

March 16, 2022

Lauren "Lo" Myrick

Dear Lo,

This letter acknowledges your participation and successful completion of the five **Co-Active Coaching Core Curriculum** courses as led by the Co-Active Training Institute.

You took the core courses *Fundamentals, Fulfillment, Balance, Process, and Synergy* on the following dates below:

March 27-29, 2012 November 21-23, 2014	Fundamentals Fulfillment	New York, USA Chicago, USA	20 CCE Hrs 24 CCE Hrs
December 12-14, 2014	Balance	Chicago, USA	24 CCE Hrs
January 9-11, 2015	Process	Chicago, USA	24 CCE Hrs
February 20-22, 2015	Synergy	Minneapolis, USA	24 CCE Hrs

You have completed a total of 104 Core Competency Education (CCE) hours, as approved by the International Coach Federation (104 Core Curriculum).

We thank you for your enthusiastic participation.

Sincerely,

**Shayna Clementz** 

Customer Relationship Manager - Global Lead

Co-Active Training Institute