

## **BIKING ADVENTURES**

### **Biking to Potomac Village**

Instead of driving to downtown Bethesda for dinner and searching in vain for an elusive parking spot, why not hop on your bike and ride to Potomac Village for a bite? Enjoy 4 miles of rolling hills through the Avenel neighborhood. On the return trip, if a shorter ride is preferred you can head home via River Road for a 2 ½ mile trip (mostly downhill until you get into the Carderock Springs neighborhood).

Directions:

From Carderock Springs Elementary School take a right on Persimmon Tree Lane. Go @ ½ mile to right on Persimmon Tree Road. Go @ 1 mile to left on Oaklyn Drive. Go @ 2 miles to right on Potomac Station Lane. Go @ ¼ mile to right on Falls Bridge Lane. Go @ ½ mile to right on Falls Road. In ¼ mile you've reached the Village!

### **Biking to Georgetown**

With young children we like destination bike rides, and the C&O Canal provides the perfect path for an adventure into Georgetown – and lots of great lunch spots. The one-way trip is @10 miles on flat, easy (slightly downhill) terrain, and with 6 and 8-year olds biking we arrange for a pick-up in Georgetown. Mountain or hybrid bikes are recommended.

Directions:

From Carderock Springs Elementary School, take a left on Persimmon Tree Lane. Go @ 1/8 mile to left on Persimmon Tree Road and follow to a left on MacArthur Blvd. Go @ ¼ mile to right on 79<sup>th</sup> Street. Follow 79<sup>th</sup> Street under the Clara Barton Parkway, take a left and continue to the end, where it connects to the Canal. Take a left along the canal and ride @ 9 miles into Georgetown.