

Dear Parents:

In connection with First Lady, Michelle Obama's "Let's Move" campaign and the Adventists "In Step for Life" program, Cross Street Christian School is encouraging students to be healthier. We will be implementing a number of strategies that promote healthy living.

Each teacher will be focused on getting their students "moving" in a variety of ways. Watch your child's classroom newsletter for more information. We are also promoting healthy eating habits. On the third Friday of every month, we will again be having a school-wide birthday celebration. July birthdays will be celebrated in August and June birthdays will be included in May.

Each student is asked to pay \$5.00 for the year and the school will provide a birthday treat that meets each student's dietary restriction for the monthly birthday celebration. Parents are welcome to bring additional goodies for the entire school and be part of the birthday celebration.

Thank you for helping make CSCS a healthy school!

Child's name: _____

Birthday: _____

Dietary Restriction: _____

