

# *National Academy of Sports Medicine*

*has conferred upon*

**Heather Kaarup**

*the certificate of completion for*

**Fitness Nutrition Specialist (FNS)**

*with all the honors, rights, privileges and responsibilities pertaining thereto.*

1180218174

*Certificate Number*

07/19/2018

*Completion date*

CEUs: NASM 1.9, AFAA 19.0, ACE  
2.0-CEP46316



*Laurie McCartney*

*President - Global Fitness & Wellness Solutions*