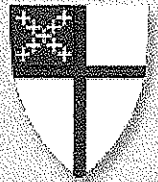




St. James' Episcopal Church

Indian Head, Maryland



February

2009

March

Rector's Ramblings

Rev. Denise Cabana

This is a very busy time of year. We are getting annual reports to Karen, getting ready for the annual meeting, taking a day to watch our new president be inaugurated (is that a word), plan the new window dedication and plan a vestry retreat. This is all to say that getting my stuff for the newsletter by the end of this week really snuck up fast on me and my brain is getting tapped. So I am taking the easy way out and sharing with you something someone sent me in an e-mail that I really enjoyed. I hope you enjoy it as well even though I think he got some of it dead wrong, maybe we need to invite him to St. James'.

Garrison Keillor writes:

We make fun of Episcopalians for their blandness, their excessive calm, their fear of giving offense, their lack of speed and also for their secret fondness for macaroni and cheese. But nobody sings like them. If you were to ask an audience in Des Moines, a relatively Episcopalianless place, to sing along on the chorus of 'Michael Row the Boat Ashore,' they will look daggers at you as if you had asked them to strip to their underwear. But if you do this among Episcopalians, they'd smile and row that boat ashore and up on the beach!And down the road!

Many Episcopalians are bred from childhood to sing in four-part harmony, a talent that comes from sitting on the lap of someone singing alto or tenor or bass and hearing the harmonic intervals by putting your little head against that person's rib cage. It's natural for Episcopalians to sing in harmony. We are too modest to be soloists, too worldly to sing in unison. When you're singing in the key of C and you slide into the A7th and D7th chords, all two hundred of you, it's an emotionally fulfilling moment. By our joining in harmony, we somehow promise that we will not forsake each other.

I do believe this, people: Episcopalians, who love to sing in four-part harmony, are the sort of people you could call up when you're in deep distress. If you are dying, they will comfort you. If you are lonely, they'll talk to you. And if you are hungry, they'll give you tuna salad! Episcopalians believe in prayer, but would practically die if asked to pray out loud. Episcopalians like to sing, except when confronted with a new hymn or a hymn with more than four stanzas. Episcopalians believe their rectors will visit them in the hospital, even if they don't notify them that they are there. Episcopalians usually follow the official liturgy and will feel it is their way of suffering for their sins. Episcopalians believe in miracles and even expect miracles, especially during their stewardship visitation programs or when passing the plate. Episcopalians feel that applauding for their children's choirs will not make the kids too proud and conceited. Episcopalians think that the Bible forbids them from crossing the aisle while passing the peace. Episcopalians drink coffee as if it were the Third Sacrament. Episcopalians feel guilty for not staying to clean up after their own wedding reception in the Fellowship Hall.

Episcopalians are willing to pay up to one dollar for a meal at church. Episcopalians still serve Jell-O in the proper liturgical color of the season and Episcopalians believe that it is OK to poke fun at themselves and never take themselves too seriously. And finally, you know you are a Episcopalian when: It's 100 degrees, with 90% humidity, and you still have coffee after the service. You hear something really funny during the sermon and smile as loudly as you can. Donuts are a line item in the church budget, just like coffee. When you watch a Star Wars movie and they say, 'May the Force be with you,' and you respond, 'and also with you.' And lastly, it takes ten minutes to say good-bye

Christ's peace be with you,

Denise+

Around St. James



Women's Group

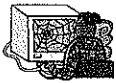
The Women's Group meets on Mondays from 11:00-12:30. The group will be doing a book study for Lent on *The Last Supper according to Martha and Mary* by Tina Beattie. Please join us.

Save the Date!!!!
Annual Spring Tea
May 9, 2009

Theme: (Can't be revealed yet)

Party at the Rectory

The Third Annual Party at the Rectory will be Sunday, February 22nd from 12:30-4:00 (or something like that). Everyone is welcome. Just come and enjoy yourself. The address to the rectory is 6 Leslie Dr, let Denise or Doug know if you need directions.



Helpful Web Sites

Church website: www.stjamesindianhead.org

Diocese website: www.edow.org

Entertainment Reviews by a Christian Organization (Focus on the Family)

<http://www.pluggedinonline.com/index.cfm>



Coffee Hour

We are in need of volunteers to host our coffee hours. If you are willing to help, please see Barbara Prasser or call her at (301) 743-6880.

COMMUNITY DINNER

Upcoming St. James' Community Dinners for 2009:

March 23,

May 26 (this is a Tuesday),

July 27

September 22

November 30

They will be from 5:00 p.m. – 6:30 p.m.

Check Sunday bulletin's to see what donations are needed and to sign up to help out.



Serving God

If you have a child who is interested in serving as an acolyte at the 10:30 a.m. service and for special services please contact Karen Burroughs at 301-283-6692

New Craft?

Are you interested in a craft but have no idea how to get started, here is your chance. Here are some craft days that are currently scheduled:

February 28 -- Christmas Scrapbook page (6 to 12 of your Christmas pictures) In this class you will learn how to put together a two page lay-out. The cost is \$10.00; this includes lunch and the supplies

March 28 – Learn to crochet a granny square, please bring a skein of yarn & a crochet hook. The cost for this class is free, lunch is \$5.00

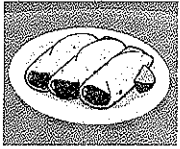
April 25 – Using rubber stamps, card stock and embellishments you will learn to make "Mothers Day" Cards and a Thinking of you card. Cost is \$10.00; this includes lunch and supplies.

Sign up for classes on church bulletin board in the hall.

Fellowship Events



April 25 - Game Night Parish Hall, 7:00 p.m. - 9:00 p.m.



May 16 - Movie Night and Mexican Pot Luck Dinner



June 14 - Parish Picnic w/one service at the picnic site at 10:00 a.m.

July - Blue Crabs game - date to be announced



August 8 - Cooking Party-

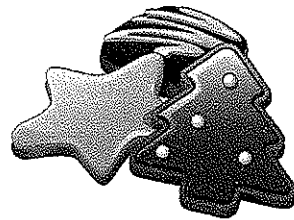
September 26 & 27 - Homecoming weekend



Oct 24 - Dance



Nov 14 - COOKIE EXCHANGE



Dec 19 - Christmas Concert



Hymn Stories "In the Garden"



Words and Music by C. Austin Miles, 1868-1946

It was in 1912 that music publisher Dr. Adam Geibel (No. 85) asked C. Austin Miles to write a hymn text that would be "sympathetic in tone, breathing tenderness in every line; one that would bring hope to the hopeless, rest for the weary, and downy pillows to dying beds." In George W. Sanville's book, *Forty Gospel Hymn Stories*, Miles has left the following account of the writing of this hymn:

One day in March, 1912, I was seated in the dark room, where I kept my photographic equipment and organ. I drew my Bible toward me; it opened at my favorite chapter, John 20—whether by chance or inspiration let each reader decide. That meeting of Jesus and Mary had lost none of its power to charm.

As I read it that day, I seemed to be part of the scene. I became a silent witness to that dramatic moment in Mary's life, when she knelt before her Lord, and cried, "Rabboni!"

My hands were resting on the Bible while I stared at the light blue wall. As the light faded, I seemed to be standing at the entrance of a garden, looking down a gently winding path, shaded by olive branches. A woman in white, with head bowed, hand clasping her throat, as

if to choke back her sobs, walked slowly into the shadows. It was Mary. As she came to the tomb, upon which she placed her hand, she bent over to look in, and hurried away. John, in flowing robe, appeared, looking at the tomb; then came Peter, who entered the tomb, followed slowly by John. As they departed, Mary reappeared; leaning her head upon her arm at the tomb, she wept. Turning herself, she saw Jesus standing, so did I. I knew it was He. She knelt before Him, with arms outstretched and looking into His face cried "Rabboni!"

I awakened in full light, gripping the Bible, with muscles tense and nerves vibrating. Under the inspiration of this vision I wrote as quickly as the words could be formed the poem exactly as it has since appeared. That same evening I wrote the music.

Next to "The Old Rugged Cross", this hymn has been one of the most popular gospel hymns ever written, beginning with the days when Homer Rodeheaver led singing for the great Billy Sunday campaigns and used the hymn extensively.

In the Garden

Verse 1

I come to the garden alone,
While the dew is still on the roses;
And the voice I hear, falling on my ear,
The Son of God discloses.

Chorus

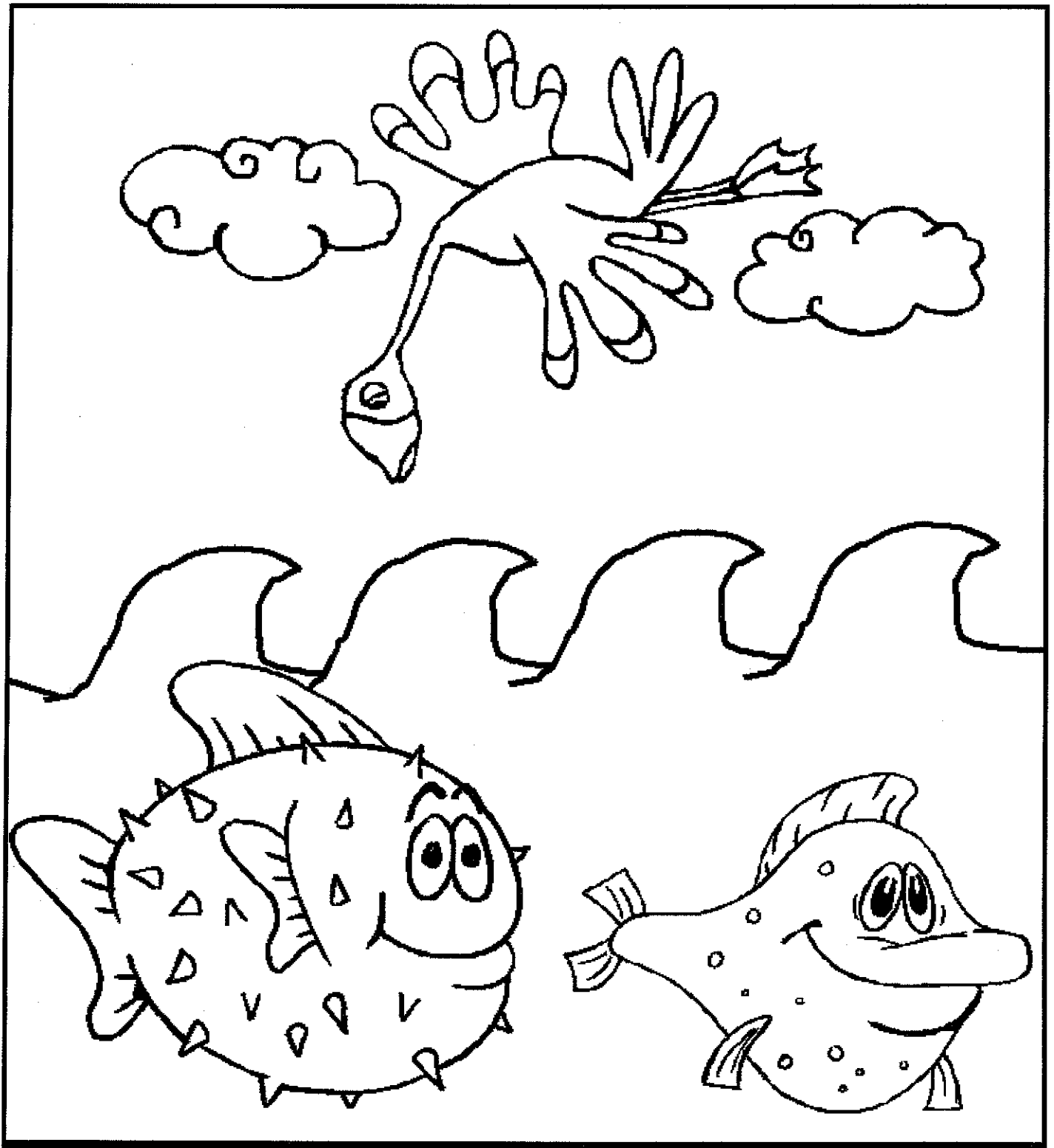
And He walks with me, And He talks with me,
And He tells me I am His own;
And the joy we share as we tarry there,
None other has ever known.

Verse 2

He speaks, and the sound of His voice
Is so sweet, The birds hush their singing,
And the melody that He gave to me,
Within my heart is ringing.

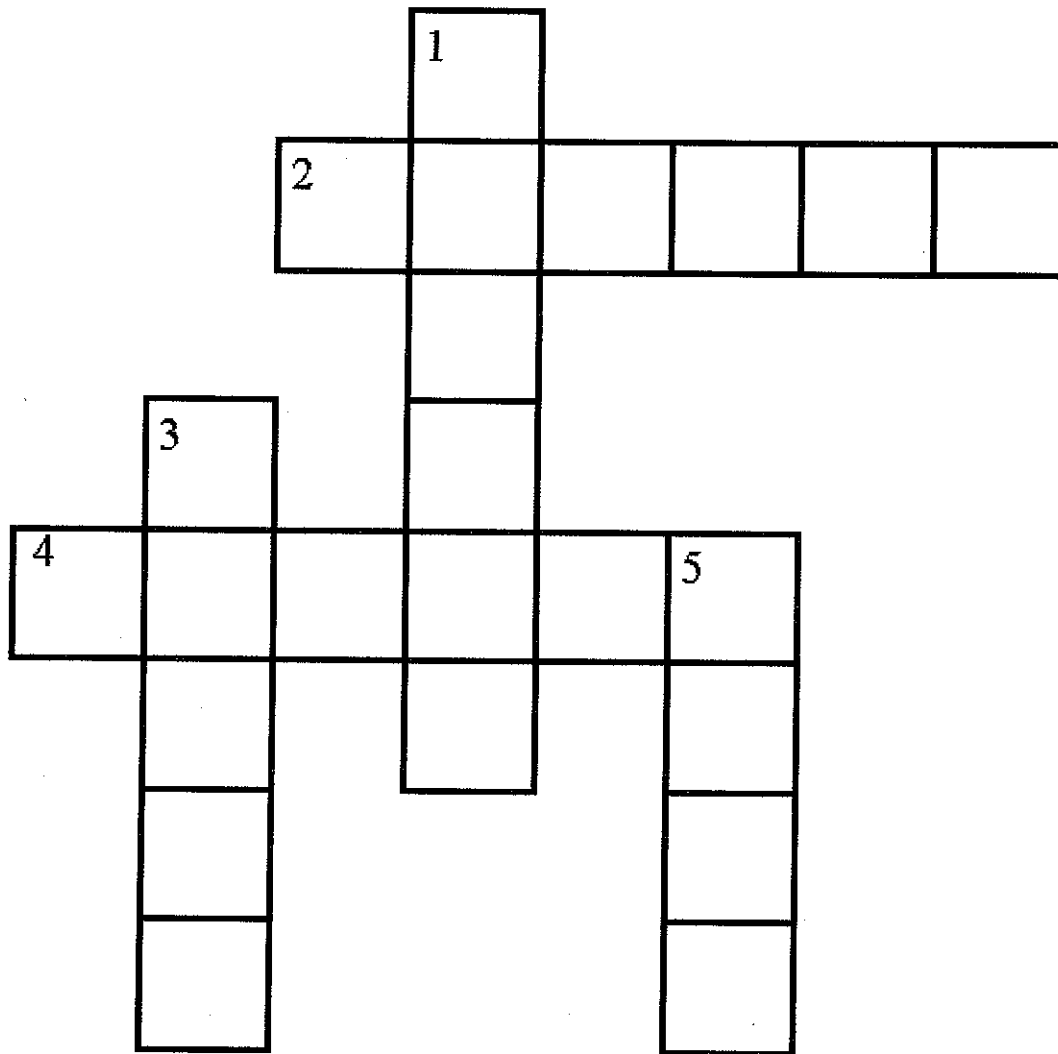
Verse 3

I'd stay in the garden with Him,
Though the night around me be falling,
But He bids me go; Through the voice of woe,
His voice to me is calling.



On the fifth day, God made the birds in the sky and the fish in the oceans.

Creation Crossword



ACROSS

2. On the _____ day God made the sky.
4. God separated the _____ from the sky.

DOWN

1. He called the sky _____
3. He called the land _____
5. He called the waters _____



**St. James' Episcopal Church
2009 Nursery Schedule
As of December 28, 2008**

January	4	Shelly Prasser
	11	Mittie Buchanan
	18	Barbara Prasser
	25	Jeanette Rosario
February	1	Ron Litten
	8	Nancy Ahern
	15	Shelly Prasser
	22	Mittie Buchanan
March	1	Barbara Prasser
	8	Jeanette Rosario
	15	Ron Litten
	22	Nancy Ahern
	29	Mittie Buchanan
April	5	Shelly Prasser
	12	Barbara Prasser
	19	Jeanette Rosario
	26	Nancy Ahern
May	3	Ron Litten
	10	Mittie Buchanan
	17	Barbara Prasser
	24	Shelly Prasser
	31	Nancy Ahern
June	7	Jeanette Rosario
	14	Ron Litten
	21	Shelly Prasser
	28	Mittie Buchanan

If you need to switch, here is everyone's telephone number and e-mail:

Nancy Ahern	301 743-9583; mojr3645@comcast.net
Mittie Buchanan	301 292-3274; mittiebuchanan@aol.com
Ron Litten	301 934-1471; rllitten.architect@verizon.net
Barbara Prasser	301 743-6880; bprasser@verizon.net
Shelley Prasser	301 743-7515; shelley65@comcast.net
Jeanette Rosario	301 375-9213; jrosario@comcast.net
Evelyn McClannahan (will substitute)	301 375-7406; elmdam457@cs.com

Lay Readers, Chalice Bearers and Acolytes

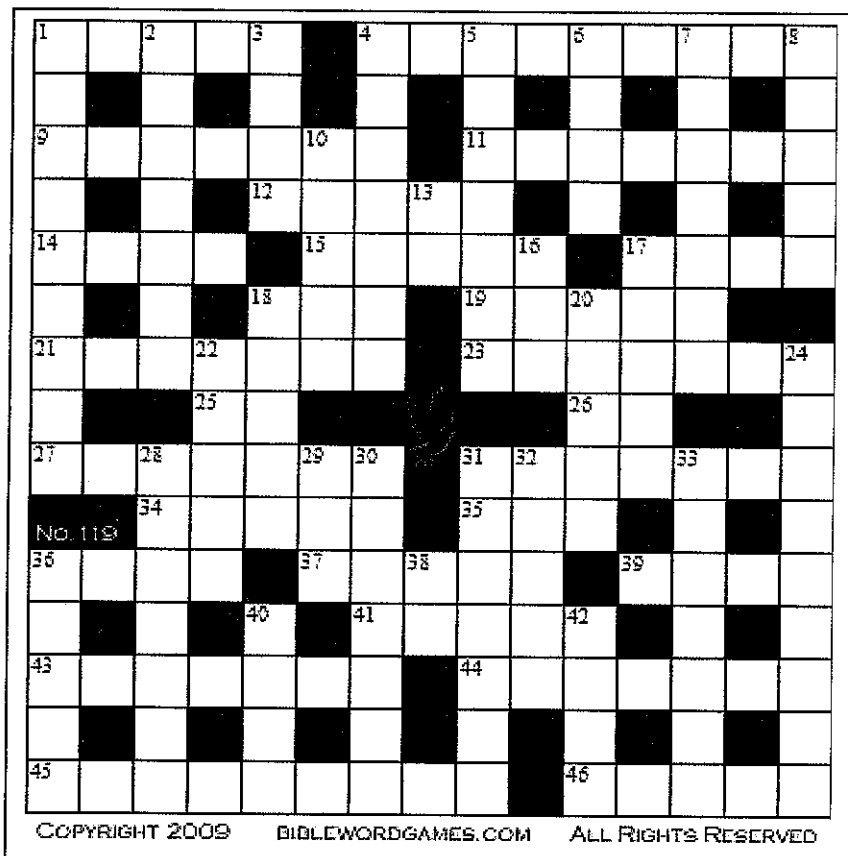
We are called to live and spread the Gospel through the grace and power of the Holy Spirit, ministering to each other by sharing our time, talents, and treasures.

St. James' is very fortunate to have spiritually dedicated people to assist in each Sunday service and special services by supporting its Clergy and congregation in worship. Our Lay Readers, Chalice Bearers and Acolytes are dedicated to this ministry.

Thank you for your support and cooperation in 2008, I look forward to working with each of you in 2009.

Karen Burroughs

ADULT FUN PAGE



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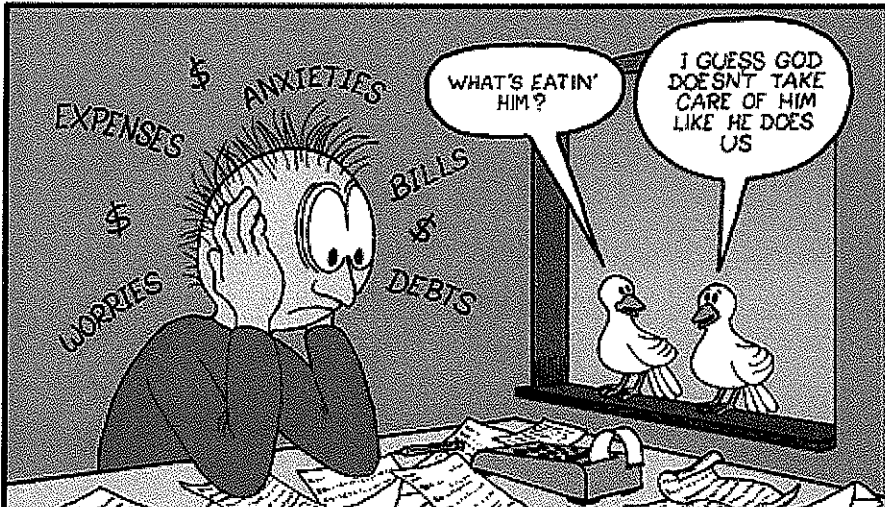
ACROSS

- 1 his ___ lasts only a moment, but his favor lasts a lifetime (Ps 30:5)
 4 The LORD is a refuge for the ___, a stronghold in times of trouble (Ps 9:9)
 9 "You will not surely die," the ___ said to the woman (Gen 3:4-5)
 11 Paul, called to be an ___ of Christ Jesus by the will of God (1 Cor 1:1)
 12 He who is coming will come and will not ___ (Heb 10:37)
 14 Like ___ water to a weary soul is good news from a distant land (Prov 25:25)
 15 a land with wheat and barley, ___ and fig trees, pomegranates (Deut 8:8)
 17 His ___ swept a third of the stars out of the sky (Rev 12:4)
 18 They worship me in vain; their teachings are but rules taught by ___ (Mark 7:7)
 19 He will put the sheep on his ___ and the goats on his left (Matt 25:33)
 21 For I feared thee, because thou art an ___ man (Luke 19:21) KJV
 23 They will throw their silver into the ___, and their gold (Ezek 7:19)
 25 Sarah's maidservant, ___gar the Egyptian (partial word)(Gen 25:12)
 26 We have here only five loaves ___ bread and two fish (Matt 14:17)
 27 my days are ___, the graves are ready for me (Job 17:1)KJV
 31 Give me here on a ___ the head of John the Baptist (Matt 14:8)
 34 eschew evil, and do good; let him seek peace, and ___ it (1 Peter 3:11) KJV
 35 Peter, however, got up and ___ to the tomb (Luke 24:12)
 36 appeared to him, standing at the right ___ of the altar of incense (Luke 1:11)
 37 Philistines assembled to offer a great sacrifice to ___ their god (Judg 16:23)
 39 Hide your face from my sins and ___ out all my iniquity (Ps 51:9)
 41 See, your king ___ to you, gentle and riding on a donkey (Matt 21:5)
 43 because I am broken with their ___ heart (Ezek 6:9) KJV
 44 The wings of the ___ flap joyfully (Job 39:13)
 45 do the work of an evangelist, ___ all the duties of your ministry (2 Tim 4:5)
 46 All day long the battle ___, and the king was propped up (1 Kings 22:35)

DOWN

- 1 Do not be proud, but be willing to ___ with people of low position (Rom 12:16)
- 2 thou shalt make for them ___, and bonnets (Ex 28:40) KJV
- 3 strike Israel, so that it will be like a ___ swaying in the water (1 Kings 14:15)
- 4 carpenter measures with a line and makes an ___ with a marker (Isa 44:13)
- 5 Your ___ and gifts to the poor have come up as a memorial (Acts 10:4)
- 6 So Esau (that is, ___) settled in the hill country of Seir (Gen 36:8)
- 7 I will ___ the soul of the priests with fatness (Jer 31:14) KJV
- 8 Trust in the LORD and do good; ___ in the land (Ps 37:3)
- 10 Moses replied, "I will ___ appear before you again." (Ex 10:29)
- 13 I have set you ___ example that you should do as I have done (John 13:15-16)
- 16 he said to them, "___ here while I go over there and pray (Matt 26:36)
- 17 if he has nothing, he must be sold to pay for his ___ (Ex 22:3)
- 18 go and learn what this ___ : I desire mercy, not sacrifice (Matt 9:13)
- 20 we ___, longing to be clothed with our heavenly dwelling (2 Cor 5:1-2)
- 22 Thou hypocrite, cast out first the beam out of ___ own eye (Luke 6:42) KJV
- 24 he founded the world by his wisdom and ___ out the heavens (Jer 10:12)
- 28 that I be not further ___ unto thee, I pray thee that thou wouldest (Acts 24:4) KJV
- 29 The camel, though it chews the ___, does not have a split hoof (Lev 11:4)
- 30 A student is not above his ___, nor a servant above his master (Matt 10:24)
- 31 wise man's heart guides his mouth, and his lips ___ instruction (Prov 16:23)
- 32 Go out to the roads and country ___ and make them come in (Luke 14:23)
- 33 servants of the Most High God, who are ___ you the way to be saved (Acts 16:17)
- 36 They were stoned; they were ___ in two; they were put to death (Heb 11:37)
- 38 I am the bread of life. He who comes to me will never ___ hungry (John 6:35)
- 40 You will be made ___ in every way so that you can be generous (2 Cor 9:11)
- 42 I am the Root and the Offspring of David, and the bright Morning ___ (Rev 22:16)

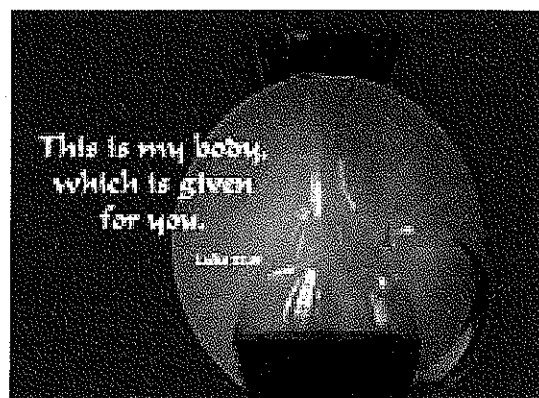
DON'T WORRY A Joyful'toon by Mike Waters



Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Who of you by worrying can add a single hour to his life?

- MATTHEW 6:26,27 NIV

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Around the Beltway

Diana Butler Bass Lecture

Sunday, 2/8/09 4:30 p.m. to 5:30 p.m.

Well-known author, speaker and scholar Diana Butler Bass will deliver the Prange lecture at St. Andrew's Episcopal Church in College Park on Sunday, February 8, 2009 at 4:30 pm. Her topic will be "Vital Congregations in the 21st Century." She is the author of six books, and is currently Senior Fellow at the Cathedral College of the Washington National Cathedral. Admission is free.

**Location: St. Andrews Episcopal Church
4512 College Avenue College Park, MD 20740**

Contact: Nancy Maestri (301) 864-8880

Coral Evensong

Sunday 2/15/09 5:00 p.m. to 6:00 p.m.

Christ Church, Georgetown (31st and O Streets, N.W.) continues its Choral Evensong series on Sunday February 15 at 5:00 p.m. with the music of William Smith, George Dyson and Giovanni Pierluigi da Palestrina. Sung by the professional Choir of Christ Church, this series is free and open to the public as a gift to the community. For information call 202-333-6677.

**Location: Christ Church, Georgetown
31st and O Street, NW Washington, DC 20007**

Contact: Michael Lindstrom (202) 333-6677

For more happenings in the area visit: <http://www.event-calendars.net/EDOW/calendar.asp>



St. Patrick's Day Dinner

March 14, 2009

3:00 p.m. - 6:00 p.m.

Adults \$15.00

Children \$7.50

Desserts \$1.00

Desserts and help needed

St James' Episcopal Church

7 Potomac Avenue
 Indian Head, MD 20640
 (301) 743-2366
 revdcabana@verizon.net

> Next 7 Days Events:

Sunday, February 01, 2009: Parish Meeting immediately following the Special 9:00 service
 Brunch will be served at the Meeting.



Search

Include Past Events

Today's Events

This week's events

This month's events

> This month's calendar




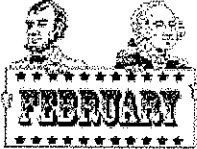


Print View

Download Calendar Data

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FEBRUARY 2009

Next Month >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  ANNUAL MEETING Parish Meeting immediately following the Special 9:00 service	2  Groundhog Day	3	4 8:00 PM AA Meeting	5 7:00 PM Choir Practice 8:00 PM NA Meeting	6	7
8 12:15 PM ECW mtg	9 6:30 PM Vestry Officer's Meeting	10	11 6:30 PM Finance Committee 8:00 PM AA Meeting	12 7:00 PM Choir Practice 8:00 PM NA Meeting	13	14  Valentine's Day 3:00 PM Sweet Hearts Dinner (A NETS Fundraiser)
15	16  FEBRUARY	17 6:30 PM Vestry Meeting	18 8:00 PM AA Meeting	19 7:00 PM Choir Practice 8:00 PM NA Meeting	20	21 9:00 AM Confirmation Class
22 12:00 PM Party at Rectory	23	24  SHROVE TUESDAY 5:00 PM Pancake Supper	25  Ash Wednesday 8:00 PM AA Meeting	26 7:00 PM Choir Practice 8:00 PM NA Meeting	27	28
1	2	3	4 8:00 PM AA Meeting	5 8:00 PM NA Meeting	6	7

From the Senior Warden

It seems that at newsletter time a new story develops for sharing, so here is the latest.

At school, each of the teachers were given a palm pilot loaded with our class list and a testing program called Dibels. This testing was to be administered to every student at the end of each quarter. As you all know, I had my knee replaced on November 24th and was out of school until the middle of January. Upon my return, it was time to administer this testing. To my surprise, they offered me a sub for the day of my choice to complete this testing. There was only one problem. Where was my palm pilot? I looked in the drawer where I thought it was. No palm pilot. I began to pull my room apart to no avail. I continued to go through every drawer and cabinet each day and praying every day and night for a week that it would magically appear. Needless to say I began to panic. I finally confessed this loss to my teacher friends. They all had a story for me to relay to my principal regarding this loss. Since I am not good at telling a lie or even a half-truth, I figured I was doomed.

Then I remembered PUSH from the church sign put up by Tom - Pray Until Something Happens. Instead of letting the impending doom overpower me, I stepped up my prayers that night and the next morning. Upon arrival at school, I mentioned to my team mate, Traci, that I still had not found my palm pilot. I decided to call Grace (my daughter-in-law) to come help me search. At this point Traci walked over to the original drawer, opened it up, and took out my palm pilot. She said it was sitting right on top in plain sight. Now I know I looked there a minimum of five times. All I can say is PRAYER WORKS!

Keep on praying and when you feel discouraged, just remember PUSH.


Brenda Peterson
Senior Warden



St. James' Episcopal Church
7 Potomac Avenue
Indian Head, MD
20640

