

May 26, 2018

Welcome to ALL visitors! Please join us for worship whenever you can.

Local Church Announcements This Week

Please Welcome Todd Atkinson

He is our guest speaker today.

Prayer Meeting & Bible Study Groups

Tuesday nights at 6:00pm

Sabbath Health Forum meets today before Pot Luck

Pot Luck Lunch in the basement after Services

Collegedale Camp Meeting, this coming week...

May 30-June 3, 2018 at Collegedale SAU Campus

Olde Time Camp Meeting, June 7-9, 2018

At Meister Memorial Church in Deer Lodge, TN.

Cohutta Springs Youth Camp is gearing up

for one of it's best summers ever. Check out the camp website, cs-yc.com, for the many choices and new programs available. Cohutta Springs is a powerful environment for young faith to be established and reinforced! Bless your child or grandchild by registering them right away. Register online at cs-yc.com, or call [706-602-7346](tel:706-602-7346) if you have questions

Birthdays, today through this coming Friday

Voni Anderson 5/27, Nancy Cook 6/1

Anniversaries, today through this coming Friday

None

Please remember our Love Offering and parking lot pavement fund.

**Coalfield, TN
Seventh-day
Adventist Church**



May 26, 2018

This Week's Health Tip

Drink Water, Lose Weight

For overweight and obese men and women forty years of age and older, drinking a pint of water just before eating will reduce the amount of food they eat. When combined with a reduced-calorie diet, drinking water before meals results in more weight loss than only dieting.

“Many make a mistake in drinking cold water with their meals. Food should not be washed down. Taken with meals, water diminishes the flow of saliva; and the colder the water, the greater the injury to the stomach. Ice water or ice lemonade, taken with meals, will arrest digestion until the system has imparted sufficient warmth to the stomach to enable it to take up its work again. Masticate slowly, and allow the saliva to mingle with the food. The more liquid there is taken into the stomach with the meals, the more difficult it is for the food to digest; for the liquid must first be absorbed”.

Church At Study – 11:00am

Adult Class, meets in Sanctuary

Young At Heart Study Group, meets in the Atrium, Tuesday night, 6:30pm

Junior & Early Teen, meets in classroom #4

Primary, meets in classroom #2

Beginner & Kindergarten, meets in classroom #3

Church At Worship – 9:30 am

Prelude to Worship – *Sweet, Sweet Spirit*

Songs of Praise

There Is Power

Doxology

Call to Worship - *Interlude-Let All Mortal flesh Keep Silence*

Opening Song

In His Time

Invocation

Todd Atkinson

Welcome & Announcements

Local Elder

Children's Ministry Offering

Children's Story

Church Offering*

Local Church Budget

Intercessory Prayer

Local Elder

Scripture Reading

James 3:5

Prelude to Message “Open Our Eyes”

Message “A Little Member?”

Todd Atkinson

Closing Song

Lily of The Valley

Benediction

Todd Atkinson

Sunset: **Tonight: 8:45pm**

Next Friday: 8:49pm

Location...(in Coalfield).....125 Guy Jones Road, Oliver Springs, TN 37840
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Church Facebook Page:.....Coalfield Seventh-day Adventist Church
Church Facebook Group:.....Coalfield SDA Members and Friends
Church Website.....<http://coalfieldtn.adventistchurch.org>
Dorcas email:.....bentzra@yahoo.com

Sermon Videos:

<https://www.youtube.com/channel/UCz6HwXdAWm-6eZhHNvTCbkg>