

# St Mary's Cathedral

*A Christ-centred community which is alive, forming and sending out joyful disciples*

16 - 20 Huntly Street, Aberdeen, AB10 1SH



Sunday 23 October 2022 | 30<sup>th</sup> Sunday in Ordinary Time

Our Weekly Sunday Mass Times

08:00 • 11:00 • 15:00 (Polish) • 18:00



# Meditation

One creates a caricature by taking a significant trait, exaggerating it, and making it larger than life. This is how Jesus sets up the two extremes of religious attitudes in his day. The Pharisee asks nothing for himself. He is undoubtedly no hypocrite. What he says, he does to perfection. Unfortunately, he is preoccupied with himself and judging others. He is interested in God primarily as the one who will reaffirm the merits he lists.



In contrast to this, religiously active man stands the tax collector. He does not make a prayer of thanksgiving. He confesses, not out of a need to clear his conscience, but to express all the pain that he is feeling. Finding nothing which can give him assurance before his judge, he throws himself on the divine mercy. It is from that mercy that he hopes to receive his life as a grace, a gift. This humble man goes home justified but the other does not. The Christian knows that the just one is never more than a person who has been justified, saved by God, beyond all merit.

- Vienna International Religious Centre -

# Our Mass Times

Monday	12:30   18:00
Tuesday	12:30   18:00
Wednesday	12:30   18:00
Thursday	12:30   18:00
Friday	12:30   18:00
Saturday	10:00
Sunday	08:00   11:00   15:00 (Polish)   18:00

Mass in Spanish at 17:00, second and last Saturday of the month.

## Confessions

Wednesday	13:00 - 14:00
Saturday	11:00 - 12:00

## Adoration of the Most Blessed Sacrament

The church is open for public adoration and private prayer during the week and on Saturdays.



***"And he said to them, 'my soul is full of sorrow, even to death. Remain here and stay awake with me'"***

***Matthew 26 : 38 - 40***

We are looking to extend time for adoration. If you are willing to accompany our Lord Jesus Christ for one hour weekly, please sign up as an adorer.

Adoration Prayer Warriors are those disciples who commit themselves to take up the weapon of prayer to do battle with the foe (CCC 2612 and 2846-2854), interceding before Jesus Christ, really present in the Blessed Sacrament, one hour per week, for renewal in our own lives as well as the life of the Church and society.

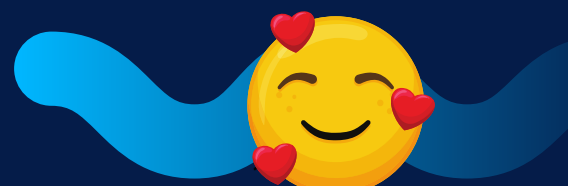
**Sign Up for Adoration of the Blessed Sacrament**

# Mass Intentions

Monday 24 October 2022	12:30	Witko family members RIP
	18:00	Mark Trimmings on the occasion of his birthday
Tuesday 25 October 2022	12:30	30th Wedding Anniversary
	18:00	Walter Hayes RIP
Wednesday 26 October 2022	12:30	
	18:00	Ratusinski family members RIP
Thursday 27 October 2022	12:30	
	18:00	Paulo Sutter and Ana Luiza Ferreira - 4th Wedding Anniversary
Friday 28 October 2022 <b>*Feast of Saints Simon and Jude, Apostles</b>	12:30	The Callanan family
	18:00	
Saturday 29 October 2022	10:00	
Sunday 30 October 2022	08:00	For Gordon and Josephine and the safe delivery of their baby
	11:00	
	18:00	Thanksgiving Mass for all the ministries who contribute to the celebration of this Mass

## Register as a Parishioner

Are you a parishioner at the Cathedral? Register with us on ChurchSuite to keep up to date with the latest news and activities happening within our church community.



[Sign Up Now](#)

## Financial Results | Week Ending 16 October 2022

Offertory for all Masses | £1,501.19  
Previous Week | £2,244.22  
September Weekly Average | £1,418.76

Offertories & Weekly Income | £1,961.50  
Other Income | £2,927.32  
Total Income | £4,888.82  
Expenditure | £5,821.62  
Deficit for the week | - £932.80

Projected Annual Deficit 2022/23 | -£40,000.00



## Standing Order

Never have cash with you at Mass? You can make your offertory collection by setting up a weekly or monthly standing order using online banking.

## Mass Intentions

If you would like a Mass said for any intention, please get in touch with our Church Secretary, Cowan Watson.

You are also welcome to make an offering by direct banking.

[Email Church Secretary](#)

### BANK NAME

Bank of Scotland (Upperkirkgate Branch)

### ACCOUNT NAME

RCD Cathedral St Mary 1

### SORT CODE

### ACCOUNT NUMBER

### REFERENCE

'Offertory' **OR** 'Mass' for Mass Intentions

**'Sunday 23 October'** is Mission Sunday. There will be a second collection for Missio Scotland. Missio is the Pope's charity through which he asks us to share with our Catholic brothers and sisters in countries where the Church is new, small or poor.

## Gift Aid

If you are a UK taxpayer, please register for the Cathedral Gift Aid scheme.

We can claim an additional 25% on top of all contributions you make, without costing you a penny more!



[Complete Gift Aid Form](#)

[Other Ways to Give](#)

# What's Happening

## Catholic Women Organisation Fundraiser

The Catholic Women Organisation is inviting everyone to a fundraising lunch after Mass on **Sunday 30 October** in the Main Hall. As part of the event, tickets will be on sale after Mass every week at £2.00 per ticket. All tickets sold will be entered into a prize draw. Please support us to help raise funds for the Cathedral and our causes. God bless.



## What's Cooking

We have replaced the cooker in our main hall kitchen as the previous one was more than 20 years old. Unfortunately, we also need to upgrade the ventilation system in the kitchen as the current one cannot cope with the heat generated by the new cooker. Until this work is carried out, the cooker is restricted to keep emissions within an acceptable level.

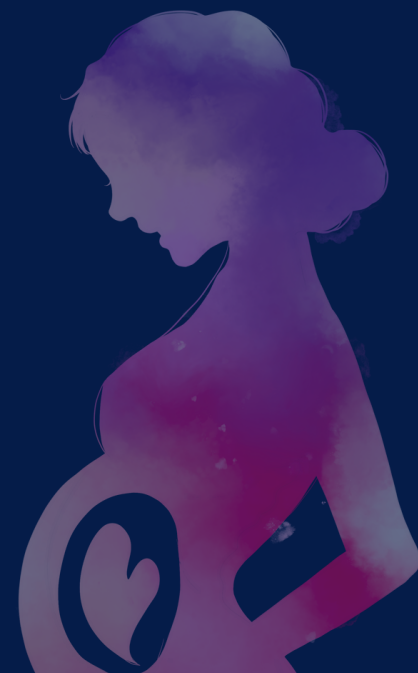
We are still finding out what work is required but a significant financial outlay will likely be necessary. We are grateful for any contributions that parishioners can make to help us continue providing community meals, food for our Alpha courses and more.

## The Ten Million

On **23 September 2022** at **11:41**, thousands of people across the UK stopped for a minute of silence to commemorate the ten million lives that have been lost to abortion across Great Britain since the Abortion Act was introduced in 1967.

Right To Life UK has released a short two-minute video called *The Ten Million*, which attempts to illustrate what the UK has lost through the death of these millions of people. They are encouraging people to share the video with friends and family who are interested.

[Watch Now](#)

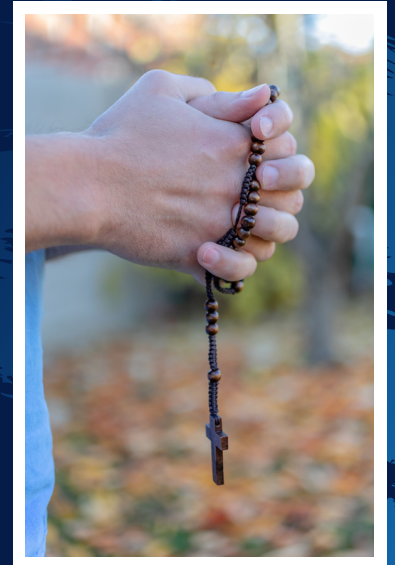


## Catholic Men of Aberdeen | Pray the Rosary

The Catholic Men of Aberdeen will pray the Rosary together on the **First Saturday of each month** at **St. Mary's Cathedral** from **17:00**. After, the men are invited to have pizza together in the clergy house (if you have any dietary requirements, please put a note in the sign-up comments box).

This is an informal men's gathering for the Catholic Men of Aberdeen to pray together and continue growing in fellowship and fraternity! Attendance is open to all practicing Catholic men over the age of 18 from all walks of life in Christ (single, married, lay, or religious).

Sign up to receive latest information about our upcoming events!



[Sign Up Now](#)

## Hospitality Team

The hospitality team has the critical responsibility of ensuring that those people who come to the parish are given a warm welcome and helped to feel a real sense of belonging to the community.

This is achieved firstly, by the way they engage with people, especially those new to the parish. Secondly, by creating space for relationships to form, especially at and after Mass.

[Join the Team](#)



## Housebound Parishioners

If you know of a housebound parishioner who would like to receive the sacraments or have a visit, please contact Fr Malachy T. Eze.

[Get in Touch](#)

## National Day of Prayer and Fasting for Life

*A great prayer for Life is urgently needed.*

*-St. John Paul II-*

Join us in prayer and fasting on **Thursday 27 October**, the 55th anniversary of the Abortion Act.

### Fasting

Fast from all food except bread and water for the day **OR** fast from a particular food or luxury, e.g. chocolate, alcohol, cigarettes, TV. Fast from whatever you can and try surrendering something that involves a sacrifice to yourself.

### Prayer

We are asking people to pray the Rosary (or an extra Rosary if you say it daily already).

You can also offer to attend Mass (or an extra Mass) and go to Adoration. You can even pray before a closed tabernacle if Adoration is not available near you.

## General Assembly Event in Rome

The Catholic Women Organisation (CWO) Aberdeen, an associate member body of The World Union of Catholic Women's Organisations (WUCWO) will be travelling to Rome for their General Assembly event from **13 - 20 May 2023**.

The general assembly will take place in Assisi and is to be preceded by an audience with Pope Francis on **13 May**, followed by thanksgiving Mass at the Basilica of Saint Peter in Rome.

Registration will commence from **2 November to 18 December 2022**.

This event is open to every member of the Catholic Women's Organisation.

Members are responsible for costs which are inclusive of food, hotel accommodation and daily transport between Rome and Assisi.



[Email Antonia to Find Out More](#)



## Diocesan Discipleship Retreat Courses

*Creating a connected, confident community of Catholics across the north of Scotland.*

The retreat courses aim to create a community of connected, confident Catholics across the north of Scotland. Therefore, Catholics or those actively interested in becoming Catholics who live in the Diocese of Aberdeen, Scotland are given priority.

### Our Courses

**The Philip's Course** is an experience of the basic foundation of the Christian life: God's love, our need for salvation, the power of Christ's death and resurrection and the gift of the Holy Spirit to renew our lives.

#### Course Dates:

23 - 25 September 2022 [Men]

4 - 6 November 2022 [Women]

**The Emmaus Course** is an experience of the Word of God, a companion on our journey to heaven.

#### Course Dates:

2 - 4 December 2022 [Men]

3 - 5 February 2023 [Women]

**The John the Beloved Course** is an experience of meaning and conditions of discipleship, equipping participants to be life-long disciples of Jesus Christ.

#### Course Dates:

3 - 5 March 2023 [Men]

12 - 14 May 2023 [Women]

The retreat is held at Kilcoy Castle on the Black Isle.

The retreats cost £60.00 per weekend for residents in the RC Diocese of Aberdeen and £150.00 per weekend for those out with the Diocese.

#### Attended before?

If you have attended the Philip's course in the past but have not attended the Emmaus or John the Beloved course, please contact the Ogilvie Centre to register your interest.

Retreat spaces at Kilcoy Castle are limited therefore, preference is given to first-timers. However, please contact us to register your interest. If space is available within two weeks before the retreat, you will be offered a space to attend again.

#### Are you a Priest?

At each retreat we need a priest available for confession, to offer the Holy Mass, and present to the retreatants by participating in the talks and activities. You will receive accommodation, meals, and a stipend for your service.

Email The RC Diocese  
Ogilvie Centre

Contact Via Phone  
01343 547 806

## Diocesan Discipleship Retreat Courses

*Creating a connected, confident community of Catholics across the north of Scotland.*

At the end of the year, participants are encouraged to continue developing their individual formation and connection as a community by:

- participating in an online Called and Gifted course to discern individual charisms
- participating in retreats at Kinnoull, Craig Lodge, or other catholic retreat centres across Scotland
- organising their own days of recollection or retreats at Kilcoy Castle, Pluscarden Abbey, or local parishes
- participating in diocesan pilgrimages, parish groups, online diocesan study groups
- creating small prayer or study cells in their local deaneries
- as appropriate, contributing skills to Ogilvie Centre events and formation opportunities and the next year's retreats
- contributing to their local communities through works of justice and peace such as volunteering with the diocesan family life centre, local foodbanks, catechesis/youth work, environmental groups or other charitable works.

### Searching for Singers

St Mary's Cathedral Choir is looking for more singers, especially altos, tenors and basses. If you enjoy singing in choirs, we would love to hear from you. Previous choral experience is helpful, as is an ability to read music or solfa, but this is not essential. More important is a commitment to regular rehearsals so that we can learn new music.

We rehearse on **Thursday evenings** at **19:30** in the Cathedral Upper Hall.

### Junior Schola

Do you have a child or children aged 7 -18 who love to sing? Why not join the Junior Schola, led by John Horton? The choir rehearses every **Thursday evenings** in the Lower Hall from **18:00 - 19:00** and sings at the **11:00** Mass on the first Sunday of each month.



[Sign Up Now](#)



# Support the Church

## Mother and Toddlers Group

Every Tuesday | 10:00 - 12:00 (noon) | St Mary's Cathedral Hall

A place for parents/grandparents/carers to bring their toddlers (0 -5 years) and to meet other people in the same stage of life as them! Tea, Coffee, and biscuits are provided with lots of toys for the children to play with!

[Sign Up Now](#)

## Cathedral Youth Social Media

The Cathedral now has a social media presence, specifically for young people! We will be using this to teach young people and change the negative narrative that they are often fed on social media.

We will also be using it to advertise events and opportunities available to young people! A place for growth on the internet for all the Diocese and further afield!



[Follow Us on Instagram](#)

[Follow Us on Facebook](#)



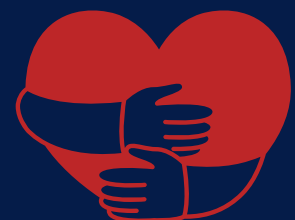
[Find Out More](#)

## Sacramental Prep Volunteers (Parish Only)

Joe is continuing to look for more helpers to join the sacramental prep team!

## Pakistan Floods Appeal

SCIAF (Scottish Catholic International Aid Fund) has launched an emergency appeal to support those affected by the devastating floods in Pakistan. Over 33 million people have been affected by extreme flash flooding as rising waters have hit all corners of the country since June. Over 1,000 people have died and nearly one million homes have been destroyed.



[Make a Donation](#)

## Youth Group | Starting 5 November!

Enkindle Youth Group will start on **Saturday 5 November!** This is very exciting as the youth group provided a fantastic opportunity for the young people (P7-S6) of the parish, to get to know each other and their faith on a whole new level!

If you are the parent/carer of a young person in P7-S6, I would love for you to bring your child to the cathedral every Saturday from **14:00 - 16:00** for a time of prayer, teaching, fun and friendship!

If the above does not apply to you, I would really really appreciate it if you would take this as an invitation to pray for our young people, especially from **14:00 - 16:00** on **Saturdays!** Without your prayer and spiritual support, this would not be possible!



## Men's Advent Retreats 2022

Men are invited to join the Men's Advent Retreats 2022 at Hazelwood House from:

- 24 – 27 November (£225)
- 2- 3 December (£90)
- 

Hazelwood House offers educational and cultural courses. Spiritual activities are conducted by Opus Dei, a personal Prelature of the Catholic Church.

### Address:

Hazelwood House, 52 First Gardens, Glasgow, G41 5NB

[Find Out More](#)

## Join the Over 50s Club

You are warmly invited to a monthly social gathering for the over 50s. We deliver a varied programme of events in the Main Hall on Wednesday afternoons from **14:00 - 16:00**. For more information, please contact Jean Gregg.

[Phone Jean Gregg  
0778 991 4519](#)

## World Youth Day 2023

World Youth Day (WYD) is the gathering of young people from all over the world with the Pope. It is also a pilgrimage, a celebration of youth, an expression of the universal Church and an intense moment of evangelization for the youth world.



Although its Catholic identity is clearly evident, WYD opens its doors to everyone, no matter how close to or distant from the Church they are. Next year it will be in Lisbon, Portugal and we cannot wait to be going together as a diocese!

As we prepare to go, please use the form to register so we know how many people are interested. You will also receive the latest updates and deadlines for this event. The form does not confirm your commitment, just interest.

### Some Key information:

Location: Portugal, Lisbon

Dates: 26 July – 6 August 2023 (Travel dates may vary slightly)

Cost: Approx. £700-900 - we will be fundraising on a parish and diocesan level to support this.

**Open to anyone between 16 and 35!**

[Register your Interest](#)



## A Taste of True Italian Cuisine

St Francis of Assisi Church presents Italian Night featuring a 2-course meal and an evening filled with music, fun and games. Join us on **Friday 28 October** from **19:00 (19:30 start)**.

Address - 231 Deeside gardens AB15 7PR  
£12 per person (Concessions £10.00) | All proceeds go to charity | BYOB.



[Contact Fr Peter  
\(01224\) 315 893](#)

## 200 Club | Got Your Number?

Join the 200 Club and contribute to our Renovation Fund while having a chance to win one of four monthly prizes of £50 – there are also 3 annual prizes of £300 to be won!

Membership costs £5 per month

## Mary's Meals

You are invited to celebrate our 20th anniversary at St Mary's Cathedral on **Saturday 29 October**. Doors open at **13:15** with the seated event starting at **14:15**.

This special event will include a video update from our founder Magnus MacFarlane-Barrow and an inspiring talk by Mary's Meals Executive Director, Daniel Adams. The event will finish at **16:00**.

It's incredible to think this journey began in 2002 when we served our first school meals to 200 children in a school in Malawi.

Since then, thanks to your kindness and support, our mission has continued to grow. Today, more than 2,279,941 children will eat Mary's Meals at school!

I do hope you can join us to reflect on the past 20 years and look to the future – as you know, we are always thinking about the next hungry child waiting for Mary's Meals.



[Find Out More](#)



[Email Anne Melia](#)

[Book FREE Tickets](#)

## Right to Life Prayer

Yesterday, we celebrated the feast of Pope St John Paul II, patron saint of the pro-life movement. We ask for his intercession as we, the church, seek to support all pregnant mothers through their pregnancies, so that, like him, we would become models of support and charity to all in society. Lord hear us

*- Right to Life UK -*



## St Vincent de Paul Society

The St Vincent de Paul Society at St Mary's Cathedral is responsible for the distribution of food and clothing to those in need and, with the rising cost of living, the demand for our services is straining our resources to the limit.



Unfortunately, we are unable to accept any further donations of clothing as we have insufficient storage space for them. However, food and cash donations are always very welcome.

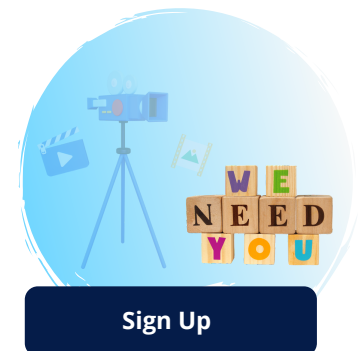
Please consider making a cash donation using one of the collection boxes held by our volunteers at the entrance of the Cathedral or get in touch with Evelyn Murray.

Email  
Evelyn Murray

## Join the Audio-Visual Team

We are looking for people who enjoy using technology to evangelise, who can make a commitment to livestream on one or more specific days during the week, and who enjoy learning and handing on AV skills within our community.

There is a real sense of reward in delivering something of such value to the community and evangelising to people all around the world - our Easter Vigil 2020 had 20,000 viewers!



Sign Up

## Aberdeen African Choir

The African Choir is looking for new members. The choir is open to people from all nationalities, not just African! The group meet every **Wednesday** via Zoom from **18:00** to **20:00** and every **Saturday** in the Cathedral's Upper Hall from **18:00** to **20:00**.

If you are interested in joining the choir or would like to know more, please get in touch with Uzo.

Contact Uzo  
Via Email

Contact Via Phone  
07577 444 687