

*Recommended Herb Books

The Complete Guide to Healing and Medicinal Herbs
by Wendy Vincent

Medicinal Herbs a Beginner's Guide
by Rosemary Gladstar

The Little Herb Encyclopedia
by Jack Ritchason, ND

Today's Herbal Health
by Louise Tenney

Prescription for Herbal Healing
by Phyllis A Balch, CNC

Nature's Healing Practices
by Agatha Thrash, MD

*Seed Catalogs with Herb Seeds

Johnny's Selected Seeds

Southern Exposure Seed Exchange

Baker's Creek Heirloom Seeds

Mountain Rose Herbs

Park Seed Company

Peaceful Valley

Salt Spring Seeds

Seeds of Change

*Herb Distributors

Mountain Rose Herbs

Pacific Botanicals

Starwest Botanicals

Frontier Herbs

Ameri Herbs

San Francisco Herbs