Gregg Allen Tryggeseth was born on December 31, 1965 in Glenwood, MN. He attended and graduated from Villard High School. Gregg has lived in the Alexandria area for most of his life and has worked a variety of jobs in different fields throughout his career. Gregg loved spending time outdoors fishing, wood and antler carving, and spending time with his dog, Toggle. He also enjoyed playing guitar and was known for his quick wit and great sense of humor.

Gregg died on Sunday, January 16, 2022, at his home in Alexandria at the age of 56. He is survived by his mother: Kathleen Klug; sister: Pam (Clark) Johnson; brother: Rob (Kim) Tryggeseth; niece: Julie Schmidt; nephew: Seth (Courtney) Standlund; great niece and nephews: Ella, Sawyer, and Solomon Strandlund: and numerous cousins. Gregg is preceded in death by his grandparents: Albert (Betsy) Bagstad and his step-father: Ken Klug.

I'm Free

Don't grieve for me, for now I'm free, I'm following the path God laid for me. I took his hand when I heard his call, I turned my back and left it all.

I could not stay another day,
To laugh, to love, to work, to play.
Tasks left undone must stay that way,
I've found that peace at the close of the day.

If my parting has left a void, Then fill it with remembered joy. A friendship shared, a laugh, a kiss, Ah yes, these things I too will miss.

Be not burdened with times of sorrow,

I wish you the sunshine of tomorrow.

My Life's been full, I savoured much,

Good friends, good times, a loved one's touch,

Perhaps my time seemed all too brief,
Don't lengthen it now with undue grief.
Lift up your heart and share with me,
God wanted me now, He set me free.

In Loving Memory



Gregg Allen Tryggeseth 1965 ~ 2022

In Memory of

Gregg Allen Tryggeseth

Funeral Service

St. John's Lutheran Church Garfield, Minnesota Saturday, January 22, 2022 11:00 AM

Officiant

Reverend Jeffrey Ross

Musician

Lynette Finnern

Casketbearers

Pam Johnson Clark Johnson Rob Tryggeseth Kim Tryggeseth

Interment

St. John's Lutheran Cemetery Garfield, Minnesota

