



OPTIMAL
STATE®



Healing Yoga Institute™

CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO

Christine Morgenstern Shin

Has successfully completed 6 hours of Continuing Education
Yoga Therapy Training in the Tradition of T. Krishnamacharya

Amy Wheeler

Amy Wheeler
Director of
Optimal State

February 2024

Date

Healing Yoga Institute
Yoga Alliance Registered School #94080