



# amrityōga

i n s t i t u t e

## Integrative Amrit Method of Yoga Nidra Advanced Training

*This certificate is awarded to*

***Keeley Ward***

*Upon successful completion of*

51 Curriculum Hours in Compliance with Yoga Alliance Standards

*Including instruction and practice in Advanced Yoga Nidra techniques,  
applications for emotional integration, children, study of energetic anatomy, and scriptural references.*

*This certificate is awarded on*

***October 11<sup>th</sup>, 2015***

Yogeshwari Kamini Desai, PhD  
Director of Education

International Master of Yoga Amrit Desai  
Founder, Amrit Yoga Institute