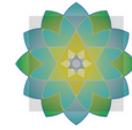




OPTIMAL  
STATE®



*Healing Yoga Institute™*

# CERTIFICATE OF COMPLETION FOR CEU

THIS CERTIFICATE IS AWARDED TO

*Christine Morgenstern*

Has successfully completed 30 hours for Mental Health & Yoga Case  
Studies Course in the Tradition of T.Krishnamacharya

*Amy Wheeler*

**Amy Wheeler**  
Director of  
Optimal State

*February 2022 - June 2022*

**Date**

Healing Yoga Institute  
Yoga Alliance Registered School #94080