



ADAPT Health Coach

THIS IS TO CERTIFY

Heather Wolcott

as an ADAPT Certified Functional Health Coach (A-CFHC)

Kresser Institute awards this certification in recognition of successful completion of all requirements for graduation from the ADAPT Health Coach Training Program.

Chris Kresser, Program Founder

DATE OF CERTIFICATION

February 20, 2021



Jody Hereford, Program Director

EXPIRATION DATE

August 31, 2024

NBHC
THE NATIONAL BOARD FOR
HEALTH & WELLNESS COACHING

transition
approved
training
program

The ADAPT Health Coach Training Program is an Approved Health and Wellness Coach Training & Education Program by the National Board for Health and Wellness Coaching (NBHC).