



NAGVA

North American Gay Volleyball Association

PURPOSE

The purpose of this Policy and Procedures Guide is to create a safe and orderly process for returning to play during COVID-19. This guide also creates a minimum standard that will be followed by all participants. This guide is divided into three parts: Tournament Directors, Regional Commissioners, and Players. Each section will have NAGVA-mandated requirements for returning to play as well as highly suggested practices. These should not be considered limited, as each group may adopt additional requirements. This document may be amended at any time due to updated circumstances. Any proposed additions/changes should be brought to the appropriate task force chair:

- Tournament Directors - Vice President (VP) of Tournaments (tournaments@nagva.org)
- Regional Commissioners - VP of Regions (regions@nagva.org)
- Players - Executive VP (vicepresident@nagva.org)

SECTIONS IN THIS GUIDE

- Return to Play Guidelines for Players
- Return to Play Guidelines for Tournament Directors and Venues
- Return to Play Guidelines for Regional Commissioners
- Appendix A: Covid-19 Screening Questions
- Appendix B: Contact Tracing Form



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RETURN TO PLAY GUIDELINES

FOR PLAYERS IN NAGVA-SANCTIONED TOURNAMENTS

Adhere to the most stringent federal, state, or local guidelines when participating in any NAGVA-sanctioned tournament.

Before Tournament Weekend

- Be symptom free for at least 14 days prior to any activity.
- Refrain from attending any activity if displaying any COVID-19 symptoms.
- Practice physical distancing regularly.
- Ensure your NAGVA profile has been updated with current email and phone number.
- Bring hand sanitizer and sanitizing wipes.
- Stay home if you are sick or do not feel well or exhibiting any COVID-19 symptoms.
- Any player testing positive for COVID-19, must test negative prior to returning to a NAGVA sanctioned event.
- COVID-19 vaccination is recommended by the CDC to reduce the risk of contracting COVID-19 from participating in indoor sporting activities.
- For participants not fully vaccinated for COVID-19, it is recommended they take a test within 72 hours of play.



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During Tournament Weekend

- Face masks are recommended to be worn while inside the facility.
 - NAGVA will continue to defer to facility/local/state guidelines for tournaments if those requirements are more stringent.
- Wash and sanitize your hands before the beginning and end of the match.
- Wash and sanitize your hands often and between sets.
- Do not touch your face, eyes, or mouth with unclean hands.
- Cover your mouth and nose with a tissue or elbow if you cough/sneeze.
- Refrain from contacting other participants and attendees, if at all possible.
- Do not share whistles.
- Players will be allowed to switch sides of the court at the end of each set.
- Always maintain appropriate social distancing and respect each player.
- Regional Commissioners will not accept payment for season NAGVA dues.
- Dues must be paid online prior to the tournament.

After Tournament Weekend

- Monitor your health and report any symptoms to your team captain, tournament director, or NAGVA official.
- Wash and sanitize all gear, uniforms, and apparel used during the activity.
- Please leave the facility at the conclusion of play or officiating duties, to avoid crowding.



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ADDITIONAL RESOURCES

- Latest Information from the CDC on COVID-19
 - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
- CDC Guidance for Large Community Events and Mass Gatherings:
 - <https://www.cdc.gov/coronavirus/2019-ncov/your-health/large-gatherings.html>
- CDC Guidance for Cleaning and Disinfection of Community Facilities:
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
- CDC Guidance for Visiting Parks and Recreational Facilities
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html>
- CDC Guidance for playing sports:
 - <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/playing-sports.html>
- CDC Guidance on Coronavirus and Travel in the US:
 - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

DISCLAIMER – These guidelines are provided for general informational purposes only and are not intended as, or should be relied upon as, specific medical or legal advice. All participants are strongly encouraged to consult with qualified medical personnel and/or public health officials for medical advice. Also, consult with federal, state and local orders and/or laws for legal considerations. If you use any considerations provided herein, you do so at your own risk and specifically release from any and all liability, NAGVA, and their directors, officers, employees, volunteers and agents in connection with your use of the enclosed guidelines. NAGVA makes no warranties or statements as to the completeness, reliability, and accuracy of the information contained herein.



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RETURN TO PLAY GUIDELINES

FOR TOURNAMENT DIRECTORS AND VENUES

Adhere to the most stringent federal, state, or local guidelines when participating in any activity.

- The oncoming refereeing team are highly recommended to:
 - disinfect volleyballs between each set.
 - disinfect pens/pencils at the end of the match.
 - sanitize all chairs and surfaces including the scorekeeper's table.
- Limit 6 teams per court.
- Establish sanitary stations throughout the facility and on every court.
- Every 2 courts will be assigned a specific court runner for the tournament.
- There will be at minimum a 5-minute break in between matches to allow for proper sanitation of courts.
- The R1 for Sunday play should ensure sanitation protocols are followed and the schedule remains on track.
- NAGVA will be subsidizing masks for the tournaments. Contact Rich Sucre, Treasurer (treasurer@nagva.org)
- Spectators will be allowed at the playing facility.
- Spectators are to follow all safety guidelines as players.



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RETURN OF PLAY GUIDELINES **FOR REGIONAL COMMISSIONERS (RC)**

Pre-Tournament

- Contact between RCs and players will be by email only.
- RCs will minimize time at registration and should take shifts, wherever possible.

Tournament Play

- For NAGVA dues, only accept online payment (no cash).
- RC table will be staffed and located for appropriate physical distancing.
- RCs should stagger times at registration to minimize exposure if possible.
- Roster Verification: Team Captains must verify that all team members are rostered before the registration event.
- Facial coverings will be highly encouraged but not required at all NAGVA sanctioned events involving the RCs assigned tournament.
- If RCs are attending tournaments within two weeks of each other, then RCs are suggested to wear a mask at all tournaments except for the last tournament.
- Appropriate PPE in addition to facial coverings will always be worn by RC's at their discretion, including but not limited to:
 - Gloves
 - Eye Protection

Post-Tournament Play

- Refrain from attending any activity if displaying any COVID-19 symptoms.
- Comply with all permissible regulations approved for the venue.



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Appendix A

COVID-19 SCREENING QUESTIONS

Screen the participant before attending event or practice for any of the following new or worsening signs or symptoms of possible COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish or a measured temperature greater than or equal to 100.4 degrees Fahrenheit
- Known close contact with a person who is lab confirmed COVID-19 positive.

