

News Notes

March 2020



PAC March 2020 Calendar



- 1 | United Prayer
- 1 | PAA Music Dinner Fundraiser
- 2 | Nominating Committee
- 3 | COAS/PAA Spring Picture Day
- 4 | Staff Meeting
- 4 | Junior High Band Festival
- 5 | Finance Committee
- 6 | Spring Vespers Series
- 7 | Junior High Led Worship
- 7 | NCC Choral Festival
- 8 | Daylight Savings Time Begins
- 8 | United Prayer
- 10 | COAS/PAA Skip Ahead Day
- 11 | Staff Meeting
- 12 | Church Board
- 13 | Spring Vespers Series
- 14 | PAA Alumni Day
- 14 | Fellowship Dinner
- 15 | United Prayer
- 16 | Nominating Committee
- 17 – 24 | PAA Jr/Sr Washington D.C. Trip
- 18 | COAS/PAA Board Meeting
- 19 | COAS/PAA Minimum Day
- 20 | Spring Vespers Series
- 20 – 28 | Pathfinder Team Mission Trip
- 21 | Speaker: Steve Hamilton
- 22 | United Prayer
- 23 – 29 | COAS/PAA Spring Vacation
- 25 | Staff Meeting
- 27 | Spring Vespers Series
- 28 | Speaker: Dan Martella
- 29 | United Prayer
- 30 | NCC Mark Blue Lectureship (Pastors and Teachers)

Junior High Led Worship

On March 7 our worship service will be led by our Junior High students. They will provide music, skits, and the sermons highlighting great Bible heroes.



Spring Vespers Series



Please join us, beginning Friday, March 6 at 7:00 pm for a time of praise, worship, fellowship, and testimony. We will meet weekly, March through May (exceptions to be announced) at the PAC Church Campus – 5699 Academy Drive.

A Place of Our Own

The PAC office will relocate to our Paradise school campus after wifi is restored – this spring or early summer. Sabbath services will move from CMA to our school campus when the gym restoration is complete – sometime this summer.



New PAC Elementary School Board



The PAC Elementary School Board held its first meeting on February 12. Board leadership, school constitution, and personnel for the 2020-2021 school year are under development.

Principals' Report from the January 21 School Board Meeting

- The high school has gained one student.
- WASC will visit our school this year for a substantive change with governance.
- The elementary school now has 151 students. We have lost two students and gained one. We hope to pick up two more students in the near future.
- The elementary school has a new office manager/bookkeeper: Carina Espinoza.



School Campus Recovery Update

- The electrical work in the elementary classrooms and music room is almost complete. New paint, ceilings, and carpets will soon follow.
- The new flat roof and pitched roof is on the gym.
- The entire school, except for the gym, has a fresh coat of exterior paint.



The Big Top Music Fundraiser



Join us March 1 at 6:00 pm in the Chico Church Gym for the 2020 PAA Music Department Fundraiser. Together we will enjoy delicious food, great music, and a lot of fun. The music this year will be from *The Greatest Showman*. You may want to wear your *Greatest Showman* costume! Tickets are on sale now for \$25.00 each. Contact one of our students to reserve your place at this event.

Don't be afraid to start all over again. You may like your new story better.

The Sound of Music

The Ridge is Alive with *The Sound of Music*. Mark your calendars for this annual PAA production at the Paradise Performing Arts Center on Saturday evening, April 18, at 8:00 pm, and Sunday, April 19, at 2:00 p.m. Tickets are \$20 and can be purchased through the PAA office.



Let Them Eat Pizza

Our PAA tenth grade class is having a fundraiser at MOD Pizza on March 4 from 4:00 – 8:00 ap. Show them our school flier (Available just outside the Chico church office or tinyurl.com/vogmlws and 20% of your order cost will benefit our Sophomore class.



PAA Athletic Events



Sunday May 31st is the annual PAA Athletic Golf Tournament Fundraiser at the Links at Rolling Hills in Corning. Money raised goes to support our PAA/COAS athletic programs so please plan to join us.

Pyramid Basketball Camp is June 15-19. Registration will begin this spring, usually after spring break but mark your calendars now!

PAC Goes to General Conference

When the world church gathers this summer for General Conference, the North American Division booth will feature short films telling the stories of creative ministries in our territory. The Post-Camp Fire Marriage Seminar we hosted with Claudio and Pam Consuegra this last fall will be one of those stories. A videographer will be with us in mid-March to tape that segment.



Communications Team



A team of PAC leaders and communicators has been assembled to enable the church and its recovery ministries to better communicate with their diverse constituencies. Committee members include Maureen Wisener (C), Joelle Chinnock, Pastor Steve Hamilton, Julie Kitto, and Pastor Dan Martella.

I've learned you shouldn't go through life with a catcher's mitt on both hands. You need to be able to throw something back.

Maya Angelou

Ridge Trends



At the February 20 Ridge Ministerial Meeting, pastors were asked what major themes they are noticing in their churches and community at this time. Here is what our pastors are seeing:

- A clear sense of pastoral calling to remain in the community for this season.
- A whole new level of healing from the shock of the Camp Fire experience.
- A greater sense of church family. People are spending more time with each other following church worship services.
- A continued interest in Paradise church and community recovery by people of faith across the country, and an eager willingness to assist in that recovery.
- Paradise is recovering from the fire much faster than we anticipated.

Pathfinder Mission Trip



Terry Parsons will represent the Paradise Church in the NCC sponsored Pathfinder mission trip to Africa's Ivory Coast March 20 – 28. Let's support this venture with our prayers!

2021 Israel/Jordan Tour



Now is the time to sign you and your family up for our 2021 Chico/Paradise tour of Israel and Jordan. Simply go to www.madisontravel.com, click the *tours* button, scroll down to and click the *Dan Martella 2021 March 16 – 29 button*, fill out the application form, and click *submit*. Join us for this opportunity to visit Bible story sites, enrich our faith, explore different cultures, enjoy great Mediterranean food, and share friendship with Chico and Paradise friends. For more information, look at the following graphic or contact Pastor Dan Martella at 707-494-4739.



14-DAY JORDAN & ISRAEL TOUR

MARCH 16-29, 2021

SEVENTH-DAY ADVENTIST CHURCH

HOSTED BY:
PASTOR DAN MARTELLA

TOUR ESTIMATED PRICE: \$4,275





SAVE THE DATE!

| | | |
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| • Caesarea | • Hazor | • Yad Vashem |
| • Maritima | • Beit Shean | • City of David |
| • Mount Carmel | • Jericho | • Upper Room |
| • Megiddo | • Qumran | • Jewish Quarter |
| • Nazareth Village | • Masada | • Western Wall/Tunnel |
| • Mount of Beatitudes | • Ein Gedi | • Southern Steps |
| • Capernaum | • Mount Scopus | • Garden Tomb |
| • Tabgha | • Mount Olives | • Allenby Bridge |
| • Ancient Boat Museum | • Gethsemane Garden | • Bethany Beyond the Jordan |
| • Boat Ride on Sea of Galilee | • Pools of Bethesda | • Mount Nebo |
| • St. Peter's fish lunch | • Via Dolorosa | • Madaba |
| • Magdala | • Church of the Holy Sepulcher | • Petra |
| • Dan Nature Reserve | • Caiaphas House | • Amman |
| • Caesarea Philippi | • Herodium | • Amman Citadel |
| | • Bethlehem | • Shuk Market |
| | • Israel Museum | |

Tour Price Includes: Round trip flights from San Francisco SFO, 12 night hotel accommodations, special St. Peter's fish lunch, full breakfast and dinner daily in hotels, deluxe air-conditioned motor coach and driver, tips to driver, guide, and hotel staff, round trip airport transfers with meet and assistance at airport in Israel, 11 full days of sightseeing with licensed guide in Israel and Jordan, all entrance fees based on itinerary.

Tour price based on double occupancy. Price listed as cash discounted rate. Itinerary subject to change.

Not included: Lunches, drinks during meals, travel insurance (medical and cancellation), personal expenses.



Tour Code: DM0321 www.madisontravel.com CST# 2113996-40

Shed Recipient Breakfast

On February 15 PAC hosted a breakfast for the recipients of our recent shed project. Forty people came! And 7 of our shed recipients have signed up to participate in one of our Crisis 101 small groups.



Spring 2020 Shed Project: Sign Up Today!



We are so excited to announce that Love Paradise and the Paradise Adventist Church is teaming up with Maranatha Volunteers International for ROUND 2 of the CAMP FIRE SHED PROJECT to build more sheds April 12 - May 1!!

There is potential for a substantial donation from the Red Cross that will give us the opportunity to significantly increase our Spring Shed Project production. Please keep this developing opportunity in your prayers!

If you're looking for an opportunity to volunteer in our community, this is it!!! Check out the flyer below for more information!

We love helping rebuild Paradise one shed at a time!!



Camp Fire Shed Project

Maranatha Volunteers International is calling all handy helpers!! From April 12 - May 1, we plan to build 250 more sheds for those living within the Camp Fire burn scar. Come for half a day or several days! We NEED you! Come register at Paradise Adventist Academy and then walk across the street to Paradise Adventist Church to get working! If you plan on spending the night, we have cots and foam mattresses and FREE MEALS for volunteers!

- ▶ Breakfast at 7am, lunch at 12pm, dinner at 5pm
 - ▶ Tools are welcome but not necessary
 - ▶ Did we mention meals are provided for volunteers?!
 - ▶ If you're unable to volunteer, donations may be sent to the Paradise Adventist Church office: PO Box 1266 Paradise CA 95967
- When: April 12 - May 1, 2020
Where: 5720 Academy Dr
Paradise, CA 95969
Time: Build days are Sunday - Friday
Contact: Garrison @ 707-694-4521 or
Joelle @ 530-877-5241



Love Paradise

The Coronavirus: Paranoia or Preparation

By Dan Appel

There is a wide gulf between paranoia and being intelligently prepared to face a crisis.

Anyone who is not totally isolated from the news knows that we face the very real prospect of a pandemic not seen on our planet since the middle ages. While there is no need for paranoia, it is important to be prepared.

Some things you and your family can do to be prepared are:

1. It is important to lay in a supply of "N95" face masks. Plain old surgical masks may protect patients in surgery from the surgery team's mask, but they are next to useless to protect you from others' germs. And, for those of us with facial hair, they do not provide a good seal - so being clean shaven is essential. Also, if someone in your home gets sick, there are a few things which will help your physician know how to support them. An accurate digital thermometer and an inexpensive oxygen saturation meter (corona virus attacks the lungs).



https://www.amazon.com/s?k=oxygen+meter+for+your+finger&crd=1GZJ1827SX1YW&sprefix=oxygen%2Caps%2C764&ref=nb_sb_ss_i_3_6

2. All of the latest research shows that the difference between 6 and 8 hours of sleep a night is a 20% drop in your immune system. Some of us older folks may have to train our minds and bodies to get the extra sleep, but the rewards are tremendous. I will be happy to share several great suggestions for "sleep hygiene" that can help you get to sleep and stay there.



3. Science has shown over and over again the effects of sugar on our immune system. It is interesting that many Adventists who would never willingly swallow a piece of meat consume amazing amounts of sugar - not only in desserts and soft drinks and juice, but also in hidden sugars in most prepared foods. According to Scientific American, sugar puts your white blood cells into a temporary coma as well as affecting other parts of your immune system.

4. Regular hand washing can reduce your chances of catching any disease - but



especially the coronavirus which apparently is at least often vectored through fecal germs. (A Harvard study showed that 94% of our money is infested with fecal germs - same with credit cards ...) Think about it, we shake hands, touch surfaces (the coronavirus can last hours to days on surfaces), touch our phones then our faces, noses and eyes which are open gateways for viruses. Good hand-washing technique involves rubbing hands together with a soap lather for at least 15 seconds. Regular use of alcohol based hand cleansers are another way of protecting yourself.

Seventh-day Adventists are uniquely placed to make a real difference when and if this pandemic arrives. Our traditional emphasis on healthy living and our understanding of so called "natural remedies" that actually work have positioned us to be able to help those around us who get sick and need support. Taking the opportunity to study some of these methods will go a longways towards preparing you for what may be coming.
