

A Walk in the Park



Piedmont Park Seventh-day Adventist Church newsletter

Our Vision: To encourage a closer walk with God and greater involvement in His Ministries in the Lincoln Nebraska area through the medium of A Walk in the Park.

Our Mission: With God's leading, we will reach out to our church family, sharing stories of hope, encouraging all, and promoting active involvement in the various ministries of Piedmont Park Seventh-day Adventist Church

June 2013

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The Camp Meeting Experience

by Teresa Thompson

All my married adult life my husband and I have attended the yearly church camp meeting in the conferences where we lived. Sure, it was rather strenuous on the bottom part of anatomies—sitting through meetings for several days in a row, from dawn till it was time to go to bed. But it was also like a big family re-union for us. Church family, that is. You have to come from a very small congregation at least once to really appreciate this valued opportunity.

But it was also more than a reunion. Camp meeting was a time to recharge our spiritual batteries, to revive our longing for the Second Coming, and to equip us to go home and fulfill the Great Commission of taking the gospel to the world.

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Piedmont Park VACATION BIBLE SCHOOL 2013
 Location: 4801 A St.
July 14-18
 6:30-8:30pm
 Your ENTIRE family is invited to participate! (Children alone: K-5th grade)

- *games
- *music
- *crafts
- *fun
- *food
- *friends
- *Bible stories

ATHENS
 Paul's Dangerous Journey to Share the Truth

Pre-Register Online: www.piedmontparksda.org
 More Info: 402-489-1344
piedmontparksda@gmail.com

Join us in ancient Athens and explore what life was like for the Apostle Paul on his dangerous journey to share the truth. Become a part of history as you create cool craft projects, play games, eat yummy food, make new friends and discover more about Paul's missionary adventures!

Introducing Student Pastor Russell and Rachel Huggins

Written by Rachel Huggins

Pastor Russell Huggins serves as Piedmont Park's student pastor. He is currently attending Union College and looks forward to graduating in December 2013. Russell and Rachel met at Union College and married. They came from opposite sides of the United States - Russell from Spokane, Washington, and Rachel from the Washington D.C. area.



A Walk in the Park is available on the **Media** page on our church web site at www.lincolnpiedmontpark22.adventistchurchconnect.org/.

A limited number of printed copies are available in the foyer and at the Welcome Desk for those who do not have access to the online version.

Russell loves the Lord and is passionate about everything he does. He works as an auto mechanic. He loves to work on cars in his free time and is building a hot rod at home with his dad. Both Rachel and Russell share a love for the outdoors and exercise. They love to golf together. Rachel is passionate about health ministry, has her Masters Degree in Public Health and works as the Wellness Manager for Union Bank. Russell and Rachel are excited to start a family together and serve the Lord wherever He will have them go.

The Coppock Family

Written by Scot Coppock

Edited by Vanessa Schaecher



Manuela and Scot Coppock moved to Lincoln about a year ago and found Piedmont Park SDA Church to be a perfect fit for their family. Previously they lived in South Bend, IN, for eight years where Manuela was the Director of Great Kids Academy, an early childhood education center and Scot was a financial advisor helping individuals and businesses with their financial and insurance planning. Now Scot uses his background in estate planning as the Director of Leadership Giving at Union College as he helps donors structure the gifts they give to the college.

Manuela was born and raised in Germany and is the daughter of a Seventh-day Adventist preacher. Scot grew up in a tiny town. Scot and Manuela met when Scot was stationed in Darmstadt Germany with the U.S. Army. Manuela helped Scot to become a Seventh-day Adventist as he was led by the Holy Spirit to rededicate his life to Jesus Christ and was baptized after a Revelation Seminar they attended in Grand Rapids, MI. Since Scot joined the church, they have both enjoyed finding ways to be active in their home church including Sabbath School, men's, and women's ministries.

Manuela and Scot's three children Angela (10), Mckayla (7) and Christian (pronounced with a German accent of Krist-yan) (4) all enjoy life by riding their bikes, walking to nearby playgrounds, singing or making music and especially having family worship every Friday evening for Sabbath beginning.

The whole family feels blessed to be at Piedmont Park, and they look forward to getting acquainted with more and more of their brothers and sisters in Christ.

Eula Key

Written by Eula Key

Edited by Vanessa Schaecher



Eula Key has worked for the Federal Government for 28 years and is employed with the Department of the Army as a Management Analyst at Fort Leavenworth, Kansas. She recently transferred her membership to Piedmont Park from the Saint Joseph Missouri SDA Church. She moved to Murray, NE, in 2012 so she could spend more time with her three children and six grandchildren who live in Lincoln.

In 2007, after a series of financial miracles, God sent Eula to Amazing Facts training to be a Bible Worker. While at training, she was chosen as one of only 11 students to give a worship service for the Amazing Facts staff. After her training, God sent Eula on a group mission trip to Romania to preach 16 ShareHim sermons. Eula was chosen to give the 11:00 a.m. Sabbath sermon and the afternoon sermon at the largest (300 members) Romanian SDA church on the last Sabbath of the trip. The April 2008 Amazing Facts magazine mentioned how God used Eula to change lives in Romania.

In order to do the Amazing Facts training and mission trip, Eula had left her job in order to make herself completely available to be used by God full time. After the training & trip was completed, God gave Eula her old job back with the very same benefits and pay grade as if she had not left her job. Each year since that time, God has blessed Eula with a Bible student who has chosen to get baptized in the SDA church. Only God can change the heart! Eula now understands in a deeper way how much God wants to use each one of us to bring others into His kingdom.

Friday Night Vespers is a special time for us to gather together and welcome the Sabbath hours as a church family. Each of these Friday Night Vespers programs starts at 7pm and lasts about one hour. They are full of inspiration, music & worship to help us start the Sabbath off on a joyful note. If you have questions about the Friday Night Vespers program, please contact Vanessa at ppvespers@gmail.com or 402-486-0629. More information about each individual program can be found on the Calendar page of the Piedmont Park website at www.piedmontparksda.org.

July 12 - TBA

August 9 - The Coppock Family

Women's Ministries Report

By Carol Leonhardt

On Mother's Day Sabbath, all the mothers at Piedmont Park received fragrant carnations and a copy of *Biblical Virtues to Pray for Your Kids* by Bob Hostetler. Extra flowers and prayer cards were ordered so that some could be shared with family members, friends, and some women at several elder care facilities.

On May 19, Sara Thompson, Manuela Coppock, and Anna Balsanek made their best breakfast recipes for a Sunday morning brunch. Manuela Coppock was the devotional speaker and challenged the group to develop and demonstrate God's character of love in their homes and community. Linda Johnson, an avid gardener, demonstrated how to create colorful flower planters. Carol Leonhardt, Women's Ministries Leader, had a friend from work who had just moved into a new home and had several empty pots that needed potting. Carol invited her to bring her pots to the brunch and Linda potted them with a lovely arrangement of cascading vines and flowers. Carol's friend was thrilled with the results.

Women's Ministries plans to continue with a monthly brunch again in September. There will also be twice monthly evening Bible study especially for women.

Thoughts....

By: [Renee Schaecher](#)

Bricklayers are optimists. With their eyes they may see a pack of bricks but with their heart they see a house. So, acting on hope born of experience, they lift the bricks one by one by one until the job is done. "Seeking Courage" by Lorna Arthur.

As we go through the accumulation of life's years we begin to be aware of heartache, sickness, unfairness, hierarchies, violence, corruption, death ...and we may begin to think that life is just a useless pile of bricks. At times our hearts may faint within us, we may become ill, or we may just wonder how we can go on. This is the human condition that Christ gives us strength to overcome as we cling to His promises in faith.

The story of Elijah: his unbelievable victory over the Prophets of Baal, his frantic race from fearful Jezebel and at the end of the story, his ascension into heaven in a whirlwind is a fascinating recounting of God's intimate involvement in Elijah's life. This story can be found in 1 Kings 18:16-46, 1 Kings 19:1-9 and 2 Kings 2:11-12. After Elijah's long and stressful flight from Jezebel he was exhausted. He even asked God to let him die. God's response is one of kindness yet with a reality check and a call to minister again. Elijah slept, rested, listened, ate and drank, slept some more and then found his way back to encouragement and faith in God's overarching plan.

The circumstances of human life at this time, on this fallen planet, can be like piles of bricks; hard, un-yielding, and of no productive use on their own without vision and hope and the hand of a bricklayer. God is our Master Bricklayer, the Master Optimist.

He takes the heap of hard and trying life circumstances that for us seems like a pile of impossibilities and breathes life into them. He resurrects our hope, He helps us see the larger picture. He builds us up, circumstance by circumstance, into a temple in which His Spirit can live. He makes us part of the larger building of His church. Because He has always existed He has all experience and lives without doubt. He gives us of His hope and shares His work with us and so... we lift life's bricks one by one by one and work with Him until life's job is done

Piedmont Park invites you and your friend(s) and family to attend new on-site fitness classes. Fitness classes will be held in the fellowship hall beginning Thursday, May 30, at 7:00-8:00pm and will be held every Thursday and Sunday evenings at that same time. Thursday will be a light toning and stretching class and Sunday will be a Bootcamp class. Each exercise will have modifications to accommodate all fitness levels. These classes are Free to Piedmont members, family and friends. We invite you to come improve your health and socialize with other members. Classes will be taught by Rachel Huggins, MPH and Certified Personal Trainer. To sign-up email rachel.e.welsh@gmail.com or contact Rachel Huggins at 410-302-9155

Soldiers in Christ

By: Renee Schaecher

Have you ever noticed, been amazed and somewhat appalled at the “young-ness” of many of our soldiers in the military? Personally, every time I see the entry level soldier, my heart silently cries...“they’re just kids!” Yet, they are not just kids....they have shown great commitment, endured homesickness like many of us never know and endured hardship and strict discipline.

For those who endure and succeed weightier responsibilities await. Even after they are soldiers of experience, there are many temptations and opportunities to stray away from the path of righteousness.

In years past, our church membership often sang songs like “A Flag to Follow” and “Onward Christian Soldiers”we seemed to have a sense that we are engaged in an eternal warfare, partly of our own human making....that we are soldiers for God’s cause. We call our people and our youth today to remember our calling as willing, dedicated soldiers of God...to fight well, to do good, to save the people, to give spiritual freedom under the banner of our heavenly Commander, Jesus Christ.

Leaky Gut Syndrome

By Dr. Brian Wehling

Experiencing gastrointestinal problems such as abdominal bloating, excessive gas and cramps, as well as other symptoms such as allergies, eczema, acne, and even depression can all be related to the syndrome known as “Leaky Gut”.

The theory is that leaky gut syndrome, also called “increased intestinal permeability”, is the result of damage to the intestinal lining, making it less able to filter and digest nutrients. As a consequence, some bacteria and their toxins as well as incompletely digested proteins and fats, may "leak" out of the intestines into the blood stream.

This medical mystery is a very gray area for many physicians who can’t seem to put a finger on the exact cause of the condition. Although the diagnosis of leaky gut syndrome is controversial, there are hundreds of research articles in traditional medical literature connecting leaky gut syndrome to many diseases because the intestinal lining is the first mechanism of defense for our immune system.¹

To read the remainder of this article, go to <http://alfelincoln.com/index.php/health-alerts/256-leaky-gut-syndrome>.

Mission Project: I have info and pictures of several children from Adventist homes in India who currently need sponsors. The average income is less than \$1 per day. Sponsors are needed to provide quality Christian education for the children. ACI (Adventist Child India) is a program that helps find sponsors for the children from Adventist families. It costs only \$360 per year and is tax deductible. It includes tuition, lodging, food, books, clothing, and medical care. You will receive letters from your child plus progress reports.

Check out the ACI videos (<http://www.youtube.com/watch?v=uZHUBWqhLWQ&feature=channel> and <http://www.youtube.com/watch?v=DNjnkLfu6so>). The Seventh-day Adventist Church in India is growing rapidly. Growth is especially significant in India’s villages, where the believers have many needs including Christian education for their children.

Facts about the children of India

- There are 18 million street children in India.
- Over 59 million children in India have no access to school.
- One out of two children between the ages of 6 and 14 has no access to primary education.
- Out of 27 million children born in India each year, 2 million do not survive to celebrate their first birthday.
- About 60million Indian children under the age of 6 live below the poverty line.
- 500,000 children are forced into commercial sex trade every year.
- 1 out of every 3 girls does not live to see her 15th birthday.
- Every sixth girl child’s death is due to gender discrimination.
- 6,000 more girls than boys die every year.

Karen Tuition

Thank you so much to generous givers, the Karen Tuition Group at Piedmont Park was able to give \$1,800 this school year towards tuition for Tbe The, one of the youth from Piedmont's Karen congregation, to attend 8th grade at College View Academy! Tbe The had a good year at CVA and enjoyed her experiences there which culminated in a beautiful graduation ceremony at the College View Church.



The Camp Meeting Experience, continued

Our Kansas-Nebraska Conference has just completed the yearly camp meeting experience for our fellow believers here in the Midwest. Due to our age and health conditions now, my husband and I are prevented from attending all the meetings, which seems a shame since we actually live so close to the Union College campus where it's held each year.

I was glad we did make it to the Sabbath afternoon program though. My husband Dean loves the musical concert that is usually presented at that time, and we were not disappointed to hear the voice of such a well-known singer as Charles Haugabrooks.

We were also pleasantly surprised to hear another well-known personage speak at camp meeting. The first voice we heard that afternoon was not of Charles Haugabrooks, but of a little ol' lady who came down the center aisle singing "We Shall See the Lord A'comin'..."

She was obviously lost, somewhere from the 1800s, I'm sure, but she boldly came to the pulpit and began to enthrall us with her homespun tales and grandmotherly spiritual advice. She thanked the church for providing a podium that she had previously spoken behind a few years back. It was just the right height for her, she admitted.

You may have had some questions about this oddly-dressed woman, who so resembled one of our church pioneers, Ellen G. White. Upon research, I discovered she was Rita Hoshino, from Angwin, California. She has been doing these "portrayals" of Ellen White since she was a teenager. I felt very fortunate to see and hear her at camp meeting this year. It made up for not being able to make it to all the other meetings. I was reminded how inspiring it must have been to hear this amazing woman while she was still alive.

Next year, I hope all our Piedmont Park church family will be able to attend camp meeting, not just one, but all the meetings. You will be so blessed if you do, with or without the presence of our friend Ellen, er Rita.

Thank you, Rita, for this important ministry of reminding us of our roots. We need to finish the work that our church pioneers started!

The Unrestricted Benevolent Ministry

By Renee Schaecher

The un-restricted benevolent ministry is traditionally known for distributing the funds donated by the church members to help those in periodic financial need.

In 2010 this ministry adopted the application and committee process which helps define the applicant's financial need as well as distribute the decision making process. We are happy to help many member families as well as a smaller number of community people with financial grants or referrals to organizations that can help meet their needs. We provide a copy of the community referral resource booklet and encouraging spiritual booklets to grant applicants and recipients when possible.

In 2011 and 2012 we expanded the ministry by initiating and promoting positive helping events. Since that time we have helped organize and have provided our church as a no cost host site for three families who needed assistance raising funds to help pay large medical bills.

In 2012 we expanded again and collaborated with other ministries to broaden our organizational and promotional base for ministry. The un-restricted benevolent committee, the new member ministry and the youth ministry went together to promote all church involvement in a community based helping event. As a result, 55 people from Piedmont Park participated in the Center for People in Need's Giving Thanksgiving Event.

Thank you each one for your donations to the un-restricted benevolent fund and for your participation and support! Questions? Renee Schaecher-Chair piedmontpark@gmail.com.

Vegan Seitan Tetrazzini

Submitted by Tammi Daniel

1/2 lb. spaghetti
1 Tbsp. vegetable oil
1 lb. seitan, cubed (could use Choplets or Vegetable Steaks, etc.)
1 medium red bell pepper, chopped
2 cups fresh mushrooms, sliced
1 (15 oz.) can vegetable broth
4 oz. vegan cream cheese
1/4-cup flour
3 Tbsp. vegan parmesan cheese (Parma)
1/2 cup soy mozzarella, grated
1 tsp. garlic powder
1 tsp. onion powder

Preheat oven to 350. Cook the pasta until al dente. While pasta is cooking, heat the oil in the pan over medium heat. Add the peppers, mushrooms, and seitan. Sauté until the vegetables soften and the seitan begins to brown, and then take off the heat.

In a small saucepan, bring the vegetable stock, garlic powder, and onion powder to a boil. Turn the heat down to a simmer and slowly whisk in the flour. Once combined, add the cream cheese and stir until it is combined and the sauce is thick and creamy. Take off the heat.

Grease a 9x9 baking dish with oil or margarine. Combine the cooked pasta, vegetables, seitan, and mozzarella. Cover with foil and bake for 25 minutes.

When the 25 minutes are up, remove from the oven, top with the rest of the Parma, and let cool for 5-10 minutes. Cut into squares to serve.

2013 Midwest Gospel Music Concert Schedule

Piedmont Park Church, 4801 A Street, Lincoln NE

*All concerts are free with doors opening one hour before the concert. A love offering will be taken at each concert for the support of the performing artists. If coming from any distance, please call prior to the program to confirm program date and time. For information call 402-792-2450.

The Kings Heralds Quartet – Saturday, June 22, 7:30pm

Thirty men have been a part of the King's Heralds since its founding in 1927. They've recorded over 100 albums in thirty different languages in a variety of musical styles, making them a favorite with audiences of all ages.

Your Piedmont Park Women's Ministries Committee is seeking nominations for Women's Recognition Sabbath. You have the opportunity to nominate women from our congregation to be recognized for their service to church and community. There is a box in the foyer where you can place your nominations. Questions? The Church Office/Renee Schaecher 402-580-1608, 402-489-1344
l/v/m, piedmontparksda@gmail.com.

My Daddy's Hands

By Connie Best Schneider

When I was just a little girl, it was clear to me
That daddy's hands were special, so big and strong, you see
Those hands could do most anything, any task big or small
Build a camping trailer, fix a bike, tie a shoe – my daddy did it all
I remember watching daddy drive, his hands so strong upon the wheel
I doubt he had an inkling that his hands held such appeal
I now look back and understand why my life was so secure
In my eyes daddy's hands meant strength, but it really was much more
He used his hands to make sure he met our every need
He loved us in so many ways, in word and thought and deed
Now daddy's getting older; his hands not quite as strong
But they help him grip his walker as he makes his way along
They used be more help to him in oh so many ways
Now he waits for those who love him to serve as his valet
I know that there are many ways to take the measure of a man
To me, it will always be the strength of daddy's hands.