

# One Way to Make Your Husband Happier

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Not getting along with your husband's friends can be a source of great conflict in your marriage, especially if he's known them for a long time. The last thing you want is for your husband to feel as if he must choose between you and his friends.

## **Be Yourself**

Many wives believe they need to show interest in sports or other traditionally "manly" hobbies to get along with their husband's friends. Not true!

You'll have a much better chance at getting along with his friends by just being yourself. For instance, if your husband invites you to go the game with his friends and you don't know much about the sport, please don't pretend to know because his friends are likely to see through you. Instead, just sit back, enjoy yourself and ask any questions about the game that come to mind. They will LOVE "educating" you; it's fun for them and makes them feel important!

## **Appreciate Gender Differences**

Try not to be offended if your husband's friends aren't interested in carrying on a conversation with you, or they seem a little reluctant to get to know you better. It isn't personal and usually it isn't a sign that they don't like you. It's just that men and women approach friendships differently.

Most women tend to be very talkative when they're with their friends.

Men? Not so much. They tend to bond by doing activities together.

For instance, men are perfectly content watching the game together with little talking or conversation.

## **Let Him Spend Time with the Guys**

If you want a healthy relationship, you shouldn't try to be your husband's only source of social support. To be emotionally healthy, it's essential for men and women to have interpersonal relationships with friends of the same sex.

So, let your husband spend time with his friends without making him feel guilty for "neglecting" you. An afternoon with his friends won't keep the two of you from spending quality time together.

Plus, your husband's friends will like you more if you're not actively trying to keep their friend away from them.

Keep in mind that spending time with friends is a great way to recharge. Would you rather spend quality time with your husband when he is happy and energized, or tired, indifferent and grumpy?

Lastly, remember that absence makes the heart grow fonder, so he will probably be more excited to see you after spending time with his friends and will appreciate you more deeply.

If you have been wondering how to make your husband happy, try encouraging him to spend time with his friends and family. He'll come back energized and eager to spend time with you.

*Until next time, this is Mike Tucker and I want YOU to be mad about marriage!*