



# Squash Australia Coaching Development Framework

## Policy & Accreditation Guidelines 2018

Office 9, Sports House  
150 Caxton Street  
Milton QLD 4064



PUBLISHED BY SQUASH AUSTRALIA

**Education Coordinator:** Jordan Till

**Education Working Group:** Jordan Till - Squash Australia, Chris Sinclair - Squash Australia, Richard Vaughan - Squash Australia, Paul Price - Squash Australia, Grant Gough (NSW), James Rogers (SA), Richard Cagliarini (VIC), Michael Khan (WSF)

**Framework & Content Consultant:** Peter Topp

Copyright © 2018  
Squash Australia

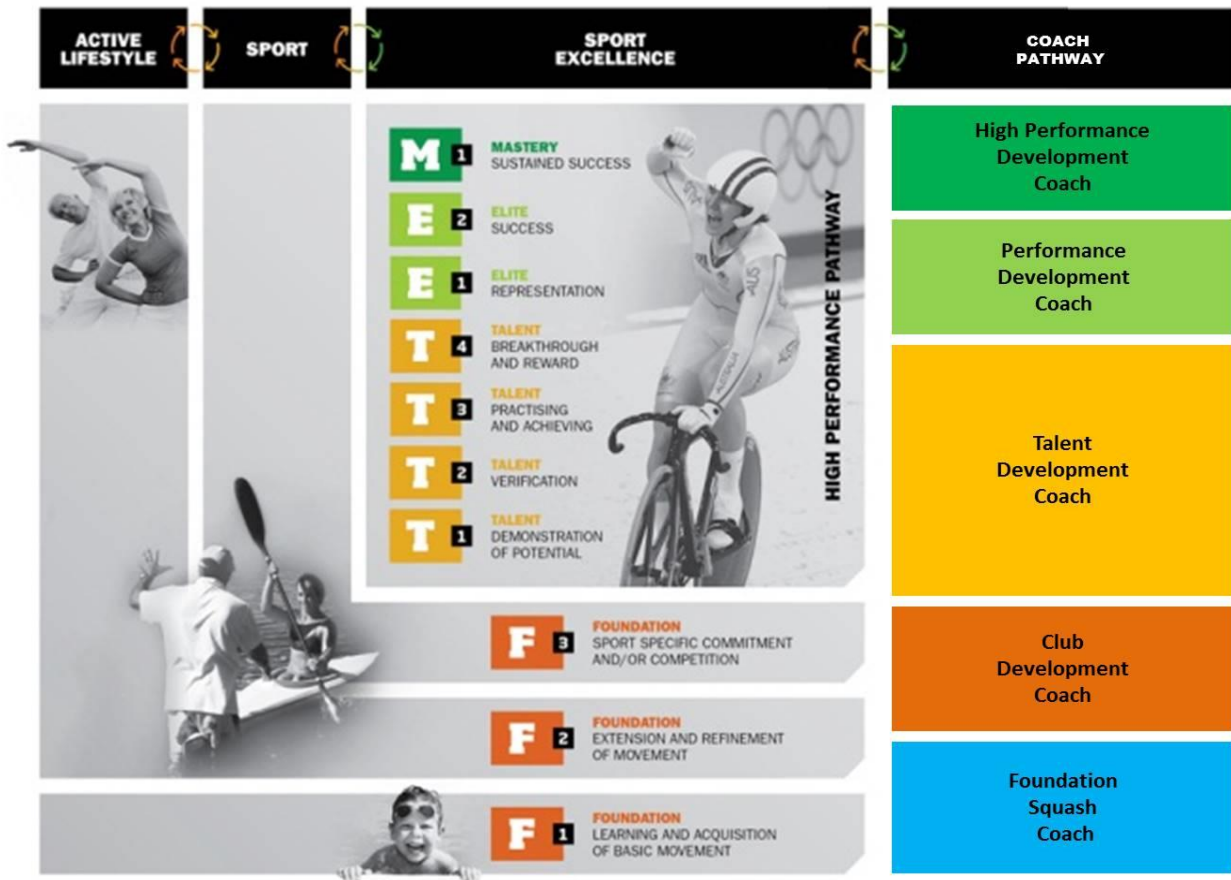
All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means without the prior permission of Squash Australia.

## **TABLE OF CONTENTS**

---

SECTION 1:	GENERAL INFORMATION	3
SECTION 2:	POLICIES	11
SECTION 3:	FOUNDATION SQUASH COACH	47
SECTION 4:	CLUB DEVELOPMENT COACH	49
SECTION 5:	TALENT DEVELOPMENT COACH	51
SECTION 6:	PERFORMANCE DEVELOPMENT COACH	53
SECTION 7:	HIGH PERFORMANCE DEVELOPMENT COACH	55
SECTION 8:	COACHING PRACTICES	56
SECTION 9:	QUALITY CONTROL	57
SECTION 10:	IMPLEMENTATION STRATEGY	58
APPENDIX		61
APPENDIX 1 –	UPDATE CRITERIA	62
APPENDIX 2 –	PRACTICAL ASSESSMENT FORM	68
APPENDIX 3 –	PARTICIPANT EVALUATION FORM	69
APPENDIX 4 –	GENERAL CODE OF BEHAVIOUR	70
APPENDIX 5 –	COACH CODE OF BEHAVIOUR	71
APPENDIX 6 –	PROTECTIVE EYEWEAR INDEMNITY & WAIVER FORM	73
APPENDIX 7 –	CANDIDATE INFORMATION & TRAINING FORM	74
APPENDIX 8 –	COACH APPLICATION	78

## SECTION 1: GENERAL INFORMATION



### 1.1 Coach Development Framework Overview

Squash Australia has a new five-tier coach development framework that provides education, training and mentoring to coaches as they progress along the coaching pathway. The programs reflect the skills and techniques required of players at each level of the player pathway.

#### Foundation Squash Coach

This coach is qualified to deliver basic training sessions that develop the squash technique of novice and junior players – this is generally defined as players' 12-years and under who are still acquiring the skills needed to play matches. The coach may work independent of any supervision as they are fully qualified to provide such instructional training. Coaches at this level are also encouraged to work with older players (i.e. to gain valuable 'on-the job' training), but only as an 'assistant coach' under the supervision of a coach with appropriate qualifications.

#### Club Development Coach

This coach is competent to plan, conduct and evaluate training programs suitable for the diverse range of ages and abilities found among registered Club or Centre players. A Club Development Coach must plan and supervise training to best prepare players of different ages, abilities and competition goals to achieve their potential. All Club Development Coaches should have the skills to prepare players for Club/Centre, District and State (or higher) level competitions. Club Development is the accepted standard for coaches implementing a diverse Squash Club/Centre program.

**Talent Development Coach**

This coach is competent to plan, conduct and evaluate advanced training programs suitable for players competing at State and Australian Age Championship (or higher) level competitions. A Talent Development Coach has demonstrated the ability to train players who have achieved National Age competition. The Talent Development Coach should have the skills to structure a complex training environment that allows for a progression from Club and State level competitions to success at the National level. A Talent Development Coach demonstrates their support for the Squash Australia approved Performance Pathways by either engagement or supply of players.

**Performance Development Coach**

This coach is competent to plan, conduct and evaluate advanced training programs suitable for players competing at Australian Open Championships (or higher) level competitions. The Performance Development Coach should have the experience and knowledge to provide coaching leadership and serve in a mentoring or educational role to assist Foundation, Club and Talent Development coaches.

**High Performance Development Coach**

A High Performance Development Coach has the demonstrated ability to prepare players to successfully compete for medals at World Championships and/or Commonwealth Games competitions as members of the Australian Squash Team.

Qualified squash coaches may apply for a Squash Coach's **Accreditation** under the guidelines set and implemented by Squash Australia Ltd. Being a member of Squash Australia Ltd. Coaches are subject to all member welfare policies including Squash Australia's Coaches code of conduct. As members you gain access to an insurance scheme, professional development programs, discounts on educational products, and regularly receive print/electronic information. Coaches accredited by Squash Australia will receive an 'accreditation card' covering their period of recognition.

**1.2 Licensing/Franchise Arrangements**

State/Territory Member Organisations of Squash Australia are endorsed to deliver the Foundation Squash Coach, and the Club Development Coach programs on behalf of Squash Australia. Each State and Territory affiliate will be required to comply with the terms and conditions of program delivery as outlined in their State Funding Agreements. No fees apply to this arrangement.

Squash Australia is responsible for the delivery of the Talent Development Coach and Performance Development Coach programs and the approval of the High Performance Coach recognition. Some aspects of these programs may be conducted in conjunction with the Member Organisations.

### 1.3 Course Details

All programs within the Squash Australia Coach Development Framework are part of the National Coaching Accreditation Scheme (NCAS) as administered by the Australian Sports Commission (ASC).

Program	Duration	Target Market
Foundation Squash Coach Program	4 hours in-course work (online)	Club Coaches, Teachers and SSP
Club Development Coach Program	8 hours in-course work (+ 5 hours post-course)	Entry Level Club/Centre Coaches WSF Level 1 candidates
Talent Development Coach Program	36 hours in-course work (+ 8 hours post-course)	State, Region, PSA and State /Regional Underpinning Representative Program Coaches. WSF Level 2 candidates
Performance Development Coach Program	40 hours in-course work (+ 40 hours post-course)	National/ State/Regional Representative level Coaches. WSF Level 3 candidates
High Performance Development Coach	2 year assessment period	National/ State/Regional Representative level Coaches.

### 1.4 Enrolment Pre-requisites – Age of Entry into the Program

Program	Age Requirements
Foundation Squash Coach Program	Foundation Participants must be at least 15 years of age on completion to be eligible for accreditation.
Club Development Coach Program	Club Development Participants must be at least 16 years of age on completion to be eligible for accreditation.
Talent Development Coach Program	Talent Development Participants must be at least 18 years of age on completion to be eligible for accreditation.
Performance Development Coach Program	Performance Development Participants must be at least 21 years of age on completion to be eligible for accreditation.
High Performance Development Coach	High Performance Development Participants must be at least 21 years of age on completion to be eligible for accreditation.

## 1.5 Entry Pre-requisites

Program	General Principles
Foundation Squash Coach Program	<ul style="list-style-type: none"> <li>• Completion of the ASC's Community Coach General Principles</li> <li>• Obtain Working With Children Check through State/Territory</li> <li>• Complete Integrity requirements (Working With Children Check)</li> </ul>
Club Development Coach Program	<ul style="list-style-type: none"> <li>• Completion of a Squash Australia Foundation Squash Coach Program /or</li> <li>• Completion of the ASC's Community Coach General Principles</li> <li>• Current Referee's Rules Theory Examination pass</li> <li>• Complete Integrity requirements (Working With Children Check, ASADA Level 1 anti-doping course, Keep Sport Honest match fixing course)</li> </ul>
Talent Development Coach Program	<ul style="list-style-type: none"> <li>• Completion of a Squash Australia Club Development Coach program</li> <li>• Completion of the ASC's Intermediate General Principles</li> <li>• 2 years coaching at a minimum level of Club Development</li> <li>• 1 year in support and engagement of the Squash Australia Performance Pathway program</li> <li>• Current Referee's Rules Theory Examination pass</li> <li>• Complete Integrity requirements (Working With Children Check, ASADA Level 1 and Level 2 anti-doping courses, Keep Sport Honest match fixing course)</li> </ul>
Performance Development Coach Program	<ul style="list-style-type: none"> <li>• Completion of a Squash Australia Talent Development Coach program</li> <li>• 4 years coaching at a minimum level of Talent Development</li> <li>• 2 years in support and engagement of the Squash Australia Performance Pathway program</li> <li>• Completion of the Squash Australia's Deliverer Program</li> <li>• Completion of the ASC's Mentoring, Assessor &amp; Presenter Programs</li> <li>• ASC's Advanced General Principles Program (upon re-introduction)</li> </ul>
High Performance Development Coach	<ul style="list-style-type: none"> <li>• Completion of a Squash Australia Performance Development Coach program</li> <li>• Be currently and have coached (as Team Coach or Assistant Coach) for a minimum of three of the following: <ul style="list-style-type: none"> <li>• Commonwealth Games</li> <li>• World Open or Junior Teams Championships</li> </ul> </li> </ul>



## 1.6 Integrated/Separate Coaching Principles Component

Program	General Principles
Foundation Squash Coach Program	<p>The ASC Community Coach General Principles course has been <b>externally</b> integrated into this training program. The units include:</p> <ul style="list-style-type: none"> <li>• Snapshot of a good coach</li> <li>• Preparing to coach</li> <li>• Working with others</li> <li>• Coach in action</li> </ul>
Club Development Coach Program	<p>In the event the coach has not completed the Foundation Squash Coach Program, the ASC's Community Coach General Principles course has been integrated <b>externally</b> into this training program. Topics as per above listing.</p>
Talent Development Coach Program	<p>The ASC Intermediate Coaching General Principles course component must be completed separately through a State Coaching Centre, Registered Training Organisation or other approved Coaching Principles Agency as a <b>pre-requisite for entry into the program</b>.</p> <p>A completed First Aid Provider Qualification</p>
Performance Development Coach Program	<p>The ASC Presenter, Assessor and Mentoring courses component must be completed separately through a State Coaching Centre, Registered Training Organisation or other approved Coaching Principles Agency as a <b>pre-requisite for entry into the program</b>.</p> <p>The ASC Advanced Coaching General Principles course (not currently offered by the ASC) has been integrated into this training program.</p>
High Performance Development Coach	<p>Recognition of attainment</p>

## 1.7 Payment of Course Fees

Program fees should be kept to a minimum to allow maximum access to accreditation. Fees may vary depending on local costs for program venues and presenters. However, course fees will include the costs of compulsory texts, Squash Australia accreditation fee and other program costs such as facility hire, administration and equipment.



## 1.8 Tutor/Presenter/Assessor (Deliverers) Qualifications

### Program Deliverers shall:

- Agree and reapply for the qualification every four years.
- Undergo a four (4) yearly review of performance by a designated Squash Australia reviewer and to pass the review satisfactorily in order to have endorsement continued.
- Use only the approved Squash Australia Resources in delivery of the course.
- Any trainee presenters (those newly qualified delivering their first course) must be supervised by an appropriately qualified presenter.
- Attend or deliver presentations within the previous four year period.



Program	Minimum Presenter Qualifications
Foundation Squash Coach Program	<ul style="list-style-type: none"> <li>• Squash Australia Talent Development Coach Accreditation.</li> <li>• Have at least two (2) years practical Squash coaching experience at a level equivalent to Club Development Coach or higher.</li> <li>• Have satisfactorily completed a Squash Australia Presenters/Assessors (Deliverers) Program.</li> <li>• Be approved by Squash Australia Education Department.</li> </ul>
Club Development Coach Program	<ul style="list-style-type: none"> <li>• Squash Australia Talent Development Coach Accreditation.</li> <li>• Have at least two (2) years practical Squash coaching experience at a level equivalent to Club Development Coach or higher.</li> <li>• Have satisfactorily completed a Squash Australia Presenters/Assessors (Deliverers) Program.</li> <li>• Be approved by Squash Australia Education Department.</li> </ul>
Talent Development Coach Program	<ul style="list-style-type: none"> <li>• Squash Australia Talent Development Coach Accreditation (as a minimum).</li> <li>• Have at least two (2) years practical Squash coaching experience at a level equivalent to Talent Development Coach or higher.</li> <li>• Have satisfactorily completed a Squash Australia <b>Advanced Presenters/Assessors (Deliverers) Program</b>/or</li> <li>• Be approved by Squash Australia Education Department.</li> </ul>
Performance Development Coach Program	<ul style="list-style-type: none"> <li>• Squash Australia Talent Development Coach Accreditation (as a minimum).</li> <li>• Have at least two (2) years practical Squash coaching experience at a level equivalent to Talent Development Coach or higher.</li> </ul>

	<ul style="list-style-type: none"> <li>• Have satisfactorily completed a Squash Australia <b>Advanced Presenters/Assessors (Deliverers)</b> Program/or</li> <li>• Be approved by Squash Australia Education Department.</li> </ul>
High Performance Development Coach	<ul style="list-style-type: none"> <li>• Recognition of level/achievement provided to the Squash Australia Education Department, to be submitted to the Squash Australia Board for approval, having achieved the appropriate syllabus requirements.</li> </ul>

**Squash Australia shall have the right to:**

- Approve program deliverers not covered by the above criteria after evaluation of such person relevant experience and knowledge of the sport and having regard to the prevailing circumstances.
- Nominate a member of the program review panel to conduct random checks to assess the quality of delivery of the program being conducted.

All course Deliverers will be selected at the discretion of the State/Territory Coaching or Development Manager and approved by the Squash Australia Education Department to ensure quality control of Deliverers. Program coordinator reports and participant evaluations will be reviewed to ensure quality control of Deliverers.

## 1.9 Presenter/Assessor (Deliverers) Training

Each State/Territory Member Organisation will be provided with an in service day annually. State and Territories will then be responsible for the continued education of their Deliverers using the Squash Australia **Deliverers (Presenters/Assessors)** programs. Participants of these programs will then become accredited, placed on the National database and receive certification.

**Deliverers** (Presenters/Assessors) will also be encouraged to attend a generic Presenter & Assessor Training Course available through State/Territory Sport Education Centres as a pre-requisite for maintaining their Deliverers status with Squash Australia.

## 1.10 Venue

The following are the desired minimum requirements for venues where training takes place.

### Activity Area

- A Squash court with sufficient space to conduct the practical components of the program.
- One (1) ball per participant, cones and markers.

### Classroom

- A classroom space is required as close as possible to the activity area to ensure maximum learning time.
- Data projector and screen.
- Whiteboard and marker pens.

### **1.10 Insurance**

Coaches Insurance is incorporated within the Squash Australia Personal Accident and Public Liability & Professional Indemnity Insurance policy. Note that coaches are referred to as insured persons within these policies, and therefore receive the benefit of the insurance cover.

It is important to note that coaches who undertake private coaching are not covered through the club's insurance and would need separate coaching insurance. This is covered under their coach accreditation with Squash Australia. This means that any coach that is affiliated (through their State/Territory Squash Association) and a currently accredited coach is covered for private coaching under the Coaches Insurance policy.

## SECTION 2: POLICIES

---

### 2.1 Refund of Fees

Fees paid by participants may be refunded in the following circumstances and timeframes:

Notification of withdrawal in writing up to 30 days prior to commencement of the program	Full refund
Notification of withdrawal in writing up to 14 days prior to commencement of the program	50% refund
Notification of withdrawal in writing less than 14 days prior to commencement of the program	No refund

### 2.2 Coach's Code of Behaviour

Squash Australia is committed to treating all people with respect, dignity and fairness. These values, along with the basic right of all squash members to participate in an environment that is enjoyable, safe and healthy, has resulted in the development and implementation of the Squash Australia Member Protection Policy.

The Member Protection Policy applies to Member Organisations, Affiliates and Members (including athletes, coaches, referees, employees, volunteers and support personnel). Any breach of the policy including the Code of Behaviour may result in disciplinary action, including de-registration from the NCAS.

The Member Protection Policy and related support documents can be accessed via the Squash Australia website [www.squash.org.au](http://www.squash.org.au)

### 2.3 Dispute Resolution

All complaints must be submitted in writing to the Squash Australia Education Department. Appeals regarding the outcome of an application or assessment must be received within 14 days of receiving notification of the application or assessment.

Complaints will be considered by a Dispute Resolution Panel consisting of three members, appointed by Squash Australia as required. The dispute will be considered and notification provided within 30 days of receipt of the complaint.

If the dispute is related to the outcome of an assessment task, the participant may be permitted to be re-assessed according to the units that they were deemed incompetent.

An independent assessor must undertake this re-assessment, at a time suitable to both parties. This process must be completed within 6 months of the appeal being lodged by the participant.

No further appeals will be considered

## 2.4 Number of Participants

Program	Program Deliverer: Participant ratio
Foundation Squash Coach Program	1:15
Club Development Coach Program	1:15
Talent Development Coach Program	1:10
Performance Development Coach Program	1:8
High Performance Development Coach	Recognition Level

Permission to conduct courses with a larger ratio needs to be sought from Squash Australia.

## 2.5 Physical Screening Check

All participants must have a personal fitness level that will enable them to perform their normal coaching duties and where required to demonstrate skills at a slow pace. Demonstrations are not compulsory and they are performed at the individual participant's discretion.

## 2.6 Attendance Requirements

Participants must be assessed as competent in order to be eligible for accreditation. While the programs are offered at a time that considers the needs of the participants some coaches may need to attend two or more programs to complete each of the program units. In this case coaches will only pay the fee for one program.

If the coach undertakes part of the program in one State/Territory and is required to complete the remaining units in a different State/Territory, they will only be required to pay one program fee. A letter from the initial State/Territory Member Organisation must be forwarded to the secondary State/Territory Member Organisation for confirmation.

## 2.7 Recognition of Prior Learning (RPL) & Recognition of Current Competencies (RCC)

### (a) What is RPL & RCC?

RPL is based on the awareness that people learn and develop competencies in many different ways throughout their lifetime – through work experience and life experience as well as through education and training. RPL takes into account a person's skills and experiences, no matter where

these were learnt, to enable people to gain credit in a training program of study. RCC is the recognition of other training received to demonstrate the competencies being met.

**(b) RPL Principles**

The process of RPL must be quality controlled and delivered by personnel with experience in coach education. These personnel are responsible for ensuring that:

- Procedures are fair and equitable
- Measures are valid and reliable

**(c) How can learning be recognised?**

Each training program contains a set of learning outcomes and associated performance criteria that must be achieved before a participant will be deemed competent. In broad terms, the process of RPL involves matching what participants already know and can currently do with the learning outcomes of the module/unit.

In this way, RPL enables participants to focus on developing skills and knowledge in new areas, rather than re-learning what they already know and can do.

**(d) Who can apply?**

A person can apply for RPL if they think their prior learning and experience mean they can provide evidence to show that they are already competent in the learning outcomes of the relevant training program.

**(e) Benefits of RPL**

- Speeds up the process of becoming a qualified Squash coach.
- Conforms to the requirements for equity in adult education programs.
- Avoids the problem of participants having to unnecessarily repeat learning experiences.
- Encourages the development of various assessment procedures.
- Assesses the candidate's current competence in comparison to the stated standards of competence required.
- The RPL process can clarify what relevant skills the participant does and does not possess – so that the learning program can be tailored accordingly.

**(f) How do you show evidence of competencies gained via prior learning?**

There are many ways that a person can show evidence of their current competencies. RPL can only be granted on current evidence, that is, work that has been completed within the last four years and competencies that they are currently able to demonstrate. Following are a few examples of the ways evidence can be provided. The person will need to include a variety of these in their application form.

**(g) Education and Training**

- Formal, accredited and informal training
- Copies of certificates, qualifications achieved from other training programs, school or tertiary results.

- Statements outlining training programs and/or study that they have undertaken and the learning outcomes/competencies achieved from these.

**(h) Coaching Related Experience**

- Resume of coaching experience and positions held, which may include reports from people within the sport.
- Copies of any statements, references or articles about the coach's employment or community involvement.
- Relevant coaching samples, e.g., copies of training programs, videos of coaching tools, which the coach has developed and implemented.
- Reports on opportunities undertaken, which could include evaluations from training programs conducted.

**(i) Life Experience**

- Overview of sport and recreation involvement.
- Relevant work or other experiences.
- Evidence of home/self-directed study which may include a list of recent readings, synopsis of seminars attended, reports of research or analysis undertaken.

The above are only examples. The person should provide all the documentation that they can which clearly shows evidence of the competencies they hold. They may also be required to demonstrate their expertise by written or practical demonstration.

**(j) RPL Assessment**

- The Squash Australia Education Department will act as the RPL assessor for all Squash Australia NCAS programs.
- The RPL assessment can only be carried out when the applicant provides evidence of the relevant competencies that they believe they hold. This is achieved through completing the RPL application form and forwarding this with the required fees to the National Development Manager
- The following sequential process has been established as the procedure to be followed when a person wishes to obtain credit for prior learning or current competencies.

**Step 1 – Request**

Applicants who consider applying for RPL will contact the Squash Australia Education Department who will provide a brief explanation about the RPL process and advice to the applicant. An RPL application form will then be forwarded to the applicant.

**Step 2 –Application**

- Applicants will utilise the information contained within the RPL application form to conduct a self-assessment against the training program learning outcomes.



- Applicants will need to consider if and how they have achieved each learning outcome and if they can satisfy the performance criteria by submitting valid, sufficient, authentic and current evidence.
- Applicants will need to gather all relevant supporting documentation and complete the RPL application form with honest, clear, complete and concise information.
- The completed application form with supporting documentation will then be forwarded the Squash Australia Education Department

**Step 3 – Assessment**

- On receipt of an application, the Squash Australia Education Department will review the application to determine the completeness and relevance of the documentation.
- The Squash Australia Education Department will advise the applicant of any deficiencies that must be rectified or addressed before the application can proceed.
- A judgment must be made about whether the applicant wholly or partially meets the requirements.
- The Squash Australia Education Department will check that the evidence submitted conforms to the following RPL principles:
  - Validity (is the evidence relevant?)
  - Sufficiency (is there enough evidence?)
  - Authenticity (is the evidence a true reflection of the candidate?)
  - Currency (is the evidence recent; was a qualification obtained within the last four years? Can the person demonstrate the required competencies now?)
- In the event of partial completion of the learning outcomes, the Squash Australia Education Department will outline which performance criteria still need to be achieved, and preferably what evidence is still required.
- Options Include:
  - Supply further supporting documentation.
  - Complete certain assessment activities.
  - Complete parts of a training program.
  - Work with a mentor to obtain the required competencies.
- The Squash Australia Education Department will complete and return assessors' report with recommendations.
- The Squash Australia Education Department may need to meet to discuss issues with the applicant during the assessment process. The meeting could take the form of a teleconference.
- The Squash Australia Education Department will keep records of all RPL applications for seven years.

**Step 4 – Notification**

- The Squash Australia Education Department will notify the applicant of the decision within two months of receiving the application.
- Successful applicants for RPL will receive confirmation documentation.

### **Step 5 – Appeal**

- The applicant has the right to appeal the decision, if they believe the decision is unfair, unjust or the information has been misinterpreted the evidence.
- All complaints must be submitted formally in writing to the Squash Australia Education Department.
- Appeals regarding the outcome of an application or assessment must be received within 14 days of receiving notification of the application or assessment.
- Complaints will be considered by a Dispute Resolution Panel consisting of three members, appointed by Squash Australia as required. The dispute will be considered and notification provided within 30 days of receipt of the complaint.
- If the dispute is related to the outcome of an assessment task, the participant may be permitted to be re-assessed according to the units that they were deemed incompetent.
- An independent assessor must undertake this re-assessment, at a time suitable to both parties.
- This process must be completed within 6 months of the appeal being lodged by the participant.
- No further appeals will be considered
- The decision of the RPL review assessment panel will be final.

### **Units eligible for RPL**

- Participants are able to apply for Recognition of Prior Learning (RPL). RPL will be granted when all the stated learning outcomes and performance criteria have been met.
- Participants who are seeking RPL must supply, in writing, evidence of completed tertiary studies (including transcripts of units), and/or evidence of coaching/playing experience, according to the competencies of the units for which they are seeking RPL.
- The participant may also be required to demonstrate their expertise in a particular area by written or practical demonstration. No credit will be given unless competence in that area can be demonstrated.
- If coaches have completed the ASC Community Coaching General Principles Course, or if they hold a degree in Human Movement, Sports Coaching or Physical Education (secondary), or they hold a Certificate IV in Sports Coaching, they may be granted exemption from some units.
- All remaining units will be required to be successfully completed before accreditation can be granted

## Coach Development Framework 2013 - 2014

Club Development Squash Coach Accreditation – RPL Application Form					
SECTION 1 – Personal Details					
Name:				Date of Birth:	
Address:			State:		Post Code: <input type="text"/>
Phone:	<input type="text"/>	Mobile:	<input type="text"/>	Email:	<input type="text"/>
Club / Organisation:	<input type="text"/>				
SECTION 2 – Evidence (compulsory)					
Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided		
Please list and supply evidence relating to each performance criteria in the form of education and training, work related and life experiences. Attach copies of documents and / or references to this application form.					
Unit 1 Being an Effective Squash Coach	<p><b><i>'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for club level players.'</i></b></p> <p>The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective club development squash coach.</p>	<ul style="list-style-type: none"> <li>• What is coaching?</li> <li>• Your role as a coach</li> <li>• Safe Coaching practices related to on-court coaching and playing.</li> <li>• Making squash fun.</li> </ul>			
Unit 2 Administration and Management	<p><b><i>'I will be able to Implement organisational processes to effectively administer all aspects of a club/centre squash team including record keeping, financial understanding/ considerations, and promotional strategies.'</i></b></p> <p>The primary aim of the module is to develop coaches with a sound understanding of administrative issues relevant to their role as a club development coach.</p>	<ul style="list-style-type: none"> <li>• Policies and procedures</li> <li>• People management &amp; Delegation</li> <li>• Implement an effective record keeping system</li> <li>• Medical considerations</li> <li>• Know the product</li> </ul>			

## Coach Development Framework 2013 - 2014

Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided
Unit 3  Communication	<p><b><i>'I will be able to communicate effectively to build positive relationships with players, parents, club/centre officials, squash organisations and others involved in physical activity and sport'.</i></b></p> <p>The primary aim of the module is to coaches with a sound understanding of the principles of effectively communicating with all relevant stakeholders.</p>	<ul style="list-style-type: none"> <li>• Basic communication between the Coach</li> <li>• Types of communication</li> <li>• Guidelines to effective communication with players</li> </ul>	
Unit 4  Risk Management and Legal Issues	<p><b><i>'I will have an understanding of legal responsibilities of a squash coach and the strategies to minimise the risk of injury during training and competition and an understanding of the Australian Sports Drug Agency policies'.</i></b></p> <p>The primary aim of this module is to provide coaches with sound knowledge of the legal issues relating to their coaching and to allow them to identify and prioritise risks and plan for their minimisation.</p>	<ul style="list-style-type: none"> <li>• Reducing the incidence of injury in squash</li> <li>• Know the major legal areas relating to coaching squash</li> <li>• Minimising the risk of legal action</li> <li>• Supervise diligently</li> <li>• Drugs in Sport</li> </ul>	
Unit 5  Mental Preparation	<p><b><i>'I will be able to effectively use processes to implement individual and team goal setting strategies and to implement processes to develop squash team cohesion and spirit'.</i></b></p> <p>The primary aim of this module is to ensure that the coach will have the competence to develop individual and team outcome goals and implement the processes required for their achievement.</p>	<ul style="list-style-type: none"> <li>• Goal setting</li> </ul>	

## Coach Development Framework 2013 - 2014

Unit 6 Training Programs	<p><b><i>'I will be able to implement lesson/session plans to utilise improvement in performance of club level players during competition and implement improvement strategies'.</i></b></p> <p>The primary aim of this module is to ensure the ability to develop and implement training and seasonal plans for the development of their players to analyse the competitive performance of players and develop improvement strategies.</p>	<ul style="list-style-type: none"> <li>• The Principles of Training</li> <li>• Factors affecting training</li> <li>• Assessment of player improvement</li> <li>• Assessment of player in long term development</li> </ul>	
Unit 7 Efficient Stroke Development	<p><b><i>'I will be able to apply the principles of stroke mechanics for the development of competitive strokes including drive, boast, drop, lob, volley, serve and return of serve utilising the use of technology and equipment appropriate to club level players'.</i></b></p> <p>The primary aim of this module is to ensure that the coach will have the understanding of stroke mechanics and technique issues along with knowledge of appropriate equipment and technology to assist the development of their club players.</p>	<ul style="list-style-type: none"> <li>• Strokes</li> <li>• Solo drills</li> <li>• Pair drills/ group drills (3 or more) routines</li> <li>• Restricted games &amp; mini-games</li> <li>• "Games approach" to progressions and development of skill</li> <li>• Coaching feedback on technical skills</li> <li>• Feeding skills</li> </ul>	

### SECTION 3 – Declaration (compulsory)

I declare that the evidence I have provided is a true and accurate record of my educational, work and life experiences:

Signature of Applicant:

Date:

### PAYMENT

Applicants must pay an RPL administration fee.

Amount Payable: \$

(Fee will be determined on a case by case basis. As a guide the cost will be approximately \$50 per hour required to assess the application. Candidate will be provided with an estimate upon submission.)

## Coach Development Framework 2013 - 2014

Club Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 1 - Being an Effective Squash Coach</b> <i>'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for club level players.'</i> The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective club development squash coach.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 2 - Administration and Management</b> <i>'I will be able to implement organisational processes to effectively administer all aspects of a club/centre squash team including record keeping, financial understanding/considerations, and promotional strategies.'</i> The primary aim of the module is to develop coaches with a sound understanding of administrative issues relevant to their role as a club development coach.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 3 - Communication</b> <i>'I will be able to communicate effectively to build positive relationships with players, parents, club/centre officials, squash organisations and others involved in physical activity and sport'.</i> The primary aim of the module is to coaches with a sound understanding of the principles of effectively communicating with all relevant stakeholders.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 4 - Risk Management and Legal Issues</b> <i>'I will have an understanding of legal responsibilities of a squash coach and the strategies to minimise the risk of injury during training and competition and an understanding of the Australian Sports Drug Agency policies'.</i> The primary aim of this module is to provide coaches with sound knowledge of the legal issues relating to their coaching and to allow them to identify and prioritise risks and plan for their minimisation.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	

## Coach Development Framework 2013 - 2014

Club Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 5 - Mental Preparation</b> <i>'I will be able to effectively use processes to implement individual and team goal setting strategies and to implement processes to develop squash team cohesion and spirit'.</i> The primary aim of this module is to ensure that the coach will have the competence to develop individual and team outcome goals and implement the processes required for their achievement.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 6 - Training Programs</b> <i>'I will be able to implement lesson/session plans to utilise improvement in performance of club level players during competition and implement improvement strategies'.</i> The primary aim of this module is to ensure the ability to develop and implement training and seasonal plans for the development of their players to analyse the competitive performance of players and develop improvement strategies.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 8 - Efficient Stroke Development</b> <i>'I will be able to apply the principles of stroke mechanics for the development of competitive strokes including drive, boast, drop, lob, volley, serve and return of serve utilising the use of technology and equipment appropriate to club level players'.</i> The primary aim of this module is to ensure that the coach will have the understanding of stroke mechanics and technique issues along with knowledge of appropriate equipment and technology to assist the development of their club players.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	



## Coach Development Framework 2013 - 2014

Club Development Squash Coach Program – RPL Assessor Form		Applicants Name:	
All performance criteria met: (please tick one) <input type="checkbox"/> Yes <input type="checkbox"/> No    (Please provide advice to the applicant of what evidence they are still required to supply)			
Date of Assessment:		Name of Assessor:	
Position:		Contact Number:	
Assessors Comments		Assessor Recommendations	

Talent Development Squash Coach Accreditation – RPL Application Form					
SECTION 1 – Personal Details					
Name:				Date of Birth:	
Address:			State:		Post Code: <span></span>
Phone:		Mobile:		Email:	
Club / Organisation:					
SECTION 2 – Evidence (compulsory)					
Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided		
Please list and supply evidence relating to each performance criteria in the form of education and training, work related and life experiences. Attach copies of documents and / or references to this application form.					
Unit 1 Squash Coaching Environment	<p><b><i>'I will be able to identify the aspects of the Squash Coaching Environment as they relate to the Australian Squash Organisations.'</i></b></p> <p>The primary aim of the module is to provide coaches with a sound understanding of the squash coaching environment and relationships with associated stakeholders.</p>	<ul style="list-style-type: none"> <li>• Program Overview</li> <li>• The Australian Squash Coach</li> </ul>			
Unit 2 Squash Safety	<p>At the end of this module: <b><i>'I will have an understanding of Squash Safety Strategies as they relate to the talent athletes in the sport.'</i></b></p> <p>The primary aim of the module is to ensure coaches have a sound understanding of the squash safety strategies as they relate to the talented players.</p>	<ul style="list-style-type: none"> <li>• Safe Coaching Practices</li> <li>• Risk Management &amp; Legal Responsibilities</li> <li>• Injury Prevention, Management and Rehabilitation.</li> </ul>			

## Coach Development Framework 2013 - 2014

Module / Unit Name	Learning Outcomes		Summary of evidence provided
Unit 3 Developing Perceptual Motor Skills	<p><b><i>'I will be able to identify the aspects of the various types of perception and recognition skills required to play competitive squash and incorporate them into skill development of the athlete.'</i></b></p> <p>The primary aim of the module is to provide coaches with an awareness of the various perceptual Motor Skills and how they can be applied to squash coaching.</p>	<p>(This learning outcome may include, but is not restricted to):</p> <ul style="list-style-type: none"> <li>• Definitions</li> <li>• Developing Decision Making Skills</li> <li>• Technical &amp; Tactical Skills</li> <li>• Physical Skills</li> <li>• Mental Skills</li> <li>• Skill Analysis using Technology</li> </ul>	
Unit 4 Planning Athlete Development	<p><b><i>'I will be able to identify the aspects of planning athlete development as they relate to the needs of the competitive squash player.'</i></b></p> <p>The primary aim of the module is to ensure coaches have the ability and understanding to plan specific sessions to meet a variety of objectives and to plan a detailed periodised training plan relevant to their players.</p>	<ul style="list-style-type: none"> <li>• Program design</li> <li>• Planning Athlete Development in relation to Sport Sciences and Information Services</li> <li>• Periodised Planning</li> </ul>	
Unit 5 Practical Coaching	<p><b><i>'I will be able to implement a range of drills and routines for the improvement of the competitive squash player's performance.'</i></b></p> <p>The primary aim of the module is to provide coaches with a sound understanding of the advanced squash coaching drills and routines as they apply to the competitive squash player.</p>	<ul style="list-style-type: none"> <li>• Squash Coaching</li> <li>• Teaching &amp; Learning, Communication &amp; Coach / Athlete relationship skills</li> <li>• Planning, Preparing &amp; Delivering</li> <li>• Business of Squash Coaching</li> <li>• Applying the use of technology in coaching</li> <li>• Coaching Specific Groups</li> </ul>	

## Coach Development Framework 2013 - 2014

Module / Unit Name	Learning Outcomes		Summary of evidence provided
Unit 6 Talent Development Coaching	<p><b><i>'I will be able to identify the key principles of talent development and implement assessment strategies.'</i></b></p> <p>The primary aim of the module is to ensure coaches are aware of the principle of talent development and long-term player development.</p>	<ul style="list-style-type: none"> <li>• Talent Development Coaching</li> <li>• Talent Identification assessment procedures</li> <li>• Models for talent identification</li> </ul>	
Unit 7 Player Welfare	<p><b><i>'I will be able to identify the means of gaining professional assistance appropriate to the needs of the competitive player.'</i></b></p> <p>The primary aim of the module is to provide coaches with a sound understanding of the access available to support services for their players and to effectively manage their own coaching commitments.</p>	<ul style="list-style-type: none"> <li>• Additional Factors</li> </ul>	
<b>SECTION 3 – Declaration (compulsory)</b>			
I declare that the evidence I have provided is a true and accurate record of my educational, work and life experiences:			
Signature of Applicant:			Date:
<b>PAYMENT</b>			
Applicants must pay an RPL administration fee.			
Amount Payable:	\$		
(Fee will be determined on a case by case basis. As a guide the cost will be approximately \$50 per hour required to assess the application. Candidate will be provided with an estimate upon submission.)			

## Coach Development Framework 2013 - 2014

Talent Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 1</b> <b>Squash Coaching Environment</b> <i>I will be able to identify the aspects of the Squash Coaching Environment as they relate to the Australian Squash Organisations.'</i> The primary aim of the module is to provide coaches with a sound understanding of the squash coaching environment and relationships with associated stakeholders.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 2</b> <b>Squash Safety</b> At the end of this module: <i>'I will have an understanding of Squash Safety Strategies as they relate to the talent athletes in the sport.'</i> The primary aim of the module is to ensure coaches have a sound understanding of the squash safety strategies as there relate to the talented players.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 3</b> <b>Developing Perceptual Motor Skills</b> <i>'I will be able to identify the aspects of the various types of perception and recognition skills required to play competitive squash and incorporate them into skill development of the athlete.'</i> The primary aim of the module is to provide coaches with an awareness of the various perceptual Motor Skills and how they can be applied to squash coaching.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	

## Coach Development Framework 2013 - 2014

Talent Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 4</b> <b>Planning Athlete Development</b> <i>'I will be able to identify the aspects of planning athlete development as they relate to the needs of the competitive squash player.'</i> The primary aim of the module is to ensure coaches have the ability and understanding to plan specific sessions to meet a variety of objectives and to plan a detailed periodised training plan relevant to their players.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 5</b> <b>Practical Coaching</b> <i>'I will be able to implement a range of drills and routines for the improvement of the competitive squash player's performance.'</i> The primary aim of the module is to provide coaches with a sound understanding of the advanced squash coaching drills and routines as they apply to the competitive squash player.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 6</b> <b>Talent Development Coaching</b> <i>'I will be able to identify the key principles of talent development and implement assessment strategies.'</i> The primary aim of the module is to ensure coaches are aware of the principle of talent development and long-term player development.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	

## Coach Development Framework 2013 - 2014

Talent Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 7</b> <b>Player Welfare</b> <i>'I will be able to identify the means of gaining professional assistance appropriate to the needs of the competitive player.'</i> The primary aim of the module is to provide coaches with a sound understanding of the access available to support services for their players and to effectively manage their own coaching commitments.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
All performance criteria met: (please tick one) <input type="checkbox"/> Yes <input type="checkbox"/> No    (Please provide advice to the applicant of what evidence they are still required to supply)						
Date of Assessment:			Name of Assessor:			
Position:			Contact Number:			
Assessors Comments			Assessor Recommendations			



Performance Development Squash Coach Accreditation – RPL Application Form					
SECTION 1 – Personal Details					
Name:				Date of Birth:	
Address:			State:		Post Code: <span></span>
Phone:		Mobile:		Email:	
Club / Organisation:					
SECTION 2 – Evidence (compulsory)					
Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided		
Please list and supply evidence relating to each performance criteria in the form of education and training, work related and life experiences. Attach copies of documents and / or references to this application form.					
Unit 1 The Australian Squash Coaching Environment	<p><b><i>'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for all levels of players.'</i></b></p> <p>The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective performance development squash coach.</p>	<ul style="list-style-type: none"> <li>• The Role of the Performance Development Coach &amp; Program Overview</li> <li>• Talent ID &amp; Development: Principles, Structures &amp; Systems</li> <li>• Use of Sports Science &amp; Information Services and Systems</li> <li>• Legal Responsibilities &amp; Risk Management for Coaching</li> </ul>			
Unit 2 Management of the training process for talented athletes	<p><b><i>'I will be able to implement management and design skills consistent with these models for managing and developing talented athletes'</i></b></p> <p>The primary aim of the module is to identify and explain on coaches' sound knowledge in relation to the training processes for talented athletes.</p>	<ul style="list-style-type: none"> <li>• Models for Managing &amp; Developing Talented Athletes</li> <li>• Models for Designing &amp; managing Training Programs</li> </ul>			

## Coach Development Framework 2013 - 2014

Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided
Unit 3 Management & Leadership Skills for High Performance Coaches	<b><i>'I will be able to apply skills in human resource management and leadership related to maximising the contribution of a support team.'</i></b> The primary aim of the module is to have coaches demonstrate human resource management and leadership skills.	<ul style="list-style-type: none"> <li>• Management &amp; Leadership of an Integrated Support Team</li> <li>• Time &amp; Stress Management for Performance Development Coaches</li> </ul>	
Unit 4 Teaching, Communication & Coach-athlete Relationship Skills	<b><i>'I will be able to select and employ appropriate various teaching and communication styles that enhance skill acquisition and the coach-athlete relationship.'</i></b> The primary aim of this module is to ensure coaches understand and employ appropriate teaching and communication styles that enhance the performance of talented players.	<ul style="list-style-type: none"> <li>• Teaching Skills &amp; Styles that Enhance Skill Acquisition</li> <li>• Communication &amp; Coach-Athlete Relationship Skills</li> </ul>	
Unit 5 Planning Athlete Development	<b><i>'I will be able to effectively implement and supervise training programs over a full season.'</i></b> The primary aim of this module is to ensure that the coach will have the competence to develop training programs and implement the processes required for player performance and achievement.	<ul style="list-style-type: none"> <li>• Long Term Athlete Planning and Design of Integrated Periodised Yearly Training Programs</li> <li>• Designing Macro-Cycle &amp; weekly Training Programs</li> <li>• Designing Recovery Programs (Including Sports Massage)</li> </ul>	

## Coach Development Framework 2013 - 2014

Module / Unit Name	Learning Outcomes	Summary of evidence provided
Unit 6 Developing Athletic Abilities for Competition Performance	<p><b><i>'I will be able to apply, implement and demonstrate the management principles and approaches related to coaching advice for the benefit of talented players before, during and after competition'.</i></b></p> <p>The primary aim of this module is to ensure the coach is able to apply appropriate management principles and coach related advice to enhance the performance of the talented player before, during and after competition.</p>	<ul style="list-style-type: none"> <li>• Developing Psychological Skills</li> <li>• Developing Perceptual-Motor Skills</li> <li>• Developing Physical Skills</li> </ul>
Unit 7 Additional Factors affecting Performance	<p><b><i>'I will be able to identify and employ additional factors affecting performance of talented athletes that address pre-training and competition demands.'</i></b></p> <p>The primary aim of this module is to ensure that the coach will have the knowledge to be able to identify, assess and implement additional factors affecting the performance of their players in competition.</p>	<ul style="list-style-type: none"> <li>• Nutritional Requirements</li> <li>• Drug Testing &amp; Ergogenic Aids (Drugs, Supplements, etc.)</li> <li>• Environmental Factors (Heat Stress, Jet Lag, etc.)</li> <li>• Injury Prevention &amp; Rehabilitation</li> </ul>
<b>SECTION 3 – Declaration (compulsory)</b>		
I declare that the evidence I have provided is a true and accurate record of my educational, work and life experiences:		
Signature of Applicant:		Date:
<b>PAYMENT</b>		
Applicants must pay an RPL administration fee.		
Amount Payable:	\$	
(Fee will be determined on a case by case basis. As a guide the cost will be approximately \$50 per hour required to assess the application. Candidate will be provided with an estimate upon submission.)		

## Coach Development Framework 2013 - 2014

Performance Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 1</b> <b>The Australian Squash Coaching Environment</b> <i>'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for all levels of players.'</i> The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective performance development squash coach.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 2</b> <b>Management of the training process for talented athletes</b> <i>'I will be able to implement management and design skills consistent with these models for managing and developing talented athletes'</i> The primary aim of the module is to identify and explain on coaches' sound knowledge in relation to the training processes for talented athletes.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 3</b> <b>Management &amp; Leadership Skills for High Performance Coaches</b> <i>'I will be able to apply skills in human resource management and leadership related to maximising the contribution of a support team'.</i> The primary aim of the module is to have coaches demonstrate human resource management and leadership skills.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	

## Coach Development Framework 2013 - 2014

Performance Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 4</b> <b>Teaching, Communication &amp; Coach-athlete Relationship Skills</b> <i>'I will be able to select and employ appropriate various teaching and communication styles that enhance skill acquisition and the coach-athlete relationship.'</i> The primary aim of this module is to ensure coaches understand and employ appropriate teaching and communication styles that enhance the performance of talented players.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 5</b> <b>Planning Athlete Development</b> <i>'I will be able to effectively implement and supervise training programs over a full season.'</i> The primary aim of this module is to ensure that the coach will have the competence to develop training programs and implement the processes required for player performance and achievement.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	

## Coach Development Framework 2013 - 2014

Performance Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
<b>Unit 6</b> <b>Developing Athletic Abilities for Competition Performance</b> <i>'I will be able to apply, implement and demonstrate the management principles and approaches related to coaching advice for the benefit of talented players before, during and after competition'.</i> The primary aim of this module is to ensure the coach is able to apply appropriate management principles and coach related advice to enhance the performance of the talented player before, during and after competition.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	
<b>Unit 7</b> <b>Additional Factors affecting Performance</b> <i>'I will be able to identify and employ additional factors affecting performance of talented athletes that address pre-training and competition demands.'</i> The primary aim of this module is to ensure that the coach will have the knowledge to be able to identify, assess and implement additional factors affecting the performance of their players in competition.	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	<input type="checkbox"/> Yes  <input type="checkbox"/> No	

## Coach Development Framework 2013 - 2014

<b>Performance Development Squash Coach Program – RPL Assessor Form</b>		<b>Applicants Name:</b>	
All performance criteria met: (please tick one) <input type="checkbox"/> Yes <input type="checkbox"/> No    (Please provide advice to the applicant of what evidence they are still required to supply)			
Date of Assessment:		Name of Assessor:	
Position:		Contact Number:	
Assessors Comments		Assessor Recommendations	

Page 4 – Performance Development Squash Coach Program RPL Assessor Form



## Coach Development Framework 2013 - 2014

### High Performance Development Squash Coach Accreditation – RPL Application Form

#### SECTION 1 – Personal Details

Name:				Date of Birth:		
Address:				State:		Post Code:
Phone:		Mobile:		Email:		
Club / Organisation:						

#### SECTION 2 – Evidence (compulsory)

Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
1. Hold current SA/NCAS Performance Development Coaching Accreditation	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
2. Be a member of the official Australian Squash Team coaching staff for the WSF World Squash Championships and/or Commonwealth Games for the performance being claimed in criteria 3.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
3. Have coached an athlete to a minimum of two (2) individual or team final medals at the WSF World Championships and /or Commonwealth Games and/ or be appointed the Head Coach of the National Team for the WSF Teams World Championships or the Commonwealth Games, in either Junior or Senior age groupings.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
4. Membership through a professional organisation that has a code of conduct for coaches and is affiliated to Squash Australia. SACS or the PSCAA are examples of such organisations.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	

### SECTION 3 – Declaration (compulsory)

I declare that the evidence I have provided is a true and accurate record of my educational, work and life experiences:

Signature of Applicant:

Date:

### PAYMENT

Applicants must pay a SA/ NCAS administration fee.

Amount Payable:

\$

## **2.9 Fast Tracking Candidates**

Squash Australia provides Australian recognized representative players with the opportunity to 'fast track' components of the National Coach Accreditation by recognising their knowledge and skills in the practical aspects of squash.

### **(a) Foundation Squash Coach Accreditation**

- Players are required to complete the online Foundation Coaching Course as normal including the appropriate Integrity requirements.
- Players are not required to attend a Foundation course in person nor undertake practical assessment

### **(b) Club Development Coach Accreditation**

- Squash Australia will provide RPL for the Club Development Coach Accreditation Program – players are not required to attend this course.
- Players must undertake a practical assessment and be deemed competent in all criteria to be awarded the accreditation. This should be arranged via your State/Territory Coach Development Manager.
- Club Development Coaching Program Practical Assessment:
  - Teach a squash skill demonstrating the steps of skill progression.
  - Complete the session plan.
  - 15 minute coaching task presented either individually or with a partner.
- Players are also required to complete the appropriate Integrity requirements.

### **(c) Talent Development Coach Accreditation**

- Squash Australia will provide players with the option to complete the Intermediate General Principles via correspondence (free of charge).
- Players are required to attend the entire Talent Development Coach Accreditation Program.
- Players are also required to complete the appropriate Integrity requirements.

### **(d) Performance Development Coach & High Performance Coach Accreditation**

- Squash Australia will provide RPL for modules directly relating to a player's specific area of play and experience only.
- Players are also required to complete the appropriate Integrity requirements.

## **2.10 Access and Equity**

To promote access and equity, all Squash Australia Coaching Programs will:

- Have no entry restrictions other than an age limit and previous coaching prerequisites.
- Be flexible in assessment tasks to allow those with special needs to undertake alternative forms of assessment.

### 2.11 Records

Squash Australia and all State/Territory Member Organisations are required to keep an updated list of the coach's name, address, phone/fax number, email address, level of accreditation and expiry date. These records will be kept on a central database.

### 2.12 Completion

Participants must complete all assessment tasks related to the program within the time limits outlined below, otherwise NO accreditation will be granted.

Program	Completion Time
Foundation Squash Coach Program	12 months from commencement date
Club Development Coach Program	12 months from commencement date
Talent Development Coach Program	2 years from commencement date
Performance Development Coach Program	2 years from commencement date
High Performance Development Coach	Recognition Level

If participants do not complete the tasks within the required time frame and wish to attain accreditation, the entire program will have to be completed again. This will result in additional program fees to be paid by the participant.

**2.13 Updating**

Program	Completion Time
Foundation Squash Coach Program	<ul style="list-style-type: none"> <li>Complete another Foundation Squash Coaching Program within four years OR</li> <li>Complete the Club Development Coaching Program within four years OR</li> <li>Achieve 100 points of updating activity over a four-year period.</li> </ul>
Club Development Coach Program	<ul style="list-style-type: none"> <li>Complete another Club Development Coaching Program within four years OR</li> <li>Complete the Talent Development Coaching Program within four years OR</li> <li>Achieve 100 points of updating activity over a four-year period.</li> </ul>
Talent Development Coach Program	<ul style="list-style-type: none"> <li>Complete another Talent Development Coaching Program within four years OR</li> <li>Complete the Performance Development Coaching Program within four years OR</li> <li>Achieve 100 points of updating activity over a four-year period.</li> </ul>
Performance Development Coach Program	<ul style="list-style-type: none"> <li>Complete another Performance Development Coaching Program within four years OR</li> <li>Receive recognition as a High Performance Development Coach OR</li> <li>Achieve 100 points of updating activity over a four-year period.</li> </ul>
High Performance Development Coach	<ul style="list-style-type: none"> <li>Recognition Level</li> <li>Continue to engage at the National/International Representative Levels of Squash Championships</li> <li>Achieve 100 points of updating activity over a four-year period.</li> </ul>

**(a) Updating Activities**

- 60% of the required updating hours for each level should be completed through practical coaching.
- Practical coaching can be undertaken with any level of athlete or team or official and may occur on a regular basis (weekly, fortnightly) or in specific situations such as camps, clinics.
- Special consideration may be granted by the Coaching Director/Development Manager within each State/Territory for coaches who are not coaching a player, but who are involved heavily within coach education, in order for them to fulfil updating requirements. In these cases a detailed letter outlining their current involvement within coach education should be submitted to the relevant State/Territory Member Organisation.

**(b) Re-accreditation**

- Applications for re-accreditation should be made to the Coaching Director / Development Manager within each State/Territory prior to the accreditation expiry date.
- Applications for re-accreditation must be accompanied by a completed log-book and updating payment.
- Applications for re-accreditation will be accepted for up to 12 months following the expiry date the accreditation.
- Once an accreditation has expired for a period greater than 12 months, re-accreditation cannot occur via the updating system.
- Special consideration may be granted by the Coaching Director within each State/Territory for coaches that have not met the updating criteria.

For a detailed explanation of updating see the Squash Australia Update Criteria – Appendix 1

**SECTION 3: COMPETENCY STATEMENTS AND ASSESSMENT – FOUNDATION SQUASH COACH**

---

**3.1 Foundation Squash Coach Program Competency Statements**

- Explain the role, legal obligations and ethical responsibilities of a foundation squash coach.
- Identify sport or activity specific risks and principles of risk management related to coaching.
- Select coaching methods and activities appropriate to participant needs and characteristics.
- Safely conduct a coaching session, ensuring fun, learning and maximum participation through games and activities.
- Utilise a range of communication skills and behaviour management strategies to help participants learn basic skills and tactics.
- Develop strategies to build effective working relationships with parents, officials and sports administrators.
- Review coaching sessions and own performance to identify improvements.
- Understand delivery of Squash Australia's recognized entry level programs of squash.

**3.2 Assessment**

All participants are required to undertake the online course which involves readings, an exam, and external course and background check.

**(a) Online Readings**

Readings provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principles units. All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the course.

- Participants are permitted to access all course materials and may consult with others when completing the online readings
- Participants may submit the online exam as many times as necessary to meet the requirements of the assessment task.

**3.3 Accreditation Fees**

The cost of Accreditation is \$39, payable to Squash Australia.

**3.4 Summary of Administrative Requirements**

- Once all program assessment requirements have been satisfied, a Foundation candidate coach must provide:
  - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
  - b. Complete payment of the program including the above-mentioned accreditation fee.
  - c. Evidence of current state/territory membership
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Waiver form and provide this to the Assessor.
- All these requirements must be submitted online at [www.elearning.squash.org.au](http://www.elearning.squash.org.au)

**SECTION 4: COMPETENCY STATEMENTS AND ASSESSMENT – CLUB DEVELOPMENT COACH**

---

**4.1 Club Development Coach Program Competency Statements**

- Provide a safe environment in order to prepare the player to compete successfully at club/ interclub/ school environment.
- Provide positive direction by implementing; efficient organisation of training, administrative and risk management strategies within an (team, squad, club/ centre) environment.
- Display effective communication skills in the broader squash community.
- Implement a program that will cater for the short and long-term development of all players within a Club/Centre environment.
- Apply basic training principles to the development of a competitive player, while taking into consideration maturational and developmental considerations
- More effectively identify and apply corrective techniques to improve the stroke for competition involvement
- Improve player performance by applying a training program that meets physiological, technical, and psychological requirements
- Apply self-management skills

**4.2 Assessment**

All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the course outline.

**(a) Worksheets**

Worksheets provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principles units. An answer guide is available to presenters/assessors. All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the course.

- Participants are permitted to access all course materials and may consult with others when completing the worksheets
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

**(b) Session Plan**

The development of a session plan is aimed at assessing the participant's ability to plan for a coaching session. The session plan is used as both a learning and assessment tool. An assessment checklist is available to deliverers (presenters/assessors).

- Participants are permitted to access all course materials and may consult with others when completing the session plan
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task

**(c) Practical Coaching Task**

The practical coaching tasks are aimed at assessing the participant's practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both a learning and assessment tool.



- The coaching task should be of at least 10-15 minutes duration. Any level of player may be involved, and program participants should preferably not be used as the players, however can be used when necessary.
- An assessment checklist is provided on which deliverer (assessors) should check the skills/competencies that the coach must demonstrate. The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.
- Any level of player may be involved in the practical coaching task. Through necessity this may include program participants as athletes.

**(d) Assessment Arrangements**

The assessment activity will take place as part of the Club Development Coaching Program. All equipment will be provided as part of the program. Participants may be required to be the players for the assessment task.

**4.3 Accreditation Fees**

The cost of Accreditation is \$49, payable to Squash Australia. This fee is included in your program cost and is not paid separate by the coach.

**4.4 Summary of Administrative Requirements**

- Once all program assessment requirements have been satisfied, a Club Development candidate coach must provide the Assessor with:
  - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
  - b. Complete payment of the program including the above-mentioned accreditation fee.
  - c. Evidence of current state/territory membership
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Waiver form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the State/Territory Coach Education Coordinator for checking and submitting to Squash Australia.
- The State/Territory Coach Education Coordinator will submit all required paperwork to the Squash Australia Education Department for checking and final approval before the coach is accredited.

**SECTION 5: COMPETENCY STATEMENTS AND ASSESSMENT – TALENT DEVELOPMENT COACH**

---

**5.1 Talent Development Coach Program Competency Statements**

- Analyse the intermediate skills of Squash
- Identify preferred teaching methods and coaching styles to develop the intermediate skills of Squash
- Demonstrate effective communication strategies
- Identify the coaching points relating to the identified skill and detect the common faults
- Plan, organise, conduct and control a skills session
- Demonstrate an awareness of safety in terms of equipment and players
- Demonstrate the concept of sequential skill progression
- Demonstrate the concepts behind the detection and correction of faults
- Describe when to use a coachable moment
- Provide appropriate and relevant feedback during practical sessions
- Understand the role of the mentor coach and establish practical strategies to enhance individual coaching.

**5.2 Assessment**

All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the program outline.

**(a) Worksheets**

Worksheets provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principles units. An answer guide is available to deliverers (presenters/assessors). All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the program.

- Participants are permitted to access all program materials and may consult with others when completing the worksheets
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

**(b) Session Plan**

The development of a session plan is aimed at assessing the participant's ability to plan for a coaching session. The session plan is used as both a learning and assessment tool. An assessment checklist is available to deliverers (presenters/assessors).

- Participants are permitted to access all course materials and may consult with others when completing the session plan
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task

**(c) Practical Coaching Task**

The practical coaching tasks are aimed at assessing the participant's practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both a learning and assessment tool.

- The coaching task should be 30 – 40 minutes duration. Any level of player may be involved, and course participants should preferably not be used as the players, however can be used when necessary.
- An assessment checklist is provided on which assessors should check the skills/competencies that the coach must demonstrate. The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.
- Any level of player may be involved in the practical coaching task. Through necessity this may include program participants as players.

**(d) Assessment Arrangements**

The assessment activity will take place as part of the Talent Development Coaching Program. All equipment will be provided as part of the program. Participants may be required to be the players or provide players for the assessment task.

**5.3 Accreditation Fees**

The cost of Accreditation is \$59, payable to Squash Australia. This fee is included in your program cost and is not paid separate by the coach.

**5.4 Summary of Administrative Requirements**

- Once all program assessment requirements have been satisfied, a Talent Development candidate coach must provide the Assessor with:
  - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
  - b. Complete payment of the program including the above-mentioned accreditation fee.
  - c. Evidence of current state/territory membership
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Wavier form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the Squash Australia Education Department for checking and final approval before the coach is accredited.

## **SECTION 6: COMPETENCY STATEMENTS AND ASSESSMENT – PERFORMANCE DEVELOPMENT COACH**

### **6.1 Performance Development Coach Program Competency Statements**

- Teach and develop the advanced skills of Squash
- Analyse athlete performance and provide appropriate technical corrections
- Apply advance tactics and strategies of Squash in a competitive situation
- Apply the rules of Squash in skill sessions and game strategy planning
- Analyse match play styles and systems
- Safely program and monitor conditioning training for Squash
- Assess and monitor the development and well-being of the athlete
- Implement policies associated with risk management within Squash
- Use appropriate communication to meet the needs of the situation
- Adopt coaching practices, program and activities to cater for the individual needs of all players, including players from specific populations.

### **6.2 Pre-requisites Requirements**

- ASC Mentoring Course or equivalent;  
*Note: Candidate coaches can request Recognition of Prior Learning (RPL) or Recognition of Current Competency (RCC) for this component from an approved service provider.*
- Other pre-requisites may, from time to time be prescribed by the Squash Australia Education Department. (As a general approach Coach Candidates are asked to supply evidence of coaching engagement of players currently engaged with who are either in or not in the Australian Performance Pathway – both senior and junior. Evidence can be supplied via a list of players, number of times coaching over a given period, what events they have entered and results. Support by letters of reference from the listed players).

### **6.3 Assessment Requirements**

- All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the program outline.
- Be deemed competent for the **practical coaching requirements** as set out in the Performance Development Coach Training Program.  
*Note: This is to be co-jointly assessed by the Squash Australia Education Department (non-specific squash skills requirements), National Coach and Advanced Assessors (specific squash skills requirements).*
- Pass (100% minimum on all 4 sections) of the current Australian Rules Exam paper
- Pass the Australian Strength and Conditioning Association (ASCA) Level 1 Course
- Satisfactorily complete any program worksheets and/ or tasks set by the Advance Assessor or as deemed already competent via RPL/RCC via an Assessor (Evidence will be required).
- Satisfactorily pass all Performance Development Coach assessment assignments as follows:
  1. Sport Science & Info Services & Systems – Annotated Article
  2. Risk Management
  3. Teaching Skills and Styles
  4. Long Term Planning and Designing Macro-Cycle Plans
  5. Mental Skills Training
  6. Tactical Analysis
  7. Drills and Routines
  8. Flexibility Assessment
  9. Nutritional Requirements

These program assessment assignments can be completed via a range of assessment options according to preferred learning styles:

- a. A written assignment with guidelines provided
- b. A written submission claiming RPL or RCC
- c. A verbal response via an interview
- d. A verbal response via a “hot-seat”

The details of these assessment requirements will be provided to participants upon registration and commencement of the program.

#### **6.4 Practical Coaching Task**

The practical coaching tasks are aimed at assessing the participant’s practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both learning and an assessment tool.

- The coaching task should be 60 minutes in duration. Talent Development or above level players must be involved, and course participants should preferably not be used as the player, however can be when necessary.
- An assessment checklist is provided on which assessors should check the skills/competencies that the coach must demonstrate. The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.

#### **6.5 Accreditation Fees**

The cost of Accreditation is \$69, payable to Squash Australia. This fee is included in your program cost and is not paid separate by the coach.

#### **6.6 Summary of Administrative Requirements**

- Once all program assessment requirements have been satisfied, a Performance Development candidate coach must provide the Assessor with:
  - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
  - b. Complete payment of the program including the above-mentioned accreditation fee.
  - c. Evidence of current state/territory membership
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Waiver form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the Squash Australia Education Department for checking and final approval.

**SECTION 7: COMPETENCY STATEMENTS AND ASSESSMENT – HIGH PERFORMANCE DEVELOPMENT COACH**

**7.1 High Performance Development Coach Competency Statements**

A High Performance Development Coach has the demonstrated ability to prepare players to successfully compete for medals at World Championships and/ or Commonwealth Games competitions as members of the Australian Squash Team.

A High Performance Development Coach also must demonstrate the sharing of their knowledge to the wider Australian Squash community, this includes too players, coaches and officials through Coaching conferences, and workshops.

**7.2 Pre-requisites Requirements**

- Qualified squash coaches may apply for a Squash Coach's Accreditation under the guidelines set and implemented by Squash Australia Ltd.
- Hold a current SA/NCAS Performance Development Coaching Accreditation.
- Be a member of Squash Australia Ltd.
- Coaches are subject to all member welfare policies including Squash Australia's Coaches Code of Behaviour and the Member Protection Policy.

**7.3 Assessment**

Applicants are assessed through application. The applicant will be required to apply, pay an application fee of \$79 Inc. GST, and supply sufficient evidence of achievement of the criteria.

This will be treated on an individual basis by a panel consisting of the Squash Australia Education Department, Squash Australia High Performance Department and the Squash Australia CEO and submitted to the SA Board for ratification through the Squash Australia Education Department or delegated officer.

**Applications forwarded in writing to:**

Squash Australia  
Attn: Education Department  
Office 9, Sports House  
150 Caxton Street  
Milton QLD 4064

**7.4 Updating**

Squash Australia's High Performance Development Coaches are required to maintain currency of knowledge and skills. To ensure this process is undertaken by all applicants and well monitored, coaches are to use existing guidelines located in the Appendix.

Accreditation is valid for 4 years.

## **SECTION 8: COACHING PRACTICES**

---

### **8.1 Mentoring/Supervision of Coaching Practice**

- (a) It is recommended that prospective coaches seek the assistance of a mentor coach in improving their coaching skills prior to/post the relevant accreditation program.

### **8.2 Mentoring/Supervisor Credit**

- (a) Mentors will receive credit towards their updating requirements.

## **SECTION 9: QUALITY CONTROL**

---

### **9.1 Monitoring Training Program Quality**

- (a) The following procedures will be put in place to ensure quality control of programs:
- Ongoing deliverer (presenter/assessor) training as outlined in 1.7.
  - Evaluation of presenters by program participants using program evaluation forms (Appendix 3).
  - Random visits managed by Squash Australia to State/Territory based programs to evaluate delivery of programs and deliverers.
  - Program Evaluation and Review Process
- (b) In addition to the evaluation proforma contained in Appendix 3 the following methods will be used to assess and review the program:
- Brief informal discussions with the program deliverers will follow the program. These discussions will focus on the organisation of the program and the need for changes to the delivery methods.
  - Data on numbers of participants completing this program, and progressing to the next level will be analysed on a regular basis.
  - The program will undergo a thorough review every four years, and input sought from State/Territory Coaching Directors and Squash Australia Coach Development Advisory Group members. Appropriate amendments will be made and the program will be submitted to the ASC for renewed registration.

### **9.2 Squash Australia Education Working Group**

- (a) Squash Australia Education Working Group will consist of the following representatives:
- Squash Australia Education Coordinator.
  - Various nominated people as approved by Squash Australia
  - Up to 3 Talent Development Coaches or Higher with one of the following;
    - Coach Education experience
    - Sport Science experience
    - National/International coaching experience.
- (b) The Working Group will be established every four years to review Squash Australia's Coaching Programs.
- (c) Additional experts may be consulted as part of the review process.
- (d) All review recommendations to be submitted to the Squash Australia Education Department for final approval.



**SECTION 10: IMPLEMENTATION STRATEGY**

---

**10.1 Existing Coaches Transition to the Coach Development Framework.**

The reaccreditation and transition of existing coaches are Squash Australia's main priorities for coaches to be recognized under the New Coach Development Framework in 2018.

Squash Australia will host a National Coaches Conference early in 2018 and encourage each state and territory to host a State Coaches Conference throughout 2018, to promote reaccreditation and enable the transition of existing to the Coach Education Framework. The Squash Australia Education Department will communicate individually with the state/territories to arrange dates for delivery.

All current accredited coaches will be contacted via either email to ensure the message of the change is communicated. Recent expired coaches dating back 2 years will also be encouraged to engage in the transition process. Beyond the 2 year period will be considered too long out of accreditation and is the responsibility of the State/Territory Association to ensure of their attendance at the initial conference.

Following the initial coaching conferences, it is the responsibility of the coach to ensure that they receive an orientation to the Coach Development Framework by course deliverers or State/Territory Coach Education Coordinators before reaccreditation is approved.

**10.2 Accreditation Dates under the Coach Development Framework.**

Current accredited coaches will maintain their same accreditation and reaccreditation dates however will be recognized under the Coach Development Framework, following the attendance at initial National or State/Territory Coaching Conference.

**10.3 Recognition of Coaching Levels in the Coach Development Framework**

Please refer to the figure 10.3. The Coach Development Framework has been written with the ASC's FTEM Framework in mind. The recognition and transition of existing coaches is represented in figure 10.3. Coaches engaged in State/Territory pathways should note additional requirements before transition is complete.

**10.4 State/Territory Coach Educational Coordinators**

Each State and Territory will be invited to identify a State/Territory Coach Educational Coordinator for their Association. This representative coordinator assists in the coordination of all Coach Education for their appropriate state or territory. Their role is supported by Squash Australia through training and development to ensure appropriate qualifications recognized by the Australian Sports Commission, Squash Australia and Industry Standards are in place.

The Coach Educational Coordinators are only responsible for Coach Education matters state or territory level and are reportable to the Squash Australia Education Department. Their role includes, but not restricted to the coordination of Club Development Programs, verification of Squash Specific Coaching assessments and administrative requirements (this includes RPL/RCC requirements) before the application is forwarded through to Squash Australia for final processing.

## Coach Development Framework 2018

Talent and Performance Development Coach Programs are coordinated and administrated (including all Fast Tracking Candidates; RPL/RCC and course deliverer's applications) by Squash Australia and in conjunction with the Performance Pathway requirements. Coaches wishing to participate in these levels of training are required to be recognized by both the State/Territory and Squash Australia through their engagement with the athlete's pathway. State/Territory Educational Coordinators may be engaged by Squash Australia to assist in the delivery and assessments of these programs.

### 10.5 Secondary Priorities under the Coach Development Framework

- a) Delivery of Coach Programs – States and Territories are encouraged to focus on retention and up-skilling of existing coaches before scheduling new coach programs.
- b) Increased uptake and use of the Squash Australia eLearning portal for the early levels of coach development.
- c) Increase the completion rate in higher level courses (Talent Development) in order to help remove the bottle-necking of coaches in lower levels
- d) Establishment of online program registration – Enrolment via the Squash Australia web portal to assist in the uptake of program participants and streamlined administrative procedures.
- e) Increased communications opportunities amongst coaches such as at regular conferences.

### 10.6 New Coach Development Framework Implementation Strategy Timeline

December 2017	<ul style="list-style-type: none"> <li>Coach Development Framework to be submitted and registered with the ASC.</li> </ul>
February 2018	<ul style="list-style-type: none"> <li>National Coaching Conference</li> <li>Training of Coach Education Deliverers</li> <li>Education Working Group meeting</li> </ul>
March 2018 onwards	<ul style="list-style-type: none"> <li>Continuation of Orientation to the updated Coach Development Framework delivered by States and Territories.</li> <li>World Coaches Conference – assisting with the development of higher level coaches</li> <li>Review of process</li> </ul>

**SECTION 11: APPENDIX**

---

APPENDIX 1 – UPDATE CRITERIA

APPENDIX 2 – PRACTICAL ASSESSMENT FORM

APPENDIX 3 – PARTICIPANT EVALUATION FORM

APPENDIX 4 – GENERAL CODE OF BEHAVIOUR

APPENDIX 5 – COACH CODE OF BEHAVIOUR

APPENDIX 6 – PROTECTIVE EYEWEAR INDEMNITY & WAIVER FORM

APPENDIX 7 – CANDIDATE INFORMATION & TRAINING FORM

APPENDIX 8 – COACH APPLICATION

**APPENDIX 1**
**SQUASH AUSTRALIA CLUB DEVELOPMENT COACH PROGRAMS - UPDATE CRITERIA**

Squash Australia Squash Coaching Accreditation is valid for four (4) years. The period starts when a Squash Australia certificate of accreditation is issued.

**Updating Points Table**

For explanations of the point structure please see the end of the following page.

- A. Squash Specific Practical Coaching. Hours can be obtained from your RECORDED COACHING HOURS in YOUR ASC "UPDATE" LOGBOOK.

1. Coaching Practice (Hands On):	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a) Any Accredited Coaches	2/ Hr				
b) Regional Coaches (Teams & Individuals)	2/ Hr				
c) State Coaches	2/ Hr				
d) Coach of State Teams (Junior &/or Senior)	20				
			Section A. Total =		
<b>B. Squash Specific Updating Activities</b> (* Supporting documentation to be attached if available)					
1. Coaching Course Attendance:	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a) Attend an Accreditation Course at the NEXT Level	100				
b) Attend an Accreditation Course at the SAME Level	100				
c) Attend a National Coaching Conference	20				
d) Attend an AIS High Performance Coaching Seminar	20				
e) Attend a SCD's or Course Presenters Workshop	20				
f) *Attend a PSCAA, State Body Affiliate or any other Organized Workshop/ Seminar/ Lecture (approved topics below)	V				
<b>2. Refereeing Courses:</b>					
a) Attend a Refereeing/Rules Seminar or Lecture	V				
b) Attain or Retain State of National Refereeing Badge.	10				
<b>3. Presentations (Lectures/Seminars/Workshops):</b>					
a) Presentation at Level 1 NCAS Course	2/ Hr				
b) Presentation at National Coaching Conference	2/ Hr				
c) Presentation at Refereeing/Rules Course or Seminar	1/ Hr				
d) Presentation at State Coaching Directors' Workshop	1/ Hr				
e) *Presentation at any other Squash Specific Course, Seminar or Workshop (approved topics below)	1/ Hr				
<b>4. Supervision of Practical Coaching:</b>					
a) Supervision of Apprentice or Candidate Coaches	4/ Hr				
<b>5. Accreditation as a Course Presenter and/ or Assessor at Level 1</b>	20				
			Section B Total =		

## Coach Development Framework 2018

C. General Sports Updating Activities						
<i>* Supporting documentation to be attached if available</i>						
1. Attendance at Coaching Courses:		Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a) ASC/AIS Coaches Seminars		10				
b) Level 1 ASCA Strength & Condition. Coach Course		10				
c) Level 2 ASCA Strength & Condition. Coach Course		20				
*d) Other ASC Coach Education Course (topics below)		V				
e) Other General Sports Coaching Course/ Workshop/ Seminar/ Lecture (approved topics below)		V				
<b>2. Sports Related Tertiary Study:</b>						
Human Movement Studies	b) Physical Education	10/ Unit				
c) Recreation Management	d) Administration.					
<b>3. Attendance at Other Sports Related Courses:</b>						
a) First Aid Course		20				
b) Sports Trainers Course:	Level 1	20				
	Level 2	40				
*c) Cardio-Pulmonary Resuscitation (CPR) Course		V				
*d) Other Sport Related Educational Course/ Lecture/ Seminar/ Workshop (approved topics below).		V				
<b>4. Presentations (Lectures/Seminars/Workshops):</b>						
a) Present at sports related coach education course		2/ Hr				
			Section C. Total =			
			Total (A + B + C) =			
<b>* - APPROVED &amp; SUGGESTED TOPICS for COURSES/ WORKSHOPS/ SEMINARS/ LECTURES/ Etc.:</b>						
1. Energy Demands		6. Injury Management		11. Human Resource Management		
2 Strength Training		7. Safety Procedures/Injury Prevention		12. Relating to the Media		
3. Flexibility Training		8. Legal Liability		13. Use of Sports Science & Information Services		
4. Nutritional Requirements		9. Talent Identification & Development		14. Psychological/Mental Skills Training		
5. Recovery Programs		10. Leadership Skills		15. Personnel Management		
<b>CODES</b>						
P/H – Points per Hour		NA – Not Applicable		PSCAA – professional Squash Coaches Ass of Australia		
<b>V – Variable Points as follows:</b>		<b>FOUNDATION &amp; CLUB DEVELOPMENT COACH</b>	<b>TALENT DEVELOPMENT COACH</b>	<b>PERFORMANCE DEVELOPMENT &amp; HIGH PERFORMANCE COACH</b>		
• 2 Day Course/Seminar/Workshop		20	10	5		
• 1 Day Course/Seminar/Workshop		10	5	5		
• 1-3 Hour Lecture		2 P/H	1 P/H	1 P/H		

## Coach Development Framework 2018

### SQUASH AUSTRALIA TALENT DEVELOPMENT COACH PROGRAM - UPDATE CRITERIA

Squash Australia Squash Coaching Accreditation is valid for four (4) years. The period starts when a Squash Australia certificate of accreditation is issued.

#### Updating Points Table

For explanations of the point structure please see the end of the following page.

- B. Squash Specific Practical Coaching. Hours can be obtained from your RECORDED COACHING HOURS in YOUR ASC "UPDATE" LOGBOOK.

2. Coaching Practice (Hands On):	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
e) Any Accredited Coaches	1/ Hr				
f) Regional Coaches (Teams & Individuals)	1/ Hr				
g) State Coaches	1/ Hr				
h) Coach of State Teams (Junior &/or Senior)	20				
			Section A. Total =		
<b>B. Squash Specific Updating Activities</b> (* Supporting documentation to be attached if available)					
4. Coaching Course Attendance:	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
g) Attend an Accreditation Course at the NEXT Level	100				
h) Attend an Accreditation Course at the SAME Level	100				
i) Attend a National Coaching Conference	10				
j) Attend an AIS High Performance Coaching Seminar	10				
k) Attend a SCD's or Course Presenters Workshop	10				
l) *Attend a PSCAA, State Body Affiliate or any other Organized Workshop/ Seminar/ Lecture (approved topics below)	V				
<b>5. Refereeing Courses:</b>					
c) Attend a Refereeing/Rules Seminar or Lecture	V				
d) Attain or Retain State of National Refereeing Badge.	5				
<b>6. Presentations (Lectures/Seminars/Workshops):</b>					
f) Presentation at Level 1 NCAS Course	1/ Hr				
g) Presentation at National Coaching Conference	1/ Hr				
h) Presentation at Refereeing/Rules Course or Seminar	1/ Hr				
i) Presentation at State Coaching Directors' Workshop	1/ Hr				
j) *Presentation at any other Squash Specific Course, Seminar or Workshop (approved topics below)	1/ Hr				
<b>4. Supervision of Practical Coaching:</b>					
a) Supervision of Apprentice or Candidate Coaches	2/ Hr				
<b>5. Accreditation as a Course Presenter and/ or Assessor at Level 1</b>	10				
			Section B Total =		

## Coach Development Framework 2018

<b>C. General Sports Updating Activities</b> <i>* Supporting documentation to be attached if available</i>						
1. Attendance at Coaching Courses:		Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a) ASC/AIS Coaches Seminars		5				
b) Level 1 ASCA Strength & Condition. Coach Course		5				
c) Level 2 ASCA Strength & Condition. Coach Course		10				
*d) Other ASC Coach Education Course (topics below)		V				
e) Other General Sports Coaching Course/ Workshop/ Seminar/ Lecture (approved topics below)		V				
<b>2. Sports Related Tertiary Study:</b>						
Human Movement Studies	b) Physical Education	10/ Unit				
c) Recreation Management	d) Administration.					
<b>3. Attendance at Other Sports Related Courses:</b>						
a) First Aid Course		10				
b) Sports Trainers Course:	Level 1	10				
	Level 2	20				
*c) Cardio-Pulmonary Resuscitation (CPR) Course		V				
*d) Other Sport Related Educational Course/ Lecture/ Seminar/ Workshop (approved topics below).		V				
<b>4. Presentations (Lectures/Seminars/Workshops):</b>						
a) Present at sports related coach education course		1/ Hr				
			Section C. Total =			
			<u>Total (A + B + C) =</u>			
<b>* - APPROVED &amp; SUGGESTED TOPICS for COURSES/ WORKSHOPS/ SEMINARS/ LECTURES/ Etc.:</b>						
1. Energy Demands		6. Injury Management		11. Human Resource Management		
2 Strength Training		7. Safety Procedures/Injury Prevention		12. Relating to the Media		
3. Flexibility Training		8. Legal Liability		13. Use of Sports Science & Information Services		
4. Nutritional Requirements		9. Talent Identification & Development		14. Psychological/Mental Skills Training		
5. Recovery Programs		10. Leadership Skills		15. Personnel Management		
<b>CODES</b>						
P/H – Points per Hour		NA – Not Applicable		PSCAA – professional Squash Coaches Ass of Australia		
<b>V – Variable Points as follows:</b>		<b>FOUNDATION &amp; CLUB DEVELOPMENT COACH</b>	<b>TALENT DEVELOPMENT COACH</b>	<b>PERFORMANCE DEVELOPMENT &amp; HIGH PERFORMANCE COACH</b>		
• 2 Day Course/Seminar/Workshop		20	10	5		
• 1 Day Course/Seminar/Workshop		10	5	5		
• 1-3 Hour Lecture		2 P/H	1 P/H	1 P/H		

## Coach Development Framework 2018

### SQUASH AUSTRALIA PERFORMANCE DEVELOPMENT & HIGH PERFORMANCE DEVELOPMENT COACH PROGRAMS - UPDATE CRITERIA

Squash Australia Squash Coaching Accreditation is valid for four (4) years. The period starts when a Squash Australia certificate of accreditation is issued.

#### Updating Points Table

For explanations of the point structure please see the end of the following page.

- C. Squash Specific Practical Coaching. Hours can be obtained from your RECORDED COACHING HOURS in YOUR ASC "UPDATE" LOGBOOK.

3. Coaching Practice (Hands On):	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
i) Any Accredited Coaches	1/ Hr				
j) Regional Coaches (Teams & Individuals)	1/ Hr				
k) State Coaches	1/ Hr				
l) Coach of State Teams (Junior &/or Senior)	5				
			Section A. Total =		
<b>B. Squash Specific Updating Activities</b> (* Supporting documentation to be attached if available)					
7. Coaching Course Attendance:	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
m) Attend an Accreditation Course at the NEXT Level	100				
n) Attend an Accreditation Course at the SAME Level	100				
o) Attend a National Coaching Conference	5				
p) Attend an AIS High Performance Coaching Seminar	5				
q) Attend a SCD's or Course Presenters Workshop	5				
r) *Attend a PSCAA, State Body Affiliate or any other Organized Workshop/ Seminar/ Lecture (approved topics below)	V				
<b>8. Refereeing Courses:</b>					
e) Attend a Refereeing/Rules Seminar or Lecture	V				
f) Attain or Retain State of National Refereeing Badge.	5				
<b>9. Presentations (Lectures/Seminars/Workshops):</b>					
k) Presentation at Level 1 NCAS Course	1/ Hr				
l) Presentation at National Coaching Conference	1/ Hr				
m) Presentation at Refereeing/Rules Course or Seminar	1/ Hr				
n) Presentation at State Coaching Directors' Workshop	1/ Hr				
o) *Presentation at any other Squash Specific Course, Seminar or Workshop (approved topics below)	1/ Hr				
<b>4. Supervision of Practical Coaching:</b>					
a) Supervision of Apprentice or Candidate Coaches	1/ Hr				
<b>5. Accreditation as a Course Presenter and/ or Assessor at Level 1</b>					
	5				
			Section B Total =		



## Coach Development Framework 2018

<b>C. General Sports Updating Activities</b> <i>* Supporting documentation to be attached if available</i>						
1. Attendance at Coaching Courses:		Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a) ASC/AIS Coaches Seminars		5				
b) Level 1 ASCA Strength & Condition. Coach Course		5				
c) Level 2 ASCA Strength & Condition. Coach Course		5				
*d) Other ASC Coach Education Course (topics below)		V				
e) Other General Sports Coaching Course/ Workshop/ Seminar/ Lecture (approved topics below)		V				
<b>2. Sports Related Tertiary Study:</b>						
Human Movement Studies	b) Physical Education	5/ Unit				
c) Recreation Management	d) Administration.					
<b>3. Attendance at Other Sports Related Courses:</b>						
a) First Aid Course		5				
b) Sports Trainers Course:	Level 1	5				
	Level 2	10				
*c) Cardio-Pulmonary Resuscitation (CPR) Course		V				
*d) Other Sport Related Educational Course/ Lecture/ Seminar/ Workshop (approved topics below).		V				
<b>4. Presentations (Lectures/Seminars/Workshops):</b>						
a) Present at sports related coach education course		1/ Hr				
			Section C. Total =			
			<u>Total (A + B + C) =</u>			
<b>* - APPROVED &amp; SUGGESTED TOPICS for COURSES/ WORKSHOPS/ SEMINARS/ LECTURES/ Etc.:</b>						
1. Energy Demands		6. Injury Management		11. Human Resource Management		
2 Strength Training		7. Safety Procedures/Injury Prevention		12. Relating to the Media		
3. Flexibility Training		8. Legal Liability		13. Use of Sports Science & Information Services		
4. Nutritional Requirements		9. Talent Identification & Development		14. Psychological/Mental Skills Training		
5. Recovery Programs		10. Leadership Skills		15. Personnel Management		
<b>CODES</b>						
P/H – Points per Hour		NA – Not Applicable		PSCAA – professional Squash Coaches Ass of Australia		
<b>V – Variable Points as follows:</b>		<b>FOUNDATION &amp; CLUB DEVELOPMENT COACH</b>	<b>TALENT DEVELOPMENT COACH</b>	<b>PERFORMANCE DEVELOPMENT &amp; HIGH PERFORMANCE COACH</b>		
• 2 Day Course/Seminar/Workshop		20	10	5		
• 1 Day Course/Seminar/Workshop		10	5	5		
• 1-3 Hour Lecture		2 P/H	1 P/H	1 P/H		

## **APPENDIX 2**

### **PRACTICAL ASSESSMENT FORM**

#### **FOUNDATION COACHING COURSE PRACTICAL ASSESSMENT**

There is no longer a mandatory practical assessment component.

#### **CLUB DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT**

The competencies can be shown through a combination of practical demonstrations and theory/worksheets as part of the theory activities throughout the course. A practical demonstration of coaching skills is required, by teaching a skill to a group of players. The coaching task should be of at least 10 – 15 minutes in duration. Any level of club level player may be involved, and course participants should preferably be used as the players.

#### **TALENT DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT**

The competencies can be shown through a combination of practical demonstrations and theory/worksheets as part of the theory activities throughout the course. A practical demonstration of coaching skills is required, by teaching a skill to a group of players. The coaching task should be of at least 30 - 40 minutes in duration. Any level of player may be involved, and course participants should preferably **not** be used as the players. Assessors have the right to have more than one practical assessment at this level.

#### **PERFORMANCE DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT**

A 60 minute practical demonstration of coaching skills (excluding the warm-up) is required within a training environment. To successfully attain the Performance Development Coaching Accreditation the participant must be rated as competent on all aspects of the performance criteria. Identified talented players **must** be involved, and course participants should preferably **not** be used as the players in the practical assessment. Assessors have the right to have more than one practical assessment at this level.

#### **HIGH PERFORMANCE DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT**

Practical demonstrations of coaching skills within the National representative competition environment. Assessment of qualifications is recognition of coaching abilities and representation together with success.

## Coach Development Framework 2018

### PRACTICAL ASSESSMENT OF SQUASH COACH CANDIDATES

Name of Candidate: \_\_\_\_\_ Course Skill: \_\_\_\_\_ Evaluator: \_\_\_\_\_ Date: \_\_\_\_\_

CRITERIA	COMMENTS <i>(feedback for candidates – Remember Positive Feedback first then identified problems finish with a positive)</i>	COMPETENT	NOT YET COMPETENT
<b>I. INTRODUCTION</b> Clearly outlines the session: a) States the <b>OBJECTIVE</b> of the skill(s). b) Provides a <b>VALUE</b> for the skill(s). c) Adequately <b>DESCRIBES</b> how to do the skill(s). d) How the practice is to be <b>ORGANISED</b> . e) Introduction done in a <b>TIMELY, FLUID</b> & relaxed manner.	<b>O b V D O T F</b>		
<b>II. DEMONSTRATION</b> Clearly provide a demonstration of the skill to be performed: a) Skill(s) were performed correctly. b) Exercise was performed slowly enough with exaggerated movement to adequately to exhibit details of skill(s) (appeared “easy”). c) Provided a demonstration addressing more than one learning style. <b>Note: The coach may use player(s) to provide a demonstration of the skill(s).</b>			
<b>III. PROBLEM SOLVING</b> a) Responded correctly to problem(s). b) Reinforced proper technique with additional communication directly after problem(s). c) Provided a flexible understanding to achieving the requirements of the skill(s) through an understanding of different learning styles and/or coaching styles.			
<b>IV. CONTROL AND DELIVERY</b> a) Organised, safe and used time effectively to meet performance requirements. b) Provide positive reinforcement. c) Positioned player(s) to be within sight throughout the practice. d) Clearly communicated positively with player(s) performing the skill(s).			
<b>V. DEBRIEFING</b> Clearly summarizes the session: a) Provided specific positive <b>reinforcement</b> related to the skill(s). b) Identified any <b>problem(s)</b> that actually occurred. c) Offered <b>solution(s)</b> related to the problem(s) that occurred. d) Reinforced or restated the <b>objective</b> . e) Reinforced a realistic <b>value</b> for the skill and its application.	<b>R P S O V</b>		

Candidate's Signature: \_\_\_\_\_

Evaluator/Assessor Signature: \_\_\_\_\_

Result:

### APPENDIX 3

#### FOUNDATION COACHING COURSE – PARTICIPANT EVALUATION FORM

Course Date: .....

Association/ Club: .....

#### 1. CONTENT

Please rate each unit of the Squash Australia Foundation Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Snapshot of a good Coach			
Preparing to Coach			
Working with others			
Coach in Action			
Teaching of Basic Squash Skills			

#### 2. RESOURCES

Please rate the resources provided as part of the Squash Australia Foundation Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Foundation Coaching Course Participant Workbook/Worksheets			
Foundation Coaching Course Manual(s)			

### 3. DELIVERER

Please rate the deliverer's delivery of the Squash Australia Foundation Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

### 4. GENERAL

Please provide any other feedback


**CLUB DEVELOPMENT COACHING COURSE – PARTICIPANT EVALUATION FORM**

Course Date: .....

Association/ Club: .....

**1. CONTENT**

Please rate each unit of the Squash Australia Club Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Being an Effective Squash Coach			
Administration and Management			
Communication			
Risk Management and Legal Issues			
Mental Preparation			
Training Programs			
Efficient Squash Stroke Development			

**2. RESOURCES**

Please rate the resources provided as part of the Squash Australia Club Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Club Development Coaching Course Participant Workbook/Worksheets			
Club Development Coaching Course Manual(s)			

**3. DELIVERER**

Please rate the deliverer's delivery of the Squash Australia Club Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

**4. GENERAL**

Please provide any other feedback


**TALENT DEVELOPMENT COACHING COURSE – PARTICIPANT EVALUATION FORM**

Course Date: .....

Association/ Club: .....

**1. CONTENT**

Please rate each unit of the Squash Australia Talent Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Squash Coaching Environment			
Squash Safety			
Developing Perceptual Motor Skills			
Fitness & Training			
Practical Coaching			
Talent Development Coaching			
Player Welfare			

**2. RESOURCES**

Please rate the resources provided as part of the Squash Australia Talent Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Talent Development Coaching Course Participant Workbook/Worksheets			
Talent Development Coaching Course Manual(s)			



### 3. DELIVERER

Please rate the deliverer's delivery of the Squash Australia Talent Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

### 4. GENERAL

Please provide any other feedback


**PERFORMANCE DEVELOPMENT COACHING COURSE – PARTICIPANT EVALUATION FORM**

Course Date: .....

Association/ Club: .....

**1. CONTENT**

Please rate each unit of the Squash Australia Performance Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
The Australian Squash Coaching Environment			
Management of the training process for talented athletes			
Management & Leadership Skills for High Performance Coaches			
Teaching, Communication & Coach-athlete Relationship skills			
Planning Athlete Development			
Developing Athlete Abilities for Competition Performance			
Additional Factors affecting Performance			

**2. RESOURCES**

Please rate the resources provided as part of the Squash Australia Performance Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Performance Development Coaching Course Participant Workbook/Worksheets			
Performance Development Coaching Course Manual(s)			

**3. DELIVERER**

Please rate the deliverer's delivery of the Squash Australia Performance Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

**4. GENERAL**

Please provide any other feedback


## **APPENDIX 4**

### **GENERAL CODE OF BEHAVIOUR**

As a member of Squash Australia, a member association or an affiliated club or a person required to comply with Squash Australia's MPP, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Squash Australia, a member association or an affiliated club and in any role you hold within Squash Australia, a member association or an affiliated club:

- a. Respect the rights, dignity and worth of others.
- b. Be fair, considerate and honest in all dealing with others.
- c. Be professional in, and accept responsibility for, your actions.
- d. Make a commitment to providing quality service.
- e. Be aware of, and maintain an uncompromising adherence to, Squash's standards, rules, regulations and policies.
- f. Operate within the rules of the sport including national and international guidelines which govern Squash Australia, the member associations and the affiliated clubs.
- g. Do not use your involvement with Squash Australia, a member association or an affiliated club to promote your own beliefs, behaviours or practices where these are inconsistent with those of Squash Australia, a member association or an affiliated club.
- h. Demonstrate a high degree of individual responsibility especially when dealing with persons less than 18 years of age, as your words and actions are an example.
- i. Avoid unaccompanied and unobserved activities with persons less than 18 years of age, wherever possible.
- j. Refrain from any form of harassment of others.
- k. Refrain from any behaviour that may bring Squash Australia, a member association or an affiliated club into disrepute.
- l. Provide a safe environment for the conduct of the activity.
- m. Show concern and caution towards others who may be sick or injured.
- n. Be a positive role model.
- o. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.
- p. Shall not enter into any wager in connection with any squash event within my control or influence.

## **APPENDIX 5**

### **COACH CODE OF BEHAVIOUR**

In addition to Squash Australia's General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Squash Australia, a member association or an affiliated club and in your role as a coach appointed by Squash Australia, a member association or an affiliated club:

I, .....agree to:  
Full Name

- a. Do not tolerate acts of aggression.
- b. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback. Help each athlete reach their potential - respect the talent, developmental stage and goals of each athlete and compliment and encourage with positive and supportive feedback.
- c. Recognise players' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
- d. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions. Ensure your actions contribute to a harassment free environment.
- e. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
- f. Involve the players in decisions that affect them.
- g. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
- h. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players. Ensure your actions contribute to a safe environment.
- i. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
- j. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result. Refrain from any form of sexual harassment towards athletes. Any physical contact with a person should be appropriate to the situation and necessary for the player's skill development.
- k. Avoid situations with your players that could be construed as compromising. Ensure interaction with persons under the age of 18 years is appropriate and that unaccompanied and unobserved activities are avoided wherever practical.
- l. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances. Adopt appropriate behaviour in relation to the use of alcohol and recreational and performance enhancing drugs.
- m. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
- n. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules. Respect officials' decisions.
- o. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules. Operate within the rules and spirit of your sport, promoting fair play over winning at any cost.
- p. Be honest and ensure that qualifications are not misrepresented.

## Coach Development Framework 2018

- q. Treat all players with respect at all times. Be fair, considerate, honest and consistent with them. Treat each person as an individual.
- r. Refrain from conduct, which could be regarded as harassment towards your players and other coaches, officials and parents. Display control, tolerance and courtesy to all involved with the sport.
- s. Encourage opportunities for participants to learn appropriate behaviours and skills.
- t. Encourage participation in all aspects of the sport.
- u. Act with integrity and accept responsibility for your actions.
- v. Shall not enter into any wager in connection with any squash event within my control or influence.

**SQUASH AUSTRALIA CODE OF BEHAVIOUR FOR COACHES. (THE CODE) AGREEMENT FORM**  
**For Accreditation or Re-accreditation to the National Coaching Accreditation Scheme (NCAS)**

**TO: SQUASH AUSTRALIA**

I, \_\_\_\_\_ of \_\_\_\_\_  
Full Name Address

-----

Address (cont)	Post Code
----------------	-----------

I am seeking accreditation / re-accreditation (*please circle*) for the following Squash Australia coaching qualification:

**SQUASH** Foundation Squash Coach/ Club Development Coach/ Talent Development Coach /  
Performance Development Coach/ High Performance Development Coach  
(please circle)

I agree to the following terms:

1. I agree to abide by the Squash Australia Coaches Code of Behaviour.
2. I acknowledge that Squash Australia may take disciplinary action against me, if I breach the code of behaviour. I understand that Squash Australia is required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me.
3. I acknowledge that disciplinary action against me may include de-accreditation from the National Coaching Accreditation Scheme.

Signed: \_\_\_\_\_ (Under 18? - Parent/guardian to sign)

Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Please refer to the Squash Australia Member Protection Policy, for further details.

**APPENDIX 6**

**PROTECTIVE EYEWEAR INDEMNITY AND WAIVER – SQUASH COACH (OPTIONAL)**

This protective eyewear indemnity and waiver applies to certain groups and individuals who are participating in competitions or programs, which are organised or sanctioned by Squash Australia and/or any of its member associations and affiliates:

I, .....  
Full Name

Of address .....

.....Postcode.....

Phone.....Mobile .....

Email.....

Have read and understood the contents of the Squash Australia's Regulation 42 – Protective Eyewear.

I understand that I am obligated to wear protective eyewear under paragraph 9 of Regulation 42. I am required to sign a Protective Eyewear Indemnity and Waiver from under paragraph 10, because I will be participating in the on court training of athletes older 19 YAG, in which I have elected not to wear protective eyewear.

In consideration of being permitted to participate in the on court training of athletes older than 19 YAG without protective eyewear, I hereby agree to:

- a. Release, discharge and forever hold harmless Squash Australia, its agents, employees, servants and representatives from any actions, claims, demands, suits, proceedings, costs, expenses or losses which I may now have or could have against Squash Australia, in respect to:
  - i. Any eye injury of whatsoever kind arising directly or indirectly from any act, neglect or fault (whether negligent or otherwise) on the part of Squash Australia and connected with my participation in the above event through not wearing protective eyewear; and
  - ii. Medical treatment conducted on me for injury sustained in the above event though not wearing protective eyewear.
- b. Indemnify and keep indemnified Squash Australia, its agents, employees, servants and representatives from all existing and future actions, potential causes of actions, claims, demands, suits proceedings, costs, expenses or losses which I may now have or could have against Squash Australia.

Signatories to this form must read Squash Australia's Regulation 42 before signing:

Signature of Coach..... Date .....

Signature of Witness..... Date .....

Name of Witness (printed)..... Appointment .....

**IF YOU CHOOSE TO SIGN THIS FORM, PLEASE ENSURE THAT YOU SEND THIS FORM BACK TO YOUR DELIVERER WITH ALL OTHER FORMS OUTLINED IN THE CHECKLIST. YOUR APPLICATION WILL NOT BE PROCESSED UNTIL ALL THE REQUIRED INFORMATION HAS BEEN FORWARDED FROM YOUR DELIVERER TO SQUASH AUSTRALIA**

**APPENDIX 7**

**CLUB DEVELOPMENT COACHING COURSE – CANDIDATE INFORMATION AND TRAINING RECORD FORM**

Name: .....

Course Date: ..... Deliverer (Assessor): .....

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
Being an Effective Squash Coach			
Administration and Management			
Communication			
Risk Management and Legal Issues			
Mental Preparation			
Training Programs			
Efficient Squash Stroke Development			

Deliverer's Decision: **COMPETENT** ☐ **NOT YET COMPETENT** ☐

Deliverer's Comments: (if required)

.....

.....

.....

.....

Coach Candidate's Signature: ..... Date: .....

Deliverer's Signature: ..... Date: .....



**TALENT DEVELOPMENT COACHING COURSE – CANDIDATE INFORMATION AND TRAINING RECORD FORM**

Name: .....

Course Date: ..... Deliverer (Assessor): .....

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
Squash Coaching Environment			
Squash Safety			
Developing Perceptual Motor Skills			
Fitness & Training			
Practical Coaching			
Talent Development Coaching			
Player Welfare			

Deliverer's Decision:

COMPETENT ☐

NOT YET COMPETENT ☐

Deliverer's Comments: (if required)

.....

.....

.....

.....

Coach Candidate's Signature: ..... Date: .....

Deliverer's Signature: ..... Date: .....

**PERFORMANCE DEVELOPMENT COACHING COURSE – CANDIDATE INFORMATION AND TRAINING  
RECORD FORM**

Name: .....

Course Date: ..... Deliverer (Assessor): .....

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
The Australian Squash Coaching Environment			
Management of the training process for talented athletes			
Management & Leadership Skills for High Performance Coaches			
Teaching, Communication & Coach-athlete Relationship skills			
Planning Athlete Development			
Developing Athlete Abilities for Competition Performance			
Additional Factors affecting Performance			

Deliverer's Decision:

COMPETENT ☐

NOT YET COMPETENT ☐

Deliverer's Comments: (if required)

.....

.....

.....

.....

Coach Candidate's Signature: ..... Date: .....

Deliverer's Signature: ..... Date: .....

# SQUASH COACH APPLICATION



CHECK ONE: ☐ New Coach ☐ Reaccreditation ☐ Tutor/Deliverer

CHECK ONE: ☐ Foundation ☐ Club Development ☐ Talent Development ☐ Performance Development  
☐ High Performance Development  
☐ Check here if you do not want to be shown on Squash Australia's coach finder

## PLEASE PRINT OR TYPE

Name ..... Accreditation No. ....  
*First Initial Last If previously accredited*

Mailing Address .....

City ..... State/Territory .....

Country ..... Post Code .....

Home Phone (.....) ..... Business (.....) .....

Mobile ..... Fax (.....) .....

Email ..... Date of Birth ...../...../..... Sex ☐ M ☐ F Occupation .....  
*(Day/Month/Year)*

## COURSE SPECIFICATIONS

Please consider me as a ☐ Coach Candidate or ☐ Coach Assessor Candidate for the course to be held on .....  
*(Inclusive Dates – Day/Month/Year)*

At .....  
*(Location – City/State/Territory/Country) (Squash Centre/Club)*

I understand and agree that any criminal conviction on my part involving abuse of a minor or sexual abuse of an adult occurring during or prior to my membership with Squash Australia, will be automatic grounds for denial or termination of my Squash Australia Membership. I hereby certify that all the above statements are true and correct to the best of my knowledge.

.....  
*Candidate Signature Date (Day/Month/Year)*

## COURSE COORDINATOR STATEMENT

I certify the above named individual has completed all required segments as outlined by Squash Australia in relation to the ASC NCAS approved coaches program. I further certify this individual has completed all required portions of the Squash Australia's appropriate NCAS level for Coach Education Training as set by Squash Australia, ASC and have supplied a copy of the Squash Coach Candidate Information and Training Record attached to this application.

Course Coordinator Name ..... State/Territory .....

Course Coordinator Signature ..... Date .....

## CANDIDATE CHECKLIST

- ☐ Application completed in Full
- ☐ Squash Coach Candidate Information and Training Record Completed & attached
- ☐ Coach's Code of Behaviour Agreement Form signed & attached
- ☐ Protective Eyewear Indemnity and Waiver – Squash Coach (optional)
- ☐ Working with Children Check (as appropriate to state or territory legislations)
- ☐ Completed ASC's General Principles Coaching Course & certificate attached
- ☐ Completed all Integrity requirements appropriate to the coach level
- ☐ Completed Appropriate Rules Exam assigned to the coach education level

*(Optional - check with individual course requirements)*

## PAYMENT METHOD

See current price list for payment information.

- ☐ Direct Deposit *(Contact the Squash Australia office)*
- ☐ Credit Card ☐ MasterCard ☐ VISA

Card No. ....

Expiration Date ...../..... CCV .....

Cardholder Name .....

Cardholder Signature .....

## OFFICE USE ONLY

State Approved: Yes ☐ or No ☐ Name of State Approval Representative ..... Date .....

Assessment Requirements Meet: Yes ☐ or No ☐ Squash Australia Approval: Yes ☐ or No ☐ Expiry Date .....

National Development Manager Signature ..... Date .....

NOTE: All applicants must be approved and must be in good standing with Squash Australia and the State Sporting Organisation in which they reside. Send all required materials and course fees to Squash Australia, State Sporting Organisation or Course Coordinator.



Australian Government  
Australian Sports Commission