

American Council on Exercise

This certificate attests that

has met all the requirements of the American Council on Exercise to develop and implement personalized exercise programs that improve fitness and overall well-being for individuals who are apparently healthy or have medical clearance to exercise.

CERTIFIED PERSONAL TRAINER

GETTING PEOPLE MOVING SINCE 2019

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Cedric X. Bryant, Ph.D. President & Chief Science Officer American Council on Exercise





January 31, 2023

VALID THROUGH

