



## COVID-19 Visual Guide for those in Residential Care

**The Irish Government is asking everyone to be extra careful so we can stop the spread of COVID-19.**

**This means my daily schedule will change.**



**I may not be able to do the things I usually do, and I may not see the people I usually see.**



**This means that my family and friends will not be able to visit me during this time. This is to keep me safe and others around me safe.**



**My family and friends will also be staying at their house too.**

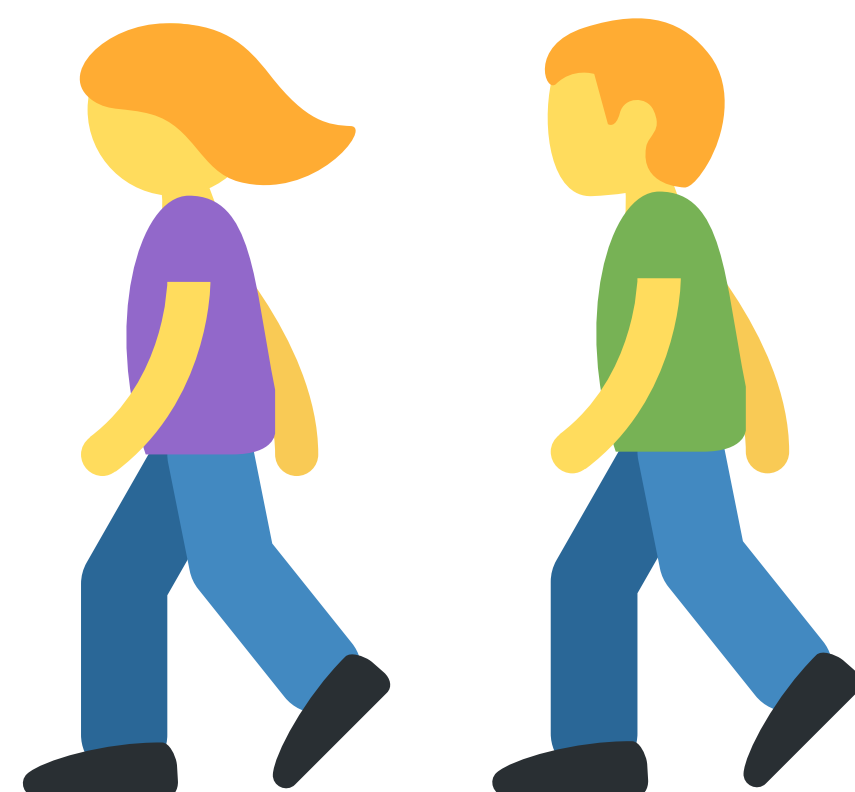


**This might make me sad and I might find this change difficult and that is ok. This is temporary, which means it will go back to normal when the government says it's ok.**

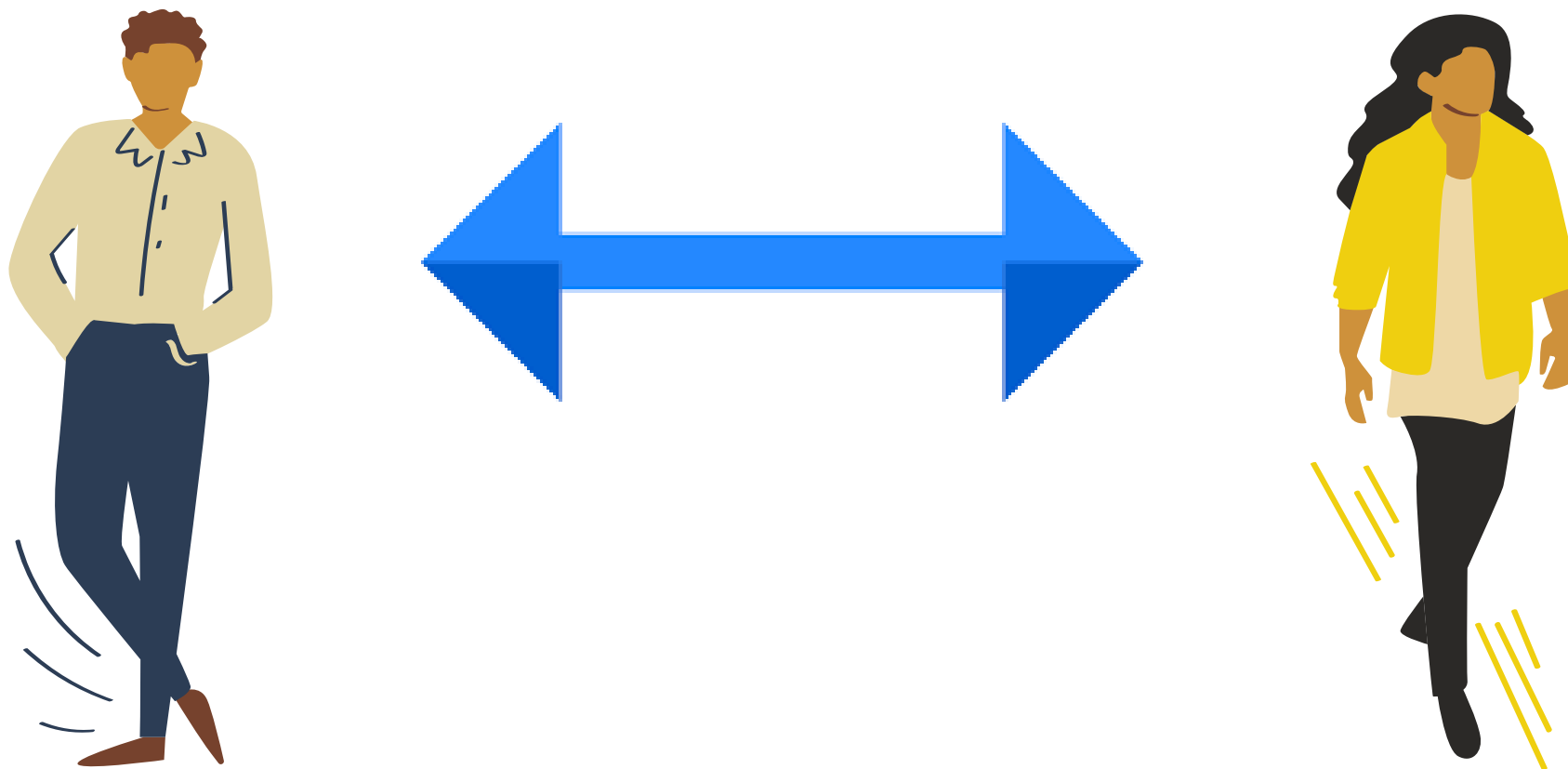


**If I have any worries or questions, my support workers will be there to help me.**

**If my support worker says it is ok, I may still be able to go for a walk with them and other people I live with.**



**If I go for a walk, I will need to stay 2 metres apart from other people out walking.**



**If I want to, I will still be able to speak to or see my family or friends on the phone or video chat. If I need to, I can ask my support worker to help set this up. I will be able to see that my family and friends are safe at home.**



**I am helping to keep myself safe and my family safe.**

**I must remember to wash and sanitise my hands and cough or sneeze into my elbow.**



**If everyone follows the rules, we will be able to go back to normal soon and my friends and family can visit again.**



**I am doing a great job at keeping myself and my friends and family safe!**