



THIS CERTIFIES THAT

Ariana Karzai

HAS SATISFIED ALL THE REQUIREMENTS, SUCCESSFULLY
PASSED ALL EXAMINATIONS, AND HAS BEEN CERTIFIED AS A

Chopra Meditation™ Instructor

ON THIS DATE

April 25, 2022

A handwritten signature in black ink, appearing to read "Deepak Chopra".

Deepak Chopra, M.D.
CHOPRA CO-FOUNDER

A handwritten signature in black ink, appearing to read "Roger Gabriel".

Roger Gabriel
CHOPRA CHIEF MEDITATION OFFICER