

Emergency Services Directory

If you or someone you know is in need of critical services due to the impact of COVID-19, IFC's comprehensive directory can help you to identify relevant social service agencies in the Metro DC Area. [Find out more >> https://tinyurl.com/qt2e3b9](https://tinyurl.com/qt2e3b9)

This directory contains details of services available in areas connected to parishioners of St. Mary Magdalene Episcopal Church, Wheaton Parish, Silver Spring, Maryland.

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Clothing

SPONSOR ORGANIZATION	Bethesda Cares www.bethesdacares.org 7728 Woodmont Avenue Bethesda, Maryland 20814 301.907.9244
RESTRICTIONS	<i>Must be a Montgomery County resident to receive eviction/utility shut off assistance. Must be homeless or at risk of homelessness to receive any services.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI) General Office Hours
SPONSOR ORGANIZATION	American Red Cross www.redcross.org 430 17th St, NW Washington, D.C. 20006 1-800-733-2767
RESTRICTIONS	<i>Proof of residency required for disaster services. Disaster services limited to meeting Immediate Disaster caused needs.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI) General Office Hours
SPONSOR ORGANIZATION	Frederick Rescue Mission www.therescuemission.org 419 West South Street Frederick, Maryland 21701 301-695-6633
RESTRICTIONS	<i>Can only receive on food box per month. Children must have an adult accompany them</i>
DAYS & HOURS	2 30PM - 04 00PM (MON TUE WED THU FRI) Clothing
SPONSOR ORGANIZATION	Interfaith Works www.iworksmc.org 8106 Georgia Avenue Silver Spring, Maryland 20910 301-762-8682
RESTRICTIONS	<i>The IW Empowerment Center is a day program for individuals experiencing homelessness. We are a low barrier program that serves everyone ages 18 and older. The IW Empowerment Center provides both therapeutic and recreational groups as well as showers, toiletries, laundry, and case management services.</i>
DAYS & HOURS	08 30AM - 06 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Interfaith Works www.iworksmc.org/interfaith-clothing-center/ 751 Twinbrook Parkway Rockville, Maryland 20851 301-762-8682
RESTRICTIONS	<i>Montgomery County residents only.</i>
DAYS & HOURS	9:30 am – 11:30 am & 1pm – 3pm(TUE WED THU FRI) Clothing 09 30AM - 12 30PM (SAT) Clothing

Financial Assistance

SPONSOR ORGANIZATION	Bethesda Cares www.bethesdacares.org 7728 Woodmont Avenue Bethesda, Maryland 20814 301.907.9244
RESTRICTIONS	<i>Must be a Montgomery County resident to receive eviction/utility shut off assistance.</i>
DAYS & HOURS	<i>Must be homeless or at risk of homelessness to receive any services.</i> 09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Bethesda Help www.bethesdahelp.org P.O. Box 34094 Bethesda, Maryland 20827 301-365-2022
RESTRICTIONS	<i>No referrals required.</i> <i>Must live within Greater Bethesda and surrounding area (from Falls, Montrose, and Randolph Roads to Viers Mill, Georgia, and I 6th Streets, to Western Avenue, to the Potomac River).</i>
DAYS & HOURS	09 30AM - 04 00PM (MON TUE WED THU FRI) Hotlines
SPONSOR ORGANIZATION	American Red Cross www.redcross.org 430 17th St, NW Washington, D.C. 20006 1-800-733-2767
RESTRICTIONS	<i>Proof of residency required for disaster services. Disaster services limited to meeting Immediate Disaster caused needs.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI) General Office Hours
SPONSOR ORGANIZATION	Community Reach of Montgomery County http://www.cmrocks.org 8 W. Middle Lane Rockville, Maryland 20850 301-637-0730
RESTRICTIONS	<i>Must be a resident of Rockville in ZIP Codes 20850, 20851, 20852, 20853, 20854, 20855 to receive financial assistance. Must be a resident of Montgomery County for referrals for food, clothing, dental or vision care, or computers.</i>
DAYS & HOURS	09 00AM - 03 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Delta Alumnae Foundation, Inc. http://www.mumhelp.org 751 Twinbrook Parkway Rockville, Maryland 20851 301-929-8675
RESTRICTIONS	<i>Must live in the following zip-codes of 20902, 20906, 20895, 20896, 20853. Must have proof of residence.</i>
DAYS & HOURS	09 00AM - 04 00PM (TUE WED THU) Financial Assistance

SPONSOR ORGANIZATION

Rockville HELP

www.rockvillehelp.org

PO Box 1624 Rockville, Maryland 20849
301-564-0800

RESTRICTIONS

Must be a resident of Rockville and live within the city limits.

DAYS & HOURS

09 00AM - 06 00PM (SUN MON TUE WED THU FRI SAT) Hotlines

SPONSOR ORGANIZATION

Salvation Army of Montgomery County

[http //virginiasalvationarmy.org/ncac](http://virginiasalvationarmy.org/ncac)

20021 Aircraft Drive Germantown, Maryland 20874
301-515-5354

RESTRICTIONS

Must provide proof of income, picture ID, birth certificates for other household members. Must make appointment in advance.

DAYS & HOURS

09 00AM - 05 00PM (MON TUE WED THU FRI)

Food Emergency

SPONSOR ORGANIZATION Adventist Community Services of Greater Washington,
www.acsgw.org
501 Sligo Avenue Silver Spring, Maryland 20910
301-565-0190

RESTRICTIONS *Appointment needed for food and clothes.*
Proof of residence and proof of income required. ID required for all services.

DAYS & HOURS 10 00AM - 02 30PM (MON TUE WED THU) Food Emergency

SPONSOR ORGANIZATION Ager Road United Methodist Church Food Pantry
6301 Ager Road Hyattsville, Maryland 20782

RESTRICTIONS *1st and 3rd Thursday of each month.*

DAYS & HOURS 09 30AM - 11 15AM (THU) Food Emergency

SPONSOR ORGANIZATION Bethesda Cares
www.bethesdacares.org
7728 Woodmont Avenue Bethesda, Maryland 20814
301.907.9244

RESTRICTIONS *Montgomery County resident to receive eviction/utility shut off assistance.*
Must be homeless or at risk of homelessness to receive any services.

DAYS & HOURS 05 00PM - 06 00PM (SUN) Meals
12 30PM - 01 30PM (MON TUE WED THU FRI) Meals
11 00AM - 12 00PM (SAT) Meals

SPONSOR ORGANIZATION Bethesda Help
www.bethesdahelp.org
P.O. Box 34094 Bethesda, Maryland 20827
301-365-2022

RESTRICTIONS *No referrals required. Must live within Greater Bethesda and surrounding area (from Falls, Montrose, and Randolph Roads to Viers Mill, Georgia, and 16th Streets, to Western Avenue, to the Potomac River).*

DAYS & HOURS 09 30AM - 04 00PM (MON TUE WED THU FRI) Hotlines

SPONSOR ORGANIZATION American Red Cross of the National Capital Area
www.redcross.org
430 17th St, NW Washington, D.C. 20006
1-800-733-2767

RESTRICTIONS *Proof of residency required for disaster services.*
Disaster services limited to meeting Immediate Disaster caused needs.

DAYS & HOURS 09 00AM - 05 00PM (MON TUE WED THU FRI)

SPONSOR ORGANIZATION Catholic Charities Archdiocese of Washington
www.catholiccharitiesdc.org
12247 Georgia Avenue Silver Spring, Maryland 20902

RESTRICTIONS *Accept Walk in, Self-Referrals, referrals from other agencies or churches/parishes. Must be a Montgomery county resident*

DAYS & HOURS 05 00PM - 07 00PM (TUE) Food Emergency

SPONSOR ORGANIZATION	(MUM) Delta Alumnae Foundation, Inc. http://www.mumhelp.org 751 Twinbrook Parkway Rockville, Maryland 20851
RESTRICTIONS	<i>Must live in the following zip-codes of 20902, 20906, 20895, 20896, 20853. Must have proof of residence.</i>
DAYS & HOURS	09 00AM - 11 30AM () Food Emergency
SPONSOR ORGANIZATION	First Baptist Church/Montgomery Hills Baptist Church http://www.montgomeryhillsbaptist.church/ 9727 Georgia Ave Silver Spring, Maryland 20910 301-681-7990
RESTRICTIONS	<i>Must have an ID for all children in household, and proof of current Montgomery County residency. Food can be obtained twice each calendar month.</i>
DAYS & HOURS	10 00AM - 12 00PM (SAT)
SPONSOR ORGANIZATION	Frederick Rescue Mission (Beacon House) www.therescuemission.org 419 West South Street Frederick, Maryland 21701 301-695-6633
RESTRICTIONS	<i>Can only receive on food box per month. Children must have an adult accompany them</i>
DAYS & HOURS	01 30PM - 02 30PM (MON TUE WED THU FRI SAT)
SPONSOR ORGANIZATION	Interfaith Works- IW Empowerment Center www.iworksmc.org 8106 Georgia Avenue Silver Spring, Maryland 20910 301-762-8682
RESTRICTIONS	<i>The IW Empowerment Center is a day program for individuals experiencing homelessness. We are a low barrier program that serves everyone ages 18 and older. The IW Empowerment Center provides both therapeutic and recreational groups as well as showers, toiletries, laundry, and case management services.</i>
DAYS & HOURS	08 30AM - 06 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Interfaith Works http://iworksmc.org 2 Taft Court St Suite 100 Rockville, Maryland 20852 301-762-8682
RESTRICTIONS	<i>Must be a single woman (ages 18+) without children. Must have lost permanent housing in Montgomery County.</i>
DAYS & HOURS	Always Open Shelters
SPONSOR ORGANIZATION	Manna Food Center www.mannafood.org 630 E. Diamond Ave. Gaithersburg, Maryland 20877
RESTRICTIONS	<i>Must have referrals by public or private social service agencies, churches or schools. Only one referral per household every 30 days. Must be a resident of Montgomery County.</i>
DAYS & HOURS	05 00PM - 07 00PM (THU) Food Emergency

SPONSOR ORGANIZATION	<p>Manna Food Center- Salvation Army www.mannafood.org 2002I Aircraft Drive Germantown, Maryland 20874 (301) 424-1130</p>
RESTRICTIONS	<i>Must have referrals by public or private social service agencies, churches or schools. Only one referral per household every 30 days. Must be a resident of Montgomery County.</i>
DAYS & HOURS	02 00PM - 04 00PM (THU) Food Emergency
SPONSOR ORGANIZATION	<p>The Shepherd's Table, Inc www.shepherdstable.org 8106 Georgia Ave Silver Spring, Maryland 20910 301-585-6463</p>
RESTRICTIONS	<i>Referrals not required except for eye clinic. Must be a resident of Montgomery County.</i>
DAYS & HOURS	06 00PM - 07 30PM (SUN MON TUE WED THU FRI SAT) Meals 12 00PM - 01 00PM (MON TUE WED THU FRI) Meals 07 30AM - 08 30AM (MON TUE WED THU FRI) Meals 10 30AM - 11 00AM (SUN SAT) Meals
SPONSOR ORGANIZATION	<p>Manna Food Center - East County Regional www.mannafood.org 3300 Briggs Chaney Road Silver Spring, Maryland 20904</p>
RESTRICTIONS	<i>Must have referrals by public or private social service agencies, churches or schools. Only one referral per household every 30 days. Must be a resident of Montgomery County.</i>
DAYS & HOURS	02 00PM - 04 00PM (FRI) Food Emergency
SPONSOR ORGANIZATION	<p>Manna Food Center - Glenmont United Methodist www.mannafood.org 12901 Georgia Ave Wheaton, Maryland 20903</p>
RESTRICTIONS	<i>Must have referrals by public or private social service agencies, churches or schools. Only one referral per household every 30 days. Must be a resident of Montgomery County.</i>
DAYS & HOURS	04 00PM - 07 00PM (TUE) Food Emergency
SPONSOR ORGANIZATION	<p>Montgomery County Crisis Center www.montgomerycountymd.gov/ 1301 Piccard Drive, Suite 1200 Rockville, Maryland 20850 240-777-4000</p>
RESTRICTIONS	<i>Must be a Montgomery County resident. Must be a single adult.</i>
DAYS & HOURS	Always Open Hotlines
SPONSOR ORGANIZATION	<p>Olney Help http://www.olneyhelp.org P.O. Box 430 Olney, Maryland 20830 301-774-4334</p>
RESTRICTIONS	<i>Must be a resident of 20832, 20833, 20860, 20861.</i>
DAYS & HOURS	Always Open Hotlines

SPONSOR ORGANIZATION	Rainbow Place www.rainbowplace.org 215 West Montgomery Avenue Rockville, Maryland 20850
RESTRICTIONS	<i>Must be an adult women, over the age of 18.</i> <i>Must be referred through the Montgomery County Crisis Center.</i>
DAYS & HOURS	01 00PM - 02 00PM (SUN) Meals
SPONSOR ORGANIZATION	Rockville HELP www.rockvillehelp.org PO Box 1624 Rockville, Maryland 20849 301-564-0800
RESTRICTIONS	<i>Must be a resident of Rockville and live within the city limits.</i>
DAYS & HOURS	09 00AM - 06 00PM (SUN MON TUE WED THU FRI SAT) Hotlines
SPONSOR ORGANIZATION	Saint Luke Lutheran Church www.saintluke.us 9100 Colesville Road Silver Spring, Maryland 20910
RESTRICTIONS	<i>Must have a referral for food.</i>
DAYS & HOURS	09 00AM - 01 00PM (TUE WED THU) Food Emergency
SPONSOR ORGANIZATION	Salvation Army of Montgomery County http://virginiasalvationarmy.org/ncac 2002I Aircraft Drive Germantown, Maryland 20874
RESTRICTIONS	<i>Must provide proof of income, picture ID,</i> <i>birth certificates for other household members.</i> <i>Must make appointment in advance.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI) Food Emergency
SPONSOR ORGANIZATION	Stepping Stones Shelter www.stepsstonesshelter.org PO Box 712 Rockville, Maryland 20848
RESTRICTIONS	<i>Families must reside only in Montgomery County Maryland.</i> <i>No referrals from the Community. Must have a referral from Homeless Family Services Unit of Montgomery County Department of Health and Human Services. All families are pre-screened at the three DHHS-Emergency Service offices. Parents cannot be actively mentally ill or addicted. Drug testing and treatment is required.</i>
DAYS & HOURS	Always Open Shelters
SPONSOR ORGANIZATION	The Shepherd's Table, Inc www.shepherdstable.org 8106 Georgia Ave Silver Spring, Maryland 20910 301-585-6463
RESTRICTIONS	<i>Referrals not required except for eye clinic.</i> <i>Must be a resident of Montgomery County.</i>
DAYS & HOURS	06 00PM - 07 30PM (SUN MON TUE WED THU FRI SAT) Meals 12 00PM - 01 00PM (MON TUE WED THU FRI) Meals 07 30AM - 08 30AM (MON TUE WED THU FRI) Meals 10 30AM - 11 00AM (SUN SAT) Meals

Immigration

SPONSOR ORGANIZATION	African and Caribbean Immigration and Social Services http://www.acissinc.org 1700 Powder Mill Road Silver Spring, Maryland 20903
RESTRICTIONS	<i>Immigration services, social services, and business services to immigrant communities</i>
DAYS & HOURS	10 30AM - 07 00PM (MON TUE WED THU)
SPONSOR ORGANIZATION	AYUDA, Inc. www.ayuda.com 1413 K Street NW, Fifth Floor Washington, D.C. 20005
RESTRICTIONS	<i>Ayuda advocates for low-income immigrants through direct legal, social and language services, training and outreach in the Washington DC metropolitan area. We serve those that are low-income and foreign-born.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Casa de Maryland - Hyatsville Location http://www.casamd.org 8151 15th Avenue Hyatsville, Maryland 20783
RESTRICTIONS	<i>Must be an Immigrant. Mainly do referrals for services in the community.</i>
DAYS & HOURS	08 00AM - 08 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Lutheran Social Services of the National Capital Area http://lssnca.org 1601 Prince William Parkway Woodbridge, Virginia 22191
RESTRICTIONS	<i>Must be a resident of DC, MD or VA</i>
DAYS & HOURS	08 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Mil Mujeres - Legal Services for Immigrants http://www.milmujeres.org 2000 Pennsylvania Ave NW Washington , D.C. 20006
RESTRICTIONS	<i>low-income Latino/Hispanic, survivors</i>
DAYS & HOURS	08 00AM - 05 00PM (MON TUE WED THU FRI)

Legal Services

SPONSOR ORGANIZATION	<u>Capital Area Immigrants' Rights Coalition</u> http://caircoalition.org
RESTRICTIONS	<i>Residents of DC, MD and VA detained at Farmville Detention Center, Caroline County Detention Center, Virginia Peninsula Regional Jail, Howard County Detention Center, Frederick County Detention Center, and Worcester County Jail. Income below 200% of federal poverty guideline.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	<u>Catholic Charities Immigration Legal Services (ILS)</u> https://www.catholiccharitiesdc.org/ils/
RESTRICTIONS	<i>Please note intake is closed the last Thursday of every month. Consultation fee \$80. Walk-in clients are seen on a first-come, first-served basis. Space is limited.</i>
DAYS & HOURS	08 00AM - undefined (THU) Legal Services
SPONSOR ORGANIZATION	<u>Catholic Charities Immigration Legal Services (ILS)</u> https://www.catholiccharitiesdc.org/ils/
RESTRICTIONS	<i>201 E. Diamond Ave., 3rd Floor Gaithersburg, Maryland Charla / General information session, third floor. Information Session Fee \$40 Consultations also available. Walk-in clients are seen on a first-come, first-served basis. Space is limited.</i>
DAYS & HOURS	12 00PM - undefined (WED) Legal Services
SPONSOR ORGANIZATION	<u>Catholic Charities Archdiocese of Washington Montgomery County Center</u> www.catholiccharitiesdc.org
RESTRICTIONS	<i>12247 Georgia Avenue Silver Spring, Maryland 20902 Accept Walk in, Self-Referrals, referrals from other agencies or churches/parishes. Must be a Montgomery county resident</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	<u>Lutheran Social Services of the National Capital Area</u> http://lssnca.org
RESTRICTIONS	<i>1601 Prince William Parkway Woodbridge, Virginia 22191 Must be a resident of DC, MD or VA</i>
DAYS & HOURS	08 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	<u>Mil Mujeres- Legal Services for Immigrants</u> http://www.milmujeres.org
RESTRICTIONS	<i>2000 Pennsylvania Ave NW Washington , D.C. 20006 low-income Latino/Hispanic, survivors</i>
DAYS & HOURS	08 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	<u>The Senior Connection</u> www.seniorconnectionmc.org
RESTRICTIONS	<i>3950 Ferrara Drive Silver Spring, Maryland 20906 Must be 62 years and above, living in Montgomery County</i>
DAYS & HOURS	02 00PM - 04 00PM (MON TUE THU FRI) Legal Services

Mental Health

SPONSOR ORGANIZATION	A Woman's Choice www.awomanschoicecenter.com 6201 Leesburg Pike, #220 Falls Church, Virginia 22044
RESTRICTIONS	<i>Women who are pregnant or that have children under two years of age. Saturday hours are by appointment only. Appointments available by calling 703-538-4305 or texting 703-304-8166.</i>
DAYS & HOURS	08 00AM - 02 00PM (MON TUE WED THU FRI) Hotlines 06 30PM - 07 30PM (MON) Hotlines
SPONSOR ORGANIZATION	Alzheimer's Association http://www.alz.org/nca 8180 Greensboro Drive, Suite 400 McLean, Virginia 22102 800.272.3900
RESTRICTIONS	<i>Must be a person with Alzheimer's Disease, related dementias, or their families, caregivers, and professionals. Must call the hotline</i>
DAYS & HOURS	Always Open Hotlines
SPONSOR ORGANIZATION	Bethesda Cares www.bethesdacares.org 7728 Woodmont Avenue Bethesda, Maryland 20814
RESTRICTIONS	<i>Must be a Montgomery County resident to receive eviction/utility shut off assistance. Must be homeless or at risk of homelessness to receive any services.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Catholic Charities- Bethesda House www.catholiccharitiesdc.org 5320 Marinelli Road Rockville, Maryland 20852
RESTRICTIONS	<i>Referrals required from Montgomery County Government. ID and proof of residency required. Must be a homeless man with a mental health problem.</i>
DAYS & HOURS	Always Open Shelters
SPONSOR ORGANIZATION	Catholic Charities Archdiocese of Washington www.catholiccharitiesdc.org 12247 Georgia Avenue Silver Spring, Maryland 20902
RESTRICTIONS	<i>Accept Walk in, Self-Referrals, referrals from other agencies or churches/parishes. Must be a Montgomery county resident</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Elaine Ellis Center of Health http://www.eechealth.com/ 1000I Rhode Island Ave College Park, Maryland 20740
RESTRICTIONS	<i>Saturday hours are only on the 2nd Saturday of every month</i>
DAYS & HOURS	09 00AM - 06 00PM (MON WED THU) General Office Hours 10 00AM - 02 00PM (SAT) General Office Hours 09 00AM - 02 00PM (FRI) General Office Hours 09 00AM - 07 00PM (TUE) General Office Hours

SPONSOR ORGANIZATION EveryMind - Montgomery County Hotline
<http://www.every-mind.org/>
301.738.2255
Location is confidential Rockville, Maryland 20851

RESTRICTIONS *No restrictions mentioned*

DAYS & HOURS Always Open Hotlines

SPONSOR ORGANIZATION Family Services, Inc.
<https://www.fsfinc.org/>
5301 76th Ave, Landover Hills, Maryland 20784
301-459-2121

DAYS & HOURS 09 00AM - 05 00PM (MON TUE WED THU FRI)

SPONSOR ORGANIZATION Mary's Center for Maternal and Child Care
www.maryscenter.org
8709 Flower Avenue Silver Spring, Maryland 20901

RESTRICTIONS *Must be a MD resident.*
Must be able to pay a Sliding fee scale (free if unable to pay).

DAYS & HOURS 08 00AM - 06 00PM (SAT)

SPONSOR ORGANIZATION Montgomery County Crisis Center
www.montgomerycountymd.gov/
1301 Piccard Drive, Suite 1200 Rockville, Maryland 20850
240-777-4000

RESTRICTIONS *Must be a Montgomery County resident. Must be a single adult.*

DAYS & HOURS Always Open Hotlines

SPONSOR ORGANIZATION Primary Care Coalition - Holy Cross Health Center
<http://www.montgomerycares.org>
7987 Georgia Ave. Silver Spring, Maryland 20910
301-493-2400

RESTRICTIONS *Must be a Montgomery County resident. Must be above the age of 18.*
Must qualify as low-income and uninsured.
Must be able to pay a sliding fee scale. Must have an appointment.

DAYS & HOURS 08 00AM - 04 00PM (MON TUE WED FRI) Medical Services
08 00AM - 07 30PM (THU) Medical Services
09 08 00AM - 12 00PM (FRI) Medical Services

SPONSOR ORGANIZATION National Center for Families and Children
www.nccf-cares.org
6301 Greentree Road Bethesda, Maryland 20817

RESTRICTIONS *Must have Referrals from Montgomery County social service agencies.*
Must be a Montgomery county resident. Must be screened before admission.
Must be a single parent w/ children or an intact family.

DAYS & HOURS Always Open Shelters

Medical Service

SPONSOR ORGANIZATION	Bethesda Cares www.bethesdacares.org 7728 Woodmont Avenue Bethesda, Maryland 20814
RESTRICTIONS	<i>Must be a Montgomery County resident to receive eviction/utility shut off assistance. Must be homeless or at risk of homelessness to receive any services.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	American Red Cross of the National Capital Area www.redcross.org 430 17th St, NW Washington, D.C. 20006 1-800-733-2767
RESTRICTIONS	<i>Proof of residency required for disaster services. Disaster services limited to meeting Immediate Disaster caused needs.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Community Clinic, Inc. www.cciweb.org 200 Girard Street, #212 Gaithersburg, Maryland 20877
RESTRICTIONS	<i>Must be a Montgomery county resident. Must be able to pay a Sliding fee scale. Must have an appointment</i>
DAYS & HOURS	09 00AM - 05 00PM (MON WED) Dental Services 08 00AM - 04 30PM (MON WED) Medical Services 08 00AM - 05 30PM (FRI) Medical Services 09 00AM - 06 30PM (TUE THU) Dental Services 08 00AM - 07 00PM (TUE THU) Medical Services 08 00AM - 04 30PM (SAT) Medical Services
SPONSOR ORGANIZATION	Community Clinic, Inc. www.cciweb.org 8630 Fenton Street, Suite 1200 Silver Spring, Maryland 20910
RESTRICTIONS	<i>Must be a Montgomery county resident. Must be able to pay a Sliding fee scale. Must have an appointment</i>
DAYS & HOURS	08 00AM - 04 30PM (MON TUE WED THU FRI SAT)
SPONSOR ORGANIZATION	Community Clinic, Inc. www.cciweb.org 7676 New Hampshire Avenue, #220 Takoma Park, Maryland 20912
RESTRICTIONS	<i>Must be a Montgomery county resident. Must be able to pay a Sliding fee scale. Must have an appointment</i>
DAYS & HOURS	07 30AM - 06 30PM (TUE THU) Medical Services 07 30AM - 05 00PM (MON WED FRI) Medical Services 07 30AM - 04 00PM (SAT) Medical Services

SPONSOR ORGANIZATION	Elaine Ellis Center of Health http://www.eechealth.com/ 10001 Rhode Island Ave College Park, Maryland 20740 <i>Saturday hours are only on the 2nd Saturday of every month</i>
RESTRICTIONS	
DAYS & HOURS	09 00AM - 06 00PM (MON WED THU) General Office Hours 10 00AM - 02 00PM (SAT) General Office Hours 09 00AM - 02 00PM (FRI) General Office Hours 08 00AM - 07 00PM (TUE) General Office Hours
SPONSOR ORGANIZATION	Interfaith Works- IW Empowerment Center www.iworksmc.org 8106 Georgia Avenue Silver Spring, Maryland 20910 301-762-8682
RESTRICTIONS	<i>The IW Empowerment Center is a day program for individuals experiencing homelessness. We are a low barrier program that serves everyone ages 18 and older. The IW Empowerment Center provides both therapeutic and recreational groups as well as showers, toiletries, laundry, and case management services.</i>
DAYS & HOURS	08 30AM - 06 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Kaseman Health Clinic www.cmrocks.org/Health_Care.html 8 West Middle Lane Rockville, Maryland 20850
RESTRICTIONS	<i>Must be over the age of 18 and a Montgomery county resident.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI) Medical Services
SPONSOR ORGANIZATION	Mary's Center for Maternal and Child Care www.maryscenter.org 8709 Flower Avenue Silver Spring, Maryland 20901
RESTRICTIONS	<i>Must be a Maryland resident. Must be able to pay a Sliding fee scale (free if unable to pay).</i>
DAYS & HOURS	08 30AM - 06 30PM (MON THU FRI) Medical Services
SPONSOR ORGANIZATION	MCC Medical Clinic www.mccclinic.org 15200 New Hampshire Ave Silver Spring, Maryland 20905
RESTRICTIONS	<i>Must have an appointment. Must be able to pay a Small copay based on sliding scale rule. Must be above the age of 18. New patients must register at www.mccclinic.org under "New Patient"/"Online Registration".</i>
DAYS & HOURS	10 00AM - 05 00PM (SUN MON TUE WED THU FRI SAT)
SPONSOR ORGANIZATION	Mobile Medical Care, Inc. www.mobilemedicalcare.org 9309 Old Georgetown Road Bethesda, Maryland 20814 301-493-2400
RESTRICTIONS	<i>MobileMed provides primary healthcare for low-income uninsured and Medicaid-enrolled adult residents of Montgomery County, regardless of immigration status.</i>
DAYS & HOURS	08 30AM - 05 00PM (MON TUE WED THU FRI) 08 30AM - 05 00PM (MON WED) ST. MARY MAGDALENE

SPONSOR ORGANIZATION Primary Care Coalition- Holy Cross Health Center
<http://www.montgomerycares.org>
7987 Georgia Ave. Silver Spring, Maryland 20910

RESTRICTIONS *Must be a Montgomery County resident. Must be above the age of 18.
Must qualify as low-income and uninsured.
Must be able to pay a sliding fee scale. Must have an appointment.*

DAYS & HOURS 08 00AM - 04 00PM (MON TUE WED FRI) Medical Services
08 00AM - 07 30PM (THU) Medical Services
08 00AM - 12 00PM (FRI) Medical Services

SPONSOR ORGANIZATION QCI Behavioral Health - Mental Health Care
<http://www.qcihealth.com/>

DAYS & HOURS 9475 Lottsford Road Suite 250 Largo , Maryland 20774
08 30AM - 05 00PM (MON TUE WED THU FRI SAT)

Senior Services

SPONSOR ORGANIZATION Bowie Fish
PO Box 858 Bowie, Maryland 20718
301-262-8479

RESTRICTIONS *No restrictions mentioned. Call the FISH voice mail system and leave the
requested information. Telephone volunteers access the voice mail and call
volunteer drives to set up rides.*

DAYS & HOURS Always Open Hotlines

SPONSOR ORGANIZATION The Senior Connection
www.seniorconnectionmc.org
3950 Ferrara Drive Silver Spring, Maryland 20906
301-962-0820

RESTRICTIONS *Must be 62 years and above, living in Montgomery County*
DAYS & HOURS 09 00AM - 04 00PM (MON TUE WED THU FRI)

Transitional Housing

SPONSOR ORGANIZATION	AHC, Inc. http://www.ahcinc.org 2230 N. Fairfax Drive Arlington, Virginia 22201 703-486-0626
RESTRICTIONS	<i>Must undergo an application process. Must have low or moderate income level. Call phone number listed, walk-ins for leasing office only.</i>
DAYS & HOURS	09 00AM - 05 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Catholic Charities - Bethesda House www.catholiccharitiesdc.org 5320 Marinelli Road Rockville, Maryland 20852
RESTRICTIONS	<i>Referrals required from Montgomery County Government. ID and proof of residency required. Must be a homeless man with a mental health problem.</i>
DAYS & HOURS	Always Open Shelters
SPONSOR ORGANIZATION	Catholic Charities - Dorothy Day Place www.catholiccharitiesdc.org
RESTRICTIONS	<i>Must be 18 years or older and a Montgomery County resident. Not and emergency shelter walk-ins and self-referrals are not accepted. Referrals from Montgomery Crisis Center 240-777-4000.</i>
DAYS & HOURS	Always Open
SPONSOR ORGANIZATION	Interfaith Works- IW Empowerment Center www.iworksmc.org 8106 Georgia Avenue Silver Spring, Maryland 20910 301-762-8682
RESTRICTIONS	<i>The IW Empowerment Center is a day program for individuals experiencing homelessness. We are a low barrier program that serves everyone ages 18 and older. The IW Empowerment Center provides both therapeutic and recreational groups as well as showers, toiletries, laundry, and case management services.</i>
DAYS & HOURS	08 30AM - 06 00PM (MON TUE WED THU FRI)
SPONSOR ORGANIZATION	Interfaith Works http://iworksmc.org 2 Taft Court St Suite 100 Rockville, Maryland 20852 301-762-8682
RESTRICTIONS	<i>Must be a single woman (ages 18+) without children. Must have lost permanent housing in Montgomery County.</i>
DAYS & HOURS	Always Open Shelters
SPONSOR ORGANIZATION	National Center for Families and Children www.nccf-cares.org 6301 Greentree Road Bethesda, Maryland 20817
RESTRICTIONS	<i>Must have Referrals from Montgomery County social service agencies. Must be a Montgomery county resident. Must be screened before admission. Must be a single parent w/ children or an intact family.</i>
DAYS & HOURS	Always Open Shelters

SPONSOR ORGANIZATION U.S.VETS - Washington D.C.
www.usvetsinc.org
111 St. NE Washington, D.C. 20002
RESTRICITIONS *Must be a veteran.*
DAYS & HOURS 09 00AM - 05 00PM (MON TUE WED THU FRI)

Utility Assistance

SPONSOR ORGANIZATION Bethesda Cares
www.bethesdacares.org
7728 Woodmont Avenue Bethesda, Maryland 20814
RESTRICITIONS *Must be a Montgomery County resident to receive eviction /utility shut off assistance.*
Must be homeless or at risk of homelessness to receive any services.
DAYS & HOURS 09 00AM - 05 00PM (MON TUE WED THU FRI) General Office
Hours

SPONSOR ORGANIZATION Catholic Charities Archdiocese of Washington
www.catholiccharitiesdc.org
12247 Georgia Avenue Silver Spring, Maryland 20902
RESTRICITIONS *Accept Walk in, Self-Referrals, referrals from other agencies or churches/parishes.*
Must be a Montgomery county resident
DAYS & HOURS 09 00AM - 05 00PM (MON TUE WED THU FRI)