trips, parents will need to drive their children (no children from other families can be in the vehicle).
- No overnight field trips at this time (including school sleepovers or camping).

O. Specific Subjects

Physical Education/DPA

- When at all possible, and weather permitting, PE/DPA will occur outside.
- Prolonged physical contact and face-to-face contact will be avoided.
- CACS will spread out students as much as possible.
- Those activities that lend themselves to closer physical contact will be adapted
- Games that have briefer contact such as tag or touch football will be encouraged.
- High intensity exercises, if stationary, will be physically distanced when indoors. When not able to distance, a low-intensity exercise will be substituted, or the higher intensity activity will be modified, or we will go outside.
- Shared equipment can be used, but should be cleaned and disinfected after use.
- Masks should be worn by staff when unable to physically distance (there is a staff area in the gym beside the equipment lockers).
- Students within the same learning group are not required to maintain physical distancing, but activities must be delivered in a way that reduces the likelihood of physical contact beyond a brief moment.

Music

- Students should be spaced as far apart as possible.
- When singing, students need to be the full six feet (2 metres) apart. If this is not possible, students need to wear masks when singing.
- No in-person music performances

Foods 8/Applied Arts - foods

Foods can be taught as a class as long as the following happens:

- The making of food is part of learning and is consumed by the student(s) who prepared it
- Normal food safety measures are followed, including clean-up afterwards

CACS will not have a normal hot lunch program this year.

P. Miscellaneous:

1. We will store personal supplies in desks instead of lockers (please only send what is necessary.)
2. Each student will have their own supplies; nothing shared. Do not share food.
3. Do not bring homemade treats to school. However, if you wish to celebrate an event such as a birthday, individually wrapped treats bought at a store would be appropriate (please notify the teacher before sending).
4. Lunches are eaten in individual classrooms at desks.
5. Please send food in lunches that doesn't require microwaves.
6. The water fountain may be used when needed, and will be cleaned twice within 24 hours, but students and staff are encouraged to bring water bottles and fill up at the kitchen or upstairs sink (not the bathroom sinks)
7. We are ready to switch to remote learning if the Ministry of Education or Health switches us back to stage 3, 2, or 1. Classes will happen like last year. Grades K-3 will complete printed material, Zoom meetings, and the teacher will maintain a class website with instructional material. Grades 4-8 will use Microsoft Teams. Classes are set up and ready on Teams.
8. Parents are asked to Items brought regularly to and from school should be limited to those that can be easily cleaned (e.g. reusable food containers) and/or are considered to be low risk (e.g. clothing, paper, etc.).

This document is an evolving document and is subject to updates. It is your responsibility to check throughout the year when an update is announced. Any suggestions or comments are welcome.