

# CARDEROCK SPRINGS Community News

We are a community recognized by the **National Register of Historic Places** as a prime example of Situated Modernism, where houses complement and blend in with the natural landscape.

## CS Car Magnets now Available

The Board of Directors of the Carderock Springs Citizens Association is delivering to each household in the community a car/refrigerator magnet bearing the newly designed logo of Carderock Springs. The design, which was created by our own Melissa Wilets, is now incorporated into the website, letterhead, directory cover, newsletter masthead, and community signs for CSCA and is intended to provide a visual branding of the situated modernism architectural style that unites the Carderock Springs neighborhood.



Residents interested in purchasing additional magnets should send a check for \$5 per magnet to CSCA, P.O. Box 237, Cabin John, MD 20818-0237 or by PayPal on-line to [CSCAtreas@gmail.com](mailto:CSCAtreas@gmail.com). Please include your name and address.

*Jack Orrick  
CSCA Board President*



## Community Calendar

*All events are at the Club*

### **Mon Sept 16, 7:30 pm**

CSCA Board Monthly Meeting  
(3<sup>rd</sup> Monday of each month)

### **Wednesday Oct 2, 7:30 pm**

Architectural Review Committee  
(ARC) Monthly Meeting (1<sup>st</sup>  
Wednesday of each month)

### **Thursday Oct 3, 7:00 pm**

Newcomers, **7:30 pm** Meeting  
of the Montgomery County  
Quiet Skies Coalition

### **Sunday Oct 6, 5:30 pm**

Potluck to Welcome Newcomers

### **Monday Oct 21, 7:30 pm**

CSCA Board Monthly Meeting

### **Sunday Nov 3, 6:30 pm**

CSCA Fall Meeting

# Adat Shalom High Holidays - Parking

In the spirit of being a good neighbor, Adat Shalom is proactively planning parking logistics during the Jewish New Year services on Monday Sept 30, Tuesday Oct 8 and Wednesday Oct 9. Executive Director Marla Cohen reached out and attended the CSCA board meeting in June to present and discuss parking plans.

The parking lots at Carderock Swim and Tennis Club and the Avenel public park will be used for parking on those 3 fall dates. Members and guests will NOT PARK nor block Hamilton Springs Court in front of the club, nor park on Persimmon Tree Lane/Road nor Kachina Lane.

Roadside parking will be within the neighborhood closest to Adat Shalom: Lilly Stone Drive to Carderock Dr, along Fenway Rd and around Comanche Court. Adat Shalom will make and post signs that read **“Welcome! Mind the Grass, Do not block driveways”** and patrons will be asked to park on the side of the road where the signs are posted. Police and Adat Shalom volunteers will be stationed at Lilly Stone and Persimmon Tree Lane, the Swim and Tennis Club, Persimmon Tree Lane and Persimmon Tree Road, and Avenel park as well as at Adat Shalom to help enforce parking.

Professionally driven mid-size vans will pick up pedestrians at the Swim and Tennis Club, Avenel park, and at designated street corners within the neighborhood. Vans will circulate every 5-7 minutes from 9 am to 2 pm September 30 and October 9, and from 6 pm to 10 pm October 8. During the other days of the holidays, patrons park in Adat Shalom’s parking lot.

Carderock neighbors are invited to attend any or all services and events as guests of Adat Shalom beginning Saturday, September 21 at 7:30 with special storyteller Noa Baum. Please visit [www.adatshalom.net](http://www.adatshalom.net) for more information.

If there are any parking problems during the Jewish holidays, please contact Adat Shalom’s Executive Director Marla Cohen directly on her cell phone at 303-888-9631. Questions? Contact [officeadmin@adatshalom.net](mailto:officeadmin@adatshalom.net).



# Reminder: Tax Benefits for Historic Carderock Springs

As our Mid-Century Modern houses age, they need routine maintenance. Because we are listed in the National Register of Historic Places, residents of Carderock Springs are entitled to a 20% state tax credit on repairs exceeding \$5,000.

In February of this year, my chimney was leaking, and I needed to have two flues replaced, along with a new chimney cap and sealing of brickwork. Once I received a bid from a contractor, I was able to start the tax credit process. The Maryland Historic Trust (MHT) 3-part application was easy to follow and complete. The most time consuming part is taking photos inside and outside of your house, including garages or sheds, and labeling and numbering them. They need photo documentation before the work is done, and then another set after the work is completed. It is important to note that in order to get the tax credit, your application must be approved BEFORE a contractor begins the repair.

Maryland Historic Trust reviewed my submitted application within 3 weeks, and my contractor was able to start the rehabilitation work. The staff responded to all my emails. Once the final set of photos is sent with the last part (part 3) of the

application, Maryland Historic Trust will return a signed Part 3 for submission with Maryland Form 502S-Heritage structure Rehabilitation Tax Credit to state's Controller Office. It will be a credit against your state income tax.

For more information, contact:  
Maryland Historic Trust  
[https://mht.maryland.gov/taxcredits\\_homeowner.shtml](https://mht.maryland.gov/taxcredits_homeowner.shtml)  
or MHT Preservation Officer  
Megan Klem 410.514.7688

*Susan Eastman*



Examples of eligible projects include, but are not limited to:

- Roof repair and replacement
- Chimney repair and lining
- Mold remediation
- Window restoration
- New storm doors/windows
- Masonry repointing
- Floor refinishing
- Structural repairs
- Plumbing, electrical and mechanical systems
- Architectural/ Engineering/ Consulting fees
- Tool/equipment rental
- Repair of historic outbuildings



Examples of ineligible projects include, but are not limited to:

- Landscaping
- Sidewalks, patios, driveways
- Non-historic outbuildings
- Appliances
- New construction
- Carpeting over historic flooring
- Curtains, blinds, rugs or other interior décor
- Tool/Equipment purchases
- Work that is primarily remodeling in nature
- Pest control, chimney cleaning, drain cleaning, etc.

# The Carder-Eco

## Column:

### News from the Environmental Committee

Many in our community are concerned about food waste. In fact, the Food and Agriculture Organization of the United Nations has found that roughly one third of the food produced in the world for human consumption gets lost or wasted. Fruits and vegetables, plus roots and tubers have the highest wastage rates. Every year, consumers in rich countries waste almost as much food as the entire net food production of sub-Saharan Africa. Per capita waste by consumers is between 210-250 pounds a year in North America. Often at the retail level, food is wasted due to the quality standards that have over-emphasized appearance. All of this results in a major squandering of resources, such as water, land, energy, labor, and produces increased greenhouse gas emissions, contributing to global warming.

Wasting food is a social problem, since over 14% of US households are food insecure at some time during the year. It is an environmental problem due to its large waste stream, landfills and production of methane. It is an economic issue because of loss and waste that totals around \$161 billion dollars in the US per year.

A few small ideas to incorporate:

- When adding carrots to coleslaw or celery to potato salad, **add the vegetables' leaves** for extra flavor and nutrients.

Bonus: when adding herbs like dill or parsley to these classic dishes, **use the leaves and stems!**

- **Use stale rolls** to make croutons, breadcrumbs, or even bread pudding.
- **Sprinkle leftover wine and sangria** into sauces for extra acidic flavor. And **freeze leftover lemonades, punches, or mixed drinks** for a cooling treat through the rest of the summer.
- **Freeze leftover or bruised fruit** for nutritious breakfast smoothies. Stuck on those watermelon rinds? Sauté or **pickle organic watermelon rinds** for a sweet addition. Produce past its prime can be used in soups, casseroles, stir fries, sauces, baked goods, or pancakes.
- **Collect the bones** from barbecued meats to make stock.
- **Participate in activities in our community** in programs such as food banks that accept surplus meals and foods for donation or that prepare meals for food-insecure individuals at various community and other meal distribution centers.

We sometimes get confused by commonly used phrases

**Best if used by/before** is simply a date indicating when a product will be of best flavor or quality. It is not a purchase or a safety date.

**Sell-by** is not a safety date either...it tells the store how long to offer a product in order to inventory and display

**Use-by** date is the last date recommended for the use of the product while at peak quality. It is

not a safety date except for when it is used on infant formula

**Freeze-by** is not a purchase or safety date but it indicates when a product should be frozen to maintain peak quality.

Use your senses to determine if foods are spoiled, such as odor, flavor or texture. A change in the color of meat or poultry is not an indicator of spoilage either.

At restaurants, ask about portion size and take home what you cannot finish.

Search for websites on suggested ways to use leftover ingredients.

This is a great activity for your children: Check the EPA.gov website for information on the sustainable management of food and download a "toolkit" meant to be used in households.

If a resident is interested in purchasing a **covered food recycling bin** (you must also add other ingredients with information readily available on how to do this or with your purchase), the environmental committee will provide you with a small rebate to offset your purchase. Most are available for under \$100 and can be "hidden" in a corner of your yard. If any resident has recently purchased one, you can inform me and we will provide the same rebate to you. Due to budget constraints, we of course, cannot refund large amounts.

(*Carder-Eco, cont.*)

Please note that the free-of-charge materials for composting bins provided by the county, and available at Bethesda Green or at Davis Library, are not to be used for *food* waste, but for your *yard* waste.

The 3 R's have become the 4 R's with the ultimate goal of eliminating waste through **Refuse, reduce, reuse and recycle**.

**Refuse:** do not accept anything in a restaurant or store that you will not use, for example extra paper or plastic goods, bags. Refuse products with extra packaging.

**Reduce:** by practicing refusal above and restraint in purchases, use your own refillable water bottle. When appropriate purchase at thrift stores.

**Reuse:** introduce a second life to plastic containers, shipping containers, moving cartons, and more. Pass on your usables to others, including local reputable organizations instead of the various bins you see around the county. Various organizations sell your items at pennies each, and they are sent overseas for purchase. If you would like someone local to use them, there are alternative organizations, such as A Wider Circle, DoKindWorks, Habitat for Humanity Restore and Wagging Tails Thrift Store.

**Recycle:** separate wisely by checking the code on the bottom of plastics (place only #6 in trash, however). Since we have become aware of the dilemma of and danger of plastics in our oceans, and since some cannot

be re-used more than once, strive to purchase drink containers in aluminum...this has been suggested as the better choice.

*Diane Karlik*

## Beltway Noise & Pollution Working Group updates

On July 10, 2019 CSCA received a response from the Maryland Department of Transportation (MDOT) to our comments on Beltway expansion alternatives. According to the letter, MDOT is currently evaluating the reasonableness and feasibility of noise mitigation through sound barrier construction for our community, including Carderock Springs Elementary School. Furthermore, as part of the development of the Draft Environmental Impact Statement, MDOT is actively conducting consultation under Section 106 of the National Historic Preservation Act to consider effects to historic properties, including the Carderock Springs district. Based on the Section 106 process, Carderock Springs representation is invited to participate in this process. Thanks so much to our neighbors John Tiernan, Konstantin Gartvig and Elena Kazakova for volunteering to be a point of contact for our community in this effort!

*Petra Jacobs*



## Montgomery County Quiet Skies Coalition (MCQSC)

Are you disturbed by airplane noise or concerned about being under the revised but inequitable and narrow flight path over our school and homes?

The next meeting of the Montgomery County Quiet Skies Coalition is Thursday, Oct 3. A Newcomers orientation is at 7:00 pm; the meeting begins at 7:30 pm at the Carderock Springs Swim and Tennis Club, 8200 Hamilton Spring Court in Bethesda. To file Noise Complaints:

<https://viewpoint.bksv.com/dca3>

MCQSC website:

[www.MoCoQuietSkies.org](http://www.MoCoQuietSkies.org)

The MCQSC is a 501(c)(3) organization, which means that your donations are tax-deductible. Send donations to: MCQSC Ltd. PO Box 131 Glen Echo, MD 20812

*Diane Karlik and Petra Jacobs,  
MCQS Coalition reps*

# Planning a renovation?

## ARC Approval and Architectural Salvage

If you're planning a renovation to your Carderock Springs home, there are two important things to know before you begin work: Architectural Review Committee (ARC) approval for exterior modifications and architectural salvage for interior renovations.

### EXTERIOR: MODIFICATIONS CONSIDERED BY ARC



As required by the covenants recorded against each lot in Carderock Springs, any outside modification or additions to the structures on a lot must be reviewed and approved in advance by the Architectural Review Committee. This may include, but is not limited to the following: fencing, sheds, exterior color schemes, and live, sound hardwood tree removal.

The ARC is an appointed committee comprised of residents who are trained as architects/designers. The ARC meets on a monthly basis, generally the first Wednesday of each month, starting at 7:30 pm at the Club, to review applications and plans for exterior modifications to Carderock homes. Meetings are open to all residents, whether you are renovating, planning to renovate or interested in listening.

Please submit an application and your plans for review to the ARC beforehand. Initially these can be early conceptual plans and then later on they can be construction drawings with specific elevations. The ARC can often assist homeowners with suggestions on design issues that have arisen with other homes in the past and possible workarounds. As the project becomes more defined, homeowners should return for another meeting to review construction drawings with specific elevations. Additionally the ARC may make recommendations and want to see amended drawings and details.

Specifics on the ARC submission process and the application form are on the CSCA website which also has a 20 page document of architectural guidelines that reflect the architectural standards the ARC looks for in exterior modifications, outdoor landscaping features and sheds. To contact the ARC, email [cscarc@gmail.com](mailto:cscarc@gmail.com).

### INTERIOR: ARCHITECTURAL SALVAGE

If you are undertaking an **interior** renovation, consider offering **gently removed original elements** from your home **to the neighborhood** using the Carderock Springs CS-Chat email group. Many neighbors wish to maintain the original interiors of their Carderock homes and would very much appreciate your doors, light fixtures, tile, countertops, cabinets, sinks, vanities, etc.

# Sign-mageddon and Detour Days

Monday July 8, 2019 was a memorable day in Carderock: Climate change arrived with an 8 am rain storm turning the sky black and dumping an unofficial 6 inches of rain in a local rain gauge in just 1 hour. Lilly Stone Drive became a jaw-dropping river and Fenway Road actually collapsed completely over the small stream at Carderock Springs Drive, leaving all underground infrastructure hanging – water, gas, electric, internet cable, etc. The Fenway breach was so wide (30 feet?) and deep (20 feet?) that there is not even a footpath around it. Upper Fenway residents have been cut off from the rest of the neighborhood since then and have been following a circuitous detour on River Rd and Seven Locks Rd to get to the rest of Carderock.

Progress so far:

- The water main at Fenway Rd and Carderock Springs Drive has been replaced. Good! We are all appreciative that workers worked through the night to make this happen.
- Numerous signs have been created and installed under the Carderock Full Employment Act for Signmakers ☺. Announcing the Fenway Rd closure and detour, the signs direct residents and visitors to follow River Rd and Seven Locks Rd since Fenway Rd is currently not a through street.

This fall the Fenway culvert will be rebuilt and Fenway Road will be repaired. Despite various neighborhood contacts with the county, there is currently no known hard date for the reopening of Fenway Road.



## Congratulations

Carderock's own **Karen Roman**, who diligently puts everything she's got into whatever project she is focusing on, has been named **Maryland State Youth Soccer Coach of the Year!**

We've had Carderock coaches receive county awards (Jonathan Graham comes to mind), but this is likely the first Coach of the Year for the State of Maryland! Coaches are selected based on their team's standing but more importantly on the sportsmanship values the coaches instill in their players. Well done, Karen!



## Farewell

All of Carderock extends condolences to the families of those Carderock residents who have recently passed.

Active community member **Cheryl Glaessner** passed unexpectedly in July following surgery. Cheryl was known for her dedicated Unicef work for the fall Fun Fest at the Club and her work on the CSCA Tree Committee, offering alternative ideas rather than extensively removing trees from our wooded paradise. Cheryl loved teaching grade school age students how to read and eventually transitioned to a career as a reading specialist. She was a great listener, a person who made her friends and neighbors feel valued and important, and a passionate owner of many poodles.

Holocaust survivor **Margit Meissner** passed peacefully at home in July. Her diverse experiences taught her that life is often not fair, but that simply fueled her desire to fight for what is right. She was resilient and relentless in her battles against inequality and the pursuit of social justice. She urged people to be participants, not bystanders, in the ongoing struggle to combat prejudice.

Former long-time Carderock resident **Georgia Petsche** passed in June. She was instrumental in creating the Carderock Springs Citizens' Association and was on the board for many years. An industrious, decisive and generous woman, Georgia will be remembered for her tremendous inner strength and iron will which was tempered with love and humor.



# Classified

## General Dentist Accepting New Patients!



Raised and currently residing in Carderock Springs! Attended Gonzaga College High School and University of Maryland. Also received DDS degree from the University of Maryland School of Dentistry. Fluent in Spanish and wants to serve the community where he was raised. Matias Cima, DDS. 202.686.9100, [drcima@cobbdentistry.net](mailto:drcima@cobbdentistry.net), 4400 Jennifer St NW #340, DC 20015.

## Tutor Specializing in International Students



School is hard enough without it being in a second language! Get expert help today and give your student the support he or she needs. Confused by the American school system? No problem, I can show you what's expected, what is normal and keep you from worry. I have 30+ years experience teaching English to students from all over the world and have tutored International students in a variety of subjects. So don't delay, get ready for the new school year today! Contact Sharon Nothman 202-438-2233, [sharonnothman@gmail.com](mailto:sharonnothman@gmail.com)

## Interior Design Studio

"We create thriving spaces" through Residential & Commercial Interior design; Space Planning & furniture layouts; Planning, Remodeling & Expansions (managing & working with your builder & architect); Custom and Unique furnishings, including: Furniture, Lighting, Accessories, Artwork, Window treatments, Rugs. Design is not about style – It is a problem-solving tool. Good design focuses first on function & then aesthetics that reflect your personality. Experience the difference. Contact Carderock resident Noreen Chohan [noreen@studiofiza.com](mailto:noreen@studiofiza.com) 301.365.1741 [studiofiza.com](http://studiofiza.com)

## Cabin John Dog Walking Midday



walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn 240-204-2953.

## Private Soccer Lessons!



For kids ages 6-13 by Whitman junior and Carderock resident Christian Hill. He comes to your home with all equipment needed. Experienced as a junior soccer camp counselor, knows ins and outs of the sport, will improve technical skill on the ball as well as soccer IQ for your son or daughter. \$20 for ½ hour, \$35 for 1 hour per player. Text 202-802-4319.

## Fiber Art Studio Classes

We knit, crochet, sew, embroider, weave and needle felt!

Carderock resident Anja Caldwell runs a studio and store in Potomac Village, in the mall above the Giant. Besides handmade gifts we offer drop-in classes for kids and adults throughout the school year, birthday parties, workshops and crafting socials for grown-ups.

For any questions, contact [anja@fiberart.studio](mailto:anja@fiberart.studio) [www.FiberArt.studio](http://www.FiberArt.studio)



### WANT TO ADVERTISE?

Classified ads may be placed for \$10 for 1 newsletter issue or for all CSCA newsletters published each year for \$50 per year. Please submit payment to CSCA, PO Box 237, Cabin John, MD 20818-0237.

# Potluck Dinner to Welcome Newcomers

Sunday, Oct 6, 5:30 pm at the Clubhouse



This fall we continue the Carderock tradition of celebrating the new members of our community with a welcoming meal provided by folks who've been around awhile.

Bring a dish of your choice. The CSCA provides the wine and beverages, and the whole community provides the hospitality. All are invited, kids too, from those who have been here just a few days to those who have been here since...*the 1960s!* Questions or RSVPs? Contact Craig Stoltz at [stoltzc@gmail.com](mailto:stoltzc@gmail.com)



**CARDEROCK SPRINGS**  
National Register of Historic Places

The Carderock Springs Citizens' Association publishes the *Community News* at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens' Association for an annual due of \$50 for a membership year ending December 31, 2019.

Dues and family information for the Carderock Springs directory may be mailed to the Carderock Springs Citizens' Association at Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants

## Carderock Springs Citizens' Association Board Members

Jack Orrick, *President*

Tom Deyo, *Vice-President*

Jenny Spreitzer, *Secretary*

Ashish Goel, *Treasurer*

Bill Draper, *Membership Secretary*

Petra Jacobs, *Member-at-Large*

Sue Eastman, *Member-at-Large*

*Architectural Review Committee (ARC)*

Douglas Soe-Lin, *ARC*

Katherine Stifel, *ARC*

Scott Wilets, *ARC*

Sue Eastman, *ARC Liaison*

Margie Orrick, *Newsletter Editor*

Larry Ondrejko, *Club Liaison*