



CORE STRENGTH VINYASA YOGA / YOGA SHRED™

Certificate of Completion * Continuing Education Hours

Lisa M Gunshore

Has studied **15** non-contact hours on the online Yoga Shred™ Teacher Training with Core Strength Vinyasa Yoga founder Sadie Nardini.

Sadie Nardini

Sadie Nardini, E-RYT 500

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