



FREE SERVICES
ARE AVAILABLE
REMOTELY FOR
INDIVIDUALS,
YOUTH, AND
FAMILIES.

COVID-19 CRISIS COUNSELING SERVICES

WHO WE ARE & WHAT WE DO:

NJ Hope and Healing Crisis Counseling Program (CCP) at Mental Health Association of Essex and Morris, Inc. is available to assist communities affected by COVID-19.

We are a neighbor helping neighbor team with staff available to provide the following free services:

- Emotional support
- Stress management
- Linkage to resources
- Develop new coping skills and communication techniques

REACH US AT:

973-509-9777 ext. 151 or email
gpalmer@mhaessexmorris.org

Mon. - Fri. from 8:30 a.m. - 5:00 p.m.



This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Mental Health Association of Essex and Morris, Inc. in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, and is funded through a FEMA/SAMHSA grant.