



OPTIMAL  
STATE®



*Healing Yoga Institute™*

# CERTIFICATE OF COMPLETION FOR CEU

THIS CERTIFICATE IS AWARDED TO

*Christine Morgenstern*

Has successfully completed 100 hours for Yoga & Ayurveda Course  
in the Tradition of T.Krishnamacharya

*Amy Wheeler*

**Amy Wheeler**  
Director of  
Optimal State

*January 2021-December 2021*

**Date**

Healing Yoga Institute  
Yoga Alliance Registered School #94080