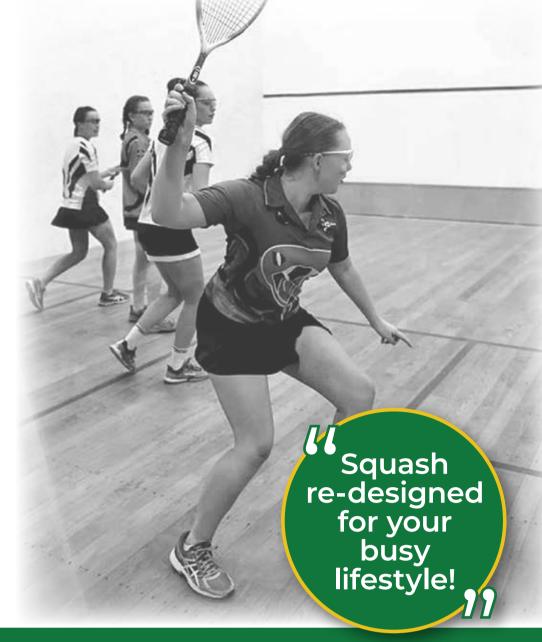
## Get on Court





## A new way to boost fitness and wellbeing! What is it all about?

- ✓ Improve your general wellbeing and fitness levels
- Get active in a judgement free zone
- Get active in a fun and social way
- Feel welcomed into a supportive community and make new friends on campus
- Squash is a great stress release and promotes positive mental health

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