Remembering the Life....

Arlene Florence was born on June 15, 1933, by Barrett, Minnesota the daughter of Otto and Mabel (Freeman) Seifert. She was baptized on August 6, 1933, and was confirmed in the Lutheran Faith. Arlene attended Barrett Public School and graduated from Barrett High School in 1952. After her graduation she was employed with Woolworths in Alexandria.

Arlene and Lowell Ohren were married on April 2, 1960. They lived in Grant County until 1972, when they purchased their farm by Evansville. To this union five children were born, Leo, Leslie, Arlou, Ardyce and Ardel. She was a homemaker raising her family and later started with Crestview Nursing Home, now the Evansville Care Center, where she was a CNA and then worked as a Laundry Aide. In 2006, she moved into the Evansville Apartments until she entered the Evansville Care Campus Assisted Living. Arlene enjoyed crocheting, playing bingo and cards, and her favorite was dancing with Lowell. She especially enjoyed her family and all the grandkids. She was a member of Faith Lutheran Church and the Ladies Aid.

On Saturday, July 22, 2023, Arlene passed away at Evansville Care Campus in Evansville, Minnesota at the age of 90 years.

She is survived by her children, Leo (Missy) Ohren, Leslie (Annette) Ohren, Arlou Ohren, Ardyce (Jerald) Quam and Ardel (Robert) Sterns; grandchildren, Jeremiah, Jason, Jebediah, Lindsay, Casey, Coel, Steven, Taylor, Nick, Britta, Mackinzie, Megan and Mitchell; great-grandchildren, Mason, Hallie, Kenna, Lincoln, Quentin, Hunter, Jaeger, Kali, Kambree, Kerra, Taemon, Londyn, Maci, Liam, Kinley, Brighton, Harper, Kya, Noah, Jax and Jovi; and sister-in-law, Gloria Ohren; and by numerous relatives and friends. Arlene was preceded in death by her husband, Lowell on March 24, 2002; brother, Art (Sharon) Seifert; sisters, Mary Seifert and Martha (Maynard) Dahlseng and parents.

Blessed be the Memory of Arlene Ohren

Celebrating the Life of

Arlene Ohren

“You’ve gotta have determination in life!” Said my then 86 year old grandmother, Arlene Ohren, as I drove her back to her assisted living apartment after gorging ourselves in an Easter family feast in 2019. A memory and a moral I will never forget as she was telling me her story about how she survived polio.

When she was young she became ill with the polio virus and became paralyzed. She had to learn how to eat and talk again. The doctor told her she would never walk again. She looked the doctor in the eye and said “you’re wrong”. And wouldn’t you know it, she wasn’t walking when she left the hospital. She was DANCING! She was determined she would, and so she did.

Grandma then got married to my late grandfather, Lowell Ohren and she gave birth to 5 kids that I get to call mom, aunt, and uncle. She also did work around their farm. To say she was strong, is an understatement.

I will miss my sweet, loving, playful, and determined grandmother.

Visiting my grandma in the nursing home this past week I was reminded of her love for humming birds by the decorations she had in her room. And I thought to myself.. wow, how fitting. Humming birds are spiritual messengers of love and playfulness. It tells you to love the moments of life, to celebrate it with hope and jubilation.

Spiritual meanings of humming birds are:
- To slow down and enjoy life
- Eliminate negative thoughts
- Adaptation and positive outlook
- Live in the moments
- To develop courage and endurance

I am entirely grateful to have had the opportunity to visit with grandma one last time during her final days on earth. While I mourn her loss, I am at ease knowing she’s up there in heaven dancing with grandpa once again.

Fly high little humming bird, you’ve earned your wings.

By Mitchell Sterns

In Loving Memory Of

Arlene F. Ohren

June 15, 1933 ~ July 22, 2023

Funeral Service
Saturday, July 29, 2023, at 11:00 AM
Faith Lutheran Church
Evansville, Minnesota

Officiating
Reverend Bradley Pearson

Music
Vicki Worthington, pianist

Congregational Hymns
“Amazing Grace”
“How Great Thou Art”

Casketbearers
Jeremiah Quam ~ Jason Quam ~ Jebediah Quam
Nick McFarlane ~ Coel Ohren ~ Mitchell Sterns

Interment
Pelican Lake Cemetery
Ashby, Minnesota

Appreciation
Arlene’s family is grateful for your attendance at this service. Your many expressions of kindness and love are deeply appreciated. Please join family and friends for lunch and fellowship following the service.

Arrangements by
Glende-Nilson Funeral Home ~ Evansville
www.GlendeNilson.com