

FAST FACE SHIELDS USING TRANSPARENCY FILM OR SHEET PROTECTORS



Surgical Mask
full face shield

1. CUT TWO SLITS in plastic sheet.

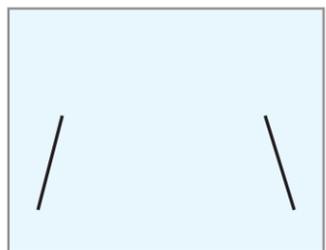
Use a mask to measure the height of the slits.

Note that the space between the slits is WIDER than the mask itself.



length of cut = height of mask

Be mindful of the placement of cuts to make sure the coverage for eyes is in a good range: cut lower down on the sheet.

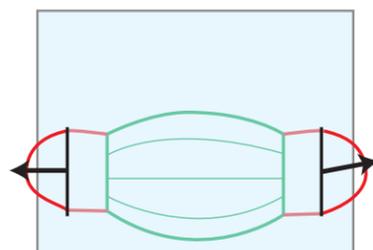


angling the slits may be helpful.

2. FEED MASK LOOPS through slits.

Mask is worn BEHIND the plastic.

Slide the slits up to the edge of the mask, plastic should CURVE outwards.



Feed mask loops through slits.
Mask worn INSIDE shield.

Plastic shield is meant to curve forward/away from the face for comfort and to lower fogging.

*Suggestions for health care workers with no other options. These ideas have not been extensively tested and we provide no guarantee or assurance of protection or performance.

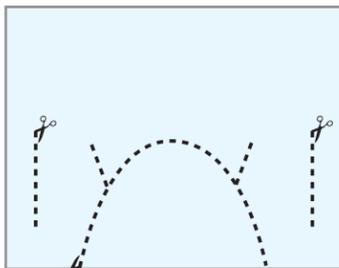


Surgical Mask
eye shield only

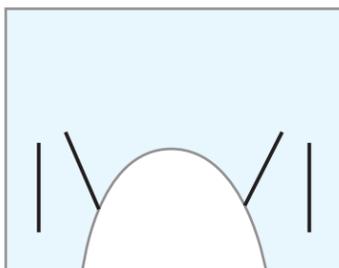
1. CUT TWO SLITS for straps in plastic sheet.

Use a mask to measure the height of the slits.

Note that the space between the slits is WIDER than the mask itself.



Be mindful of the placement of cuts to make sure the coverage for eyes is in a good range: cut lower down on the sheet.



2. CUT "U" SHAPE out of sheet.

"U" shape should be about the width and height of the mask.

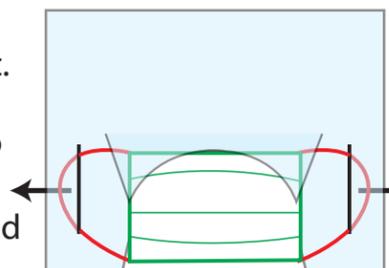
3. CUT TWO SHORT, ANGLED SLITS.

Slits should angle off of the "U" shape. This allows you to tuck the plastic into the top of your mask.

4. FEED MASK LOOPS through holes

Mask is worn BEHIND the plastic.

Slide the slits up to the edge of the mask, plastic should CURVE outwards.



Feed mask loops through slits.
Center section tucks into mask.



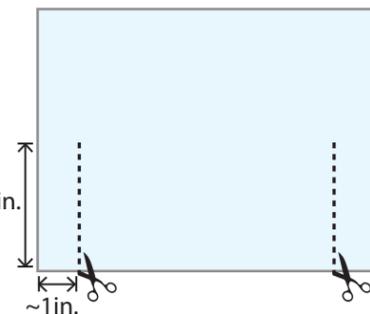
N95 Mask
full face shield

1. CUT TWO SLITS in plastic sheet.

Cut two slits about 4-5 inches long, from the bottom edge of the plastic sheet. The slits should be about 1 inch away from the edge.

Note that the space between the slits is WIDER than the mask itself.

Be mindful of the placement of cuts to make sure the coverage for eyes is in a good range: cut lower down on the sheet.



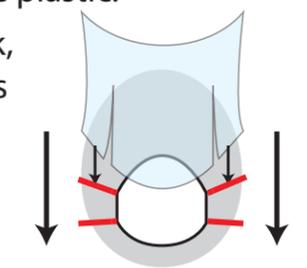
angling the slits may be helpful.

2. SLIDE FLAPS behind mask's straps.

Mask is worn BEHIND the plastic.

While wearing your mask, slide the two outer wings into the straps on either side of the mask.

Plastic shield is meant to curve forward/away from the face for comfort and to lower fogging.



Tuck side flaps into straps.
Mask worn INSIDE shield.

for more instructions and videos of the process, visit

<https://nycmakesppe.com/fast-face-shield.html>

OR scan this QR code:



Glasses/Goggles
full face shield

+2 ties - anything for fastening:

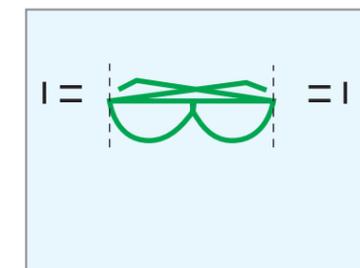
- zip ties
- string
- wire twist ties
- elastic bands
- tape
- paper clips

1. CUT SIX HOLES or SLITS in plastic sheet.

Cut three slits or holes on each side of sheet. Place them slightly above the middle, close to the outer edges.

On each side, cut:

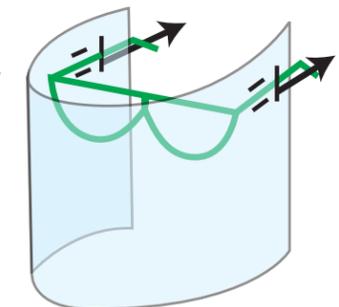
- One vertical slit to thread the arms of glasses through
- Two parallel horizontal slits for ties



Holes are farther apart than width of glasses.

2. SLIDE ARMS of glasses through slits.

Slide arms through the outermost/vertical cuts. Glasses are worn INSIDE the shield, so poke the arms from the inside to the outside.



3. TIE TO FRAMES.

Fasten/tighten ties tightly around the arms of the glasses, towards the front of the face, allowing the plastic to curve forward with a gap of space.

