**Action plan:**
**Timeline:**

* When will you be able to start your project? On our Community Day & Food Sharing Sunday we want o launch on December 18th the member's ideas for the new year with January, probably on Mondays - as after the holidays on 23rd and/or depending on local events mainly around Friday to Sunday...
* How often will your team meet? Flexibly synchronized with the host space and likewise activities... at least once/month
* Are there any key dates to share for the project? 23 of January 2023 might be agreed on as the first realistic date...

**Budget:**

* You don't need to share exact prices, but please share how you're planning to spend the seed funding & what costs you're anticipating to get your project up and running: Supposing common costs of basics for some food, cooking, material costs as also heating/gas/electricity and place rental as a package to negotiate according to numbers of events, members... - maybe at least some 100 Euro per evening

**Impact:**

* How will your community benefit from this project? Preparing, eating, helping for better growing with nature and in the group as healthy humans empowers the individual as well as the group spirit with knowledge, experience and a social network...
* Do you have any measurable goals for your project such as the number of people that will participate? Reaching via many social media channels with the idea of a more vegan or aware life style can not be measured with the hundreds of postings intended regularly; with messages being seen and reminding people of being healthily connected with themselves and a community to join maybe sooner or later... But 10 to 30 members or participants each time is commonly already a big success with people so extremely busy and unfocused these times in our area... Growing needs patience and perseverance...
* Are you hoping to spread knowledge or increase interest in a specific subject? All around nature and human body-mind-soul can be touched via meeting our basic needs: like sharing food, healthy social times, helping hands/ideas and good spirits of people gathering physically with an open mouth & heart ;) (The current Covid19 or alike recommendations are communicated and respected in our association/host place, being chosen especially for its large spaces, where hygienic measures and distance are possible even for times, where no precautions or masks are officially prescribed. In a context of vegetables and eating all necessary washing and healthy handling are of course inherent matter of attention)

**Location:**

* If your project requires physical space, have you decided the location?Do you have all necessary permission and permits to carry out your project at the chosen location?

The most perfect location of synergy style events with associated open mind people, disposing of large rooms and facilities as a kitchen will be at www.vitalitybase.at in Leberstr. 118a, 1110 Vienna (well reachable from Vienna or surroundings by car and public transport as S7, U3...)