

**Tennis South Africa: COVID-19  
Return to tennis operational plan.**

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**Submitted by Tennis South Africa on the 14/06/2020.**

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## 1. SUMMARY OF OPERATIONAL PLAN

The following document outlines the safe return to tennis under alert level three, for professional athletes, support staff and officials during training for preparation of club and provincial leagues, national and international tournaments. A staggered approach has been proposed to ensure the safety of athletes, support staff and officials. For the avoidance of doubt, this document covers the return of both able-bodied tennis and wheelchair tennis activities.

This document heavily focuses on an immediate return to training with a return to matches (tournaments and events) proposed for four to six weeks' time.

### 1.1. High level overview of the risk mitigation plan:

1. From a **monitoring and compliance** perspective, compliance officers are currently being appointed at national, provincial and venue level.
2. **Screening protocols** at venues will be in place for all athletes, officials, coaches, and support staff – this will apply equally to training and match (tournaments and events) venues.
3. All venues and areas of the venues will be **disinfected before use and cleaned** on a regular basis in line with government protocols.
4. **Social distancing and control measures** will be in place at all times and at all venues. This will include a dedicated isolation area and the steps that need to be taken if someone using a venue tests positive for COVID-19 or is suspected of having COVID-19.
5. **Restrictions on training group sizes** will be put in place.
6. **Attendance registers/logbooks** will be kept at each venue for contact tracing purposes.
7. From a match (tournaments and events) perspective - **events would initially be played on a strict per Province or per district basis** – behind closed doors. In other words, athletes, coaches, officials, support staff etc would not travel outside of their province of residence to participate, unless allowed to do so in line with the national risk adjusted strategy travel guidelines.
8. Players and all other relevant event personnel will need to confirm in writing they have **undergone a COVID-19 test, have been cleared and are medically fit to compete**, before being allowed to participate specifically in matches (tournaments and events).



## 1.2. Tennis SA - State of readiness questionnaire:

### RETURN TO TENNIS STATE OF READINESS QUESTIONNAIRE



[www.tennissa.co.za](http://www.tennissa.co.za)

		YES	NO
1.	Will there be up to date signage at all venues at every entry point?	✓	
2.	Will all venues be decontaminated?	✓	
3.	Will hygiene guidelines/poster be displayed at all venues?	✓	
4.	Will playing guidelines be displayed at all venues?	✓	
5.	Have you got social distancing measures in place?	✓	
6.	Have you done a risk analysis?	✓	
7.	Will venues be cleaned prior to opening each day?	✓	
8.	Will all key personnel have information regarding relevant hygiene measures, processes, and updated policies?	✓	
9.	Have you made provision of adequate facilities for the washing of hands with soap and clean water at venues?	✓	
10.	Will hand sanitizers be provided at venue entry and key touch points around the site?	✓	
11.	Have you made provision for routine disinfection and industrial sanitisation of surfaces at venues?	✓	
12.	Have you appointed compliance officers?	✓	
13.	Have you identified isolation facilities?	✓	
14.	Have you got a register for contact details of members accessing facilities?	✓	
15.	Have you developed a screening questionnaire guideline?	✓	
16.	Have you got equipment for daily temperature testing?	✓	
17.	Have you got drills for scenario testing?	✓	
18.	Have you got a positive response guideline?	✓	
19.	Have you got a procedure to refer members for testing if presenting with symptoms?	✓	
20.	Have you outlined a procedure for the return to play after testing positive for COVID19?	✓	
21.	Have you developed a suitable training and awareness campaign on COVID19 for athletes and coaches?	✓	

### 1.3. Visual overview of key risk mitigation guidelines:

## COVID-19 INFOGRAPHIC

### GENERAL SAFETY GUIDELINES FOR COACHES AND PLAYERS

				
Check COVID-19 Coaching License	Maximum 2 per court	Restrict balls to specific person	A Supervisor must be on duty	Minors to be dropped/fetched at entrance
				
Only attend during organized days	Plan for 15 min between lessons	Coaches to maintain distance from pupils	Only use of toilets in an emergency	Club bar/shop to remain closed
				
No sharing of benches or chairs	Change ends in a clockwise direction	Courts to be prepared by the coaches	After completion of lesson, return home	No parents or guardians permitted onsite

### BASIC HYGIENE RULES

- Always maintain 1.5 m distancing
- Wash hands before and after lessons
- No shaking of hands and no "high fives"
- Remember to sneeze in your elbow
- Remain at home if you, or any member of your family has any symptoms of COVID-19



Regulations can be found at

[www.tennissa.co.za](http://www.tennissa.co.za)

## 1.4. Tennis and the national risk adjusted strategy:

Proposed guidelines for training at venue facilities:

CATEGORIES	LEVEL 5	LEVEL 4	LEVEL 3	LEVEL 2	LEVEL 1
Must observe all general government guidelines	Yes	Yes	Yes	Yes	Yes
Tennis Clubhouse	Closed	Closed	Closed	Open	Open
Bathroom Facilities	Closed	Emergencies Only	Emergencies Only	Open	Open
Tennis Coaching	Not allowed	Max. 2 players per court	Max. 4 players per court	Max. 8 players per court	Regular coaching
Use of Floodlights at Clubs	No	No	No	Yes	Yes
Protective Masks upon arrival and departure	Closed	Yes	Yes	Yes	Return to normal
Social Distancing	Closed	Yes	Yes	Yes	Return to normal
Hand Sanitiser	Closed	Yes	Yes	Yes	Yes
Cleaning of Coaching Equipment	Closed	Yes	Yes	Yes	Yes
Handling of Tennis Balls - Coaching	Closed	Coach only	Coach only	Return to normal	Return to normal
Facility Access - Coaching	Closed	Coach and players only	Coach and players only	Coach, players, parent	Return to normal
Clubs	Closed	Closed	Singles and doubles, Players to provide own tennis balls (marked)	Same as level 3	Return to normal
Court Reservations - Coaching	Closed	Made by coach	Made by coach/players	Made by coach/players	Return to normal
Court Reservations - Club Play	Closed	Made by member	Made by member	Made by member	Return to normal
Maximum permitted – Club Play	Closed	1 court per family	No. of courts = Max	No. of courts = Max	Return to normal
Club Canteens	Closed	Closed	Closed	Open for refreshments	Open for refreshments

## 2. PROPOSED ACTIVITIES TIMELINE:

In line with stated government policy, tennis, as a non-contact sport, is proposing a phased approach to the return to training and matches (tournaments and events) as per the following table:

Activities	Timeline
Return to training – phase one athletes	Wednesday 17 <sup>th</sup> June 2020.
Return to training – phase two athletes	Tuesday 30 <sup>th</sup> June 2020.
Return to matches (tournaments & events)	The week of the 20 <sup>th</sup> July 2020 onwards.

### 2.1. Return to training:

The proposed athletes to return to training in phase one has been determined by the definitions in the gazette regulations – specifically:

- Definition of a professional athlete – which includes a member of a training squad for a relevant sporting or sports body.
- Definition of a sports body – meaning any national federation, agency, club, or body.... involved in the administration of sport or recreation at local, provincial, or national level.
- The definition of the suspension of sporting, arts, cultural and religious events - specifically allowing professional non-contact sporting events for the purpose of preparation of major multi-coded events, international championships, national championships, local leagues at club, provincial and national level excluding combat sport.

#### Phase one athletes – return to training:

1. ATP, WTA, and ITF Tour international championship players.
2. Players training and preparing for national championships.
3. Any players in a national, provincial, district or academy training squad – subject to the squad being recognised by TSA and the relevant Province or District.
4. Any players training for official district or provincial club leagues.

#### Phase two athletes – return to training:

5. All other TSA affiliated club players.

### 2.2. Return to matches (tournaments and events):

It is proposed that the events that will be allowed to return under the current level 3 regulations would-be high-performance tournaments and club league tournaments, played on a strict per Province or per district basis – behind closed doors. In other words, athletes would not travel outside of their



province of residence, unless allowed to do so in line with general national government regulations regarding the national risk adjusted strategy.

- The participation numbers would be restricted to ensure compliance with all government regulations.
- There would be a maximum of two district or provincial events a month.
- Where possible events would be staggered over two weekends.
- The venues for matches (tournaments and events) are still being identified and will be supplied to the Ministry and Department. All venues will comply fully with all guidelines.

## **2.3. Our understanding of specific gazetted definitions:**

**Hotspots:** Our understanding is that as contact sports training is not prohibited under this definition therefore non-contract training only would also not be prohibited and therefore the hotspot restriction applies specifically to non-contact sports matches (tournaments and events).

**Age limit:** Only athletes, support staff and officials under the age of 60 and tested for COVID-19 with no comorbidities are allowed to participate. Our understanding is that this restriction is specific to matches (tournaments and events). This means athletes and support staff and officials over the age of 60 are allowed to be involved in training and practise – subject at all times to all necessary protocols and guidelines.

## **3. COMPLIANCE AND MONITORING:**

### **3.1. Compliance Officers**

Tennis South Africa has appointed two National Safety and Compliance officers to oversee the various venues, facilities, coaches, and players. All tennis coaches will assume the responsibility of being Safety Officers at their venues to ensure total compliance as stipulated in the respective sections relating to coaching activities and playing at the venue.

The role of the Compliance Officer is to monitor day-to-day venue activities to ensure everyone adheres to social distancing and hygiene measures to reduce the spread of the COVID-19 virus.

Ensuring compliance to the 1.5m social distancing rule and good hygiene is not the sole responsibility of the COVID-19 Compliance Officer. Their role should be supported by all venue management.

A Compliance Officer must not put themselves at risk while carrying out their duties.

This structure must be regularly audited and managed to ensure it works and protects all at the venue.



Compliance Officers will follow the suggested framework to be effective in preventing the spread of COVID-19 and will ensure all relevant EMERGENCY contacts are visibly posted at the venue.

In addition, club/facility managers and club committee members will also assume the responsibility of ensuring that the venue and the visitors are always compliant.

### **3.2. Risk Assessment**

TSA and its members Provinces have identified affiliated venues in each Province. All will be required to be cleaned before opening and this process has already started.

A provincial compliance officer (a member of the relevant provincial executive) has been identified for each province and will work with the national compliance officers to ensure venues comply with all requirements.

### **3.3. Contact Tracing**

All coaches and venue facilities are required to keep logbooks of venue visitors. These will be submitted to TSA for storage on a regular basis in line with the gazetted directions.

## **4. RISK MITIGATION GUIDELINES FOR:**

### **4.1. Athletes (Players):**

This also applies to coaches, support staff and officials.

#### Before practise of play:

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days.
- Have been overseas or exposed to someone with COVID-19 in the last 14 days.
- Have flu-like symptoms.
- Or are in a high-risk health category.

#### Attending training:

- Arrive and leave as close as possible to when you need to be there.
- Only one parent/guardian should accompany junior athletes.
- Only one caregiver/ helper should accompany wheelchair Tennis Player where possible.
- Arrive dressed and ready to train.

### Social distancing:

- Maintain at least 1.5m social distancing at all time.
- Touch racquets instead of the regular pre- or post-match handshakes.
- No Sharing of playing equipment, i.e. Sports wheelchairs and rackets.
- Only care-giver or helper can help with transfer of day wheelchair to sports wheelchair when help is needed.

### Protecting against infection:

- Wash/sterilise your hands before and after you play and avoid touching your face while playing.
- Wheelchair players: Disinfect you are playing equipment including sports wheelchair and day wheelchair and any walking aid before and after you play.
- No sharing of water bottles. Bring your own full bottle.
- Wash your hands frequently with soap and water or hand-sanitiser when available, before and after eating, after going to the toilet, sneezing, and coughing.
- Cover your coughs and sneezes and dispose of any used tissue immediately.
- Avoid touching your face.
- Keep your distance from people who are obviously sick.
- Be aware of what surfaces you touch and do not touch equipment such as net or net handle. If you do, you must clean these before you leave.

### Equipment:

There is no specific evidence that balls can spread COVID-19. We do know that on hard surfaces contamination by respiratory droplets from an infected person can potentially survive up to three days. Therefore, you should:

- Make sure you clean your hands before and after coming off the court
- Not touch your face after touching a ball, racquet, or other tennis equipment.
- Use new balls and racquet grips where possible.
- Use fewer balls per session.
- Replace all balls if someone with/suspected to have COVID-19 comes in contact with them.
- Restrict balls to a particular person, court, or day of the week. One idea is to label them with a permanent marker.
- Clean all tennis gear with alcohol-based disinfectant including racquets, towels, coaching gear such as target cones.
- Do not use unnecessary equipment such as drop-down lines. Clean environment.
- Limit the use of coaching equipment such as target cones.

- Do not let the players handle any coaching equipment. The coach should pick up the balls.
- Encourage players to use their racquet/foot to push balls back and/or hit them to their opponent to avoid using hands and touching the balls.

## **4.2. Venues:**

### Signage:

- COVID-19 safety signage to be on display at all venues. This will be provided by TSA.

### Access control and screening:

- Screening desk to be set up for the screening at entrance or where most practical based on the venue.
- Register to be completed by recording temperature of each person and personal details.
- COVID-19 disclaimer to be signed by parent/guardian or player at all times.
- Hand sanitiser to be available at the entrance to each tennis court and also at the entrance to the tennis clubhouse.
- Any person registering a temperature of 38 and higher to not be permitted access. In addition, the person they are accompanying to also be requested to leave without access being granted.

### Cleaning and hygiene:

- Clean all surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, at least once a day wearing disposable gloves.
- Clean any surfaces which may have blood, body fluids and/or secretions or excretions on them.
- Regularly remind and encourage everyone, particularly juniors, of the need to wash hands regularly and adopt the other principles of a good hygiene strategy.
- Display signage about handwashing and hygiene techniques at strategic points like all sinks, eating areas, drinking areas and on the side of court.
- Close all indoor spaces including showers and change rooms.
- It is recommended that toilets remain for emergency use only.

### Facility management:

- “Get in, train and get out”. Strategies to limit time and person-to-person contact on site should be implemented
- Limited access to clubhouse.
- No general gathering of groups. When your coaching session is finished players need to leave the venue.

- Plan the staggered use of facility. At all times, minimal numbers to be ensured.
- Identify an isolation space if athlete/other personnel become unwell.
- Wearing of masks upon arrival and completion of training session or when onsite to be strictly adhered to.

#### **4.3. Coaches and support staff:**

##### Use of Venues:

Only affiliated venues. TSA accredited centres.

We sit with 4 major coaching venues which needs consideration:

The coach will be the immediate supervisor and will liaise directly with the affiliated venue. The coach and the venue will be held accountable for implementation and sign an agreement provided by TSA.

##### Free Covid-19 coaching compliance license:

- Coaches to apply for a free TSA COVID-19 coaching license. This is a monthly license.
- Any TSA licensed coach can apply for the license. All coaches sign an agreement to comply with all TSA health and safety regulations.
- Non-registered coach must first meet the minimum requirements before they can qualify to apply for a free COVID-19 License.
- The free COVID 19 licenses are in addition to the TSA Coaching License. All affiliated coaches will need to comply to the additional rules.
- Coaching only permitted at affiliated courts.
- Coaches to confirm which clubs they are coaching at.
- Provinces to advise TSA asap of all affiliated clubs, with secretary and chairperson contact info (cell and email).
- A list of coaches permitted to coach will be posted on a month to month basis on the TSA Website and circulated to Provincial Presidents and secretaries and the coaching chairpersons. In this way all key stakeholders for monitoring the policy are informed and updated.
- For contact tracing purposes: Coaches to submit at the end of the month as part of their re-application for issuing of new certificate a completed logbook containing names and contact info of all pupils. TSA have designed the template for the coaches and they simply complete the document.
- Upon submission of the database and for those on a payment scheme, payment received the next certificate is issued for the following month.
- By including the Province, club Chairperson and coaching chairperson they can verify any issues.
- Forms can be obtained from TSA office by sending an email to [coaching@tennissa.co.za](mailto:coaching@tennissa.co.za) or on the TSA website [www.tennissa.co.za](http://www.tennissa.co.za).



### Safety guidelines for individual coaching sessions:

#### Before training:

- Lesson bookings to be done in advance. EFT, the preferred payment option.
- Facility and coaching procedures will be communicated on confirming lesson day and time, the player should request these, if not provided.
- Players are requested to clean/sanitize all personal equipment at home prior to session.
- Players are required to bring their face mask.
- Hands are required to be washed with soap and water/sanitized before the lesson.
- In the case of juniors, consent forms must be signed by parents/guardians of the player.
- Players are required to wait in their car or in a designated area and may only move to the lesson area 15 minutes before the start of the lesson.
- Coaches will indicate to you which court you may use for the lesson.
- All players will be required to be logged into an attendance register on arrival at the lesson and may be required to go through a screening process.
- Coaches will be required to allocate gaps between lessons in order to prepare safe conditions for next lesson.

#### During training:

- Face masks necessary before and after training.
- It is recommended that the player's own racket and training equipment be used.
- Players are required to bring their own water bottle and it is also advised to remain hydrated during your tennis experience.
- Players and Coaches are required to observe social distancing of a minimum of 1.5 distance and there shall be no physical contact between you, your coach, or any other players.
- Coach to collect and pick up balls.
- Players and Coaches are not to touch the gate, fence, net, bench, or umpire chair during practice .

#### After training:

- Players must sanitize or wash their hands with soap and water immediately after the lesson.
- Coach and Players are requested to clean/sanitize all personal equipment at home after the session.

Please be aware of and follow the basic guidelines implemented by government regarding the COVID-19 virus based on the alert level of your province. If the lesson is to take place at a practice facility based at a Tennis

Club/Facility, the club/facility's basic regulations apply at all times and will be in conjunction with the outlined regulations. It is general good practice for Players and Coaches to always carry hand sanitiser with them and refrain from touching their faces.

If any player becomes infected (tests positive), players who were at the facility at the same time, will be advised in accordance with the relevant Covid-19 regulations. These Individual Coaching Lesson guidelines do not supersede SA government gazette regulations. For further information please go to: [www.tennissa.co.za](http://www.tennissa.co.za) or email [coaching@tennissa.co.za](mailto:coaching@tennissa.co.za)

#### Safety guidelines for group coaching sessions:

##### Before training:

- Lesson bookings to be done in advance. EFT, the preferred payment option.
- Facility and coaching procedures will be communicated on confirming lesson day and time, the player should request these, if not provided.
- Players are requested to clean/sanitize all personal equipment at home prior to session.
- Players are required to bring their face mask.
- Hands are required to be washed with soap and water/sanitized before the lesson.
- In the case of juniors, consent forms must be signed by parents/guardians of the player.
- Players are required to wait in their car or in a designated area and may only move to the lesson area 15 minutes before the start of the lesson.
- Coaches will indicate to you which court you may use for the lesson. Coaches to mark out clear areas where players enter court gates. Maintain a distance of 1.5 m apart at all times.
- All players will be required to be logged into an attendance register on arrival at the lesson and may be required to go through a screening process.
- Coaches will be required to allocate gaps between lessons in order to prepare safe conditions for next lesson.

##### During training:

- Face masks are compulsory for players and coaches at all times except when playing on court.
- Keep 1.5 m away from coach or other players, and players must adhere to this at all times.
- It is recommended that the player's own racquet and training equipment be used.

- Players are required to bring their own water bottle and it is also advised to remain hydrated during your tennis experience.
- Stay at least 1.5m apart from other players. Do not make physical contact with them (such as shaking hands or a high five).
- When playing doubles, coordinate with your partner to maintain physical distancing.
- Avoid touching your face after handling a ball, racquet, or other equipment. Wash your hands promptly if you have touched your eyes, nose, or mouth.
- Avoid sharing food, drinks, or towels.
- Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- Maintain physical distancing if changing ends of the court.
- Remain apart from other players when taking a break.
- If a ball from another court comes to you, send it back with a kick or with your racquet.

After training:

- Players must sanitize or wash their hands with soap and water immediately after the lesson.
- Players are requested to clean/sanitize all personal equipment at home after the lesson.

#### **4.4. Matches (Tournaments and events):**

Prior to participating in a tournament or event:

- Players and all other relevant event personnel will need to confirm in writing they have undergone a COVID-19 test, have been cleared and are medically fit to compete.

If a player has:

- been in contact with someone with COVID-19 in the last 14 days; or
- any flu-like symptoms; or
- are in a high-risk health category.

The player **must withdraw** from the current tournament and not enter a forthcoming tournament until he/she has been declared medically fit and able to complete. If a player has entered into a tournament that is to commence within the 14-day period from the initial withdrawal, the player will automatically be withdrawn from the said tournament.

General behaviour:

- Always maintain social distancing.
- Always wear face masks when on-site.

- Try to avoid use of bathrooms as much as possible. Wash hands thoroughly after use of bathroom and avoid drinking water directly from taps.
- Players to have their own hand sanitizer in their tennis bags.
- Be responsible for own litter after having something to eat and drink, by personally placing the empty containers etc. in a dustbin.
- Avoid unnecessary gathering around the tournament office/tournament desk. Refer to the notice board. Players to approach the organizer desk themselves to report for times and to report results and return tennis balls.
- Wash/sterilize your hands before and after you play and avoid touching your face while playing.
- No sharing of water bottles. Bring your own water bottle/s.
- Wash your hands frequently with soap and water or hand-sanitizer when available, before and after eating, after going to the toilet, sneezing, and coughing.
- Cover your coughs and sneezes and dispose of any used tissue immediately.
- Avoid touching your face.
- Keep your distance from people who are obviously sick.
- Be aware of what surfaces you touch and do not touch equipment such as net or net handle. If you do, you must immediately clean the area you touched with sanitizer.

Venue specific:

- There will be a screening desk at the main entrance to each facility where the following will have to be done by tournament staff: temperature reading to be recorded, register to be completed and disclaimer form to be completed – all before entering the venue.
- All venues to be disinfected before use.
- Arrive as close to your match time as possible. All matches will be schedule on a 'Not Before' time basis.
- Only registered coaches will be permitted on-site.
- All officials, athletes, and support staff (including coaches) will need to provide certain personal data and sign a daily attendance register upon arriving at the venue. Personal data will be utilized for contact tracing purposes only.
- Always adhere to social distancing and refrain from gathering in groups.
- Upon completion of your match, depart from venue and return in time for your next match.
- No use of showering facilities will be permitted.
- Where possible, all efforts to be made to try and avoid remaining on-site.
- Masks to be worn at all times while on-site.
- Athletes to bring own water and own towel.



- No sharing of on court benches. Participants to be seated either side of the umpire's chair (separate).
- When changing ends do so at opposite ends of the net.
- Each player will be provided with two tennis balls, which they must mark themselves with a suitable pen; Each player will use his/her allocated tennis balls to serve with when it is their turn to serve and are to handle their own tennis balls only.
- Masks to be worn when arriving on court. Masks may be removed during the match but must be worn when leaving the court.
- No shaking of hands after the match, only tapping of racquets will be permitted.
- Players to pass tennis balls to each other by either hitting or kicking the ball under the net. Under no circumstances should a player pick up, touch, or handle the balls of his/her opponent.
- Both players to return their tennis balls to the tournament desk after the completion of the score and ascertain the time for their next match.
- When changing ends allow sufficient space for one another to pass.

Entry procedure:

Amendment to terms and conditions:

- Standard clause that has to be accepted when entering a tournament to remain:
  - I hereby agree to abide by the TSA tournament Rules Regulations and Code of Conduct.
  - I indemnify TSA, the Tournament Organisers, Officials and all persons associated with the tournament from all liabilities and claims that could accrue to me or my heirs, executors or administrators as a result of illness, injury or death incurred by participating in this tournament.
  - Please note all refunds are processed by the system when you withdraw.
  - If you should have difficulty withdrawing on line, please send an email to [info@tennissa.co.za](mailto:info@tennissa.co.za) before the withdrawal deadline. Failure to withdraw within the specified deadline will result in no refund being made.
- The following will be added- Accept to adhere to the specific TSA COVID 19 tournament rules, regulations and code of conduct which is in addition to the standard TSA tournament rules, regulations and code of conduct, as well as the general Government requirements relating to social distancing and applicable to the current Government lockdown level;
  - Where a tournament venue may have their own additional COVID 19 health and safety precautions, agree to abide by and follow these measures.

- Take full responsibility and accountability for ensuring health and safety precautions. Agree not to hold any tournament organizer, competitor, official, Provincial Association or Tennis South Africa responsible or liable in the event of contracting the Corona virus.
- Confirm that you have not been in contact with anyone who has tested positive for COVID 19 and have not travelled abroad within 14 days of the commencement of the tournament.

Proposed amendment to Code of Conduct:

The enactment of Regulations under the Disaster Management Act 57 of 2002 relating to COVID-19 has necessitated TSA requiring tournament organisers, officials, parents, coaches and participants to subscribe to a COVID-19 code of conduct and amended tournament rules and regulations in order to permit TSA tournaments to take place under these special Disaster Management Regulations.

1. The COVID-19 Code of Conduct is in addition to the existing TSA Code of Conduct, which is applicable to players, parents, coaches, and officials.
2. The COVID-19 Code of Conduct refers to all health and safety regulations that are in place by National Government and as per the TSA COVID 19 Tournament Regulations and Procedures.
3. All parties need to accept responsibility for their actions and health precautions.
4. Wearing of masks is mandatory at all times from time of getting out of the car in car park, until returning to the car. Players may only remove masks when on court and must put on the mask before leaving the court after the match is completed.
5. Players to wear TSA tournament face masks only while onsite. No other masks will be permitted. Additional precautions over and above the TSA tournament mask may be implemented if the player, parent coach feels necessary i.e. wearing of face shield in addition to mask.
6. No exceptions will be made for any person onsite to not wear a mask. This applies to players, parents, coaches, tournament organizers, tournament staff and officials.
7. In all cases the interpretation and decision of the Tournament Referee will be final.

Non-Compliance:

1. The COVID-19 Temporary Coaching License forms part of Government legislation and is therefore non-compliance constitutes a criminal offence, which is also covered by the general TSA Code of Conduct.
2. Any person found to have broken the COVID 19 Code of Conduct or tournament regulations/procedures will face disciplinary action with the following consequences:

1<sup>st</sup> Offence:

Warning to follow the COVID 19 procedures. This can be issued by the Tournament Referee or Off Court Official.

2<sup>nd</sup> Offence:

Non-compliance following the Warning provided from the 1<sup>st</sup> Offence will result in the person being asked to leave the venue immediately. In the case of a player, the player will be defaulted immediately from the tournament, regardless of being on or off court. In the event of an accompanying person (parent, guardian, coach) being asked to leave the venue and refusing to leave will result in the player being defaulted from the event. In both the 1<sup>st</sup> and 2<sup>nd</sup> offence, these are criminal offences and TSA, the tournament organizer, Tournament Referee or member of public are obliged to report such criminal offence to the South African Police Service, in which case TSA shall immediately terminate the persons rights to attending any further TSA tournaments or in the case of a player, terminating the player's TSA membership until the outcome of the criminal case.

## **5. PROTOCOLS FOR MANAGING POSITIVE CASES:**

The following applies equally to training and matches (tournaments and events).

**Response to someone displaying symptoms of COVID-19 (dry cough, fever, malaise, shortness of breath, sore throat, muscle aches or other flu-like symptoms) DURING SCREENING ON ENTRY to the venue/event:**

Send them home and advise them to go to their nearest health provider for testing.

**Response to someone displaying symptoms of COVID-19 DURING the venue/event:**

Identify a room or area where someone who is feeling unwell or has symptoms can be safely isolated. Where an individual isolation room is not available, a 2-metre distance should be kept between suspected COVID-19 cases and other people.

Provide them with a mask if necessary, organise for them to contact their own health provider and arrange for them to be safely transferred to a facility advised by the health provider.

Let all participants know that someone at the event/training is a suspected COVID-19 case.

Advise them to monitor themselves for symptoms for 14 days and take their temperature twice a day.

Advise them of the result once the test has been completed.

**In the event of a player testing positive for COVID 19 while an event is in progress or while using a venue for training purposes:**

1. Venue is immediately shut down for deep cleaning
2. New venue to be found to stage the event
3. Players having potentially come into contact with the infected player to be notified

**Response to someone displaying symptoms of COVID-19 AFTER the event:**

Retain the names and contact details of all participants for at least one month. This will help public health authorities trace people who may have been exposed to COVID-19 if one or more participants become ill shortly after the event and test positive.

They should be advised to monitor themselves for symptoms for 14 days and take their temperature twice a day.

If they develop even a mild cough or low-grade fever (temp of 37.3 C or more), shortness of breath, sore throat, muscle aches or other flu-like symptoms from 2 – 14 days after contact with a person suspected of Covid-19 they should stay at home and self-isolate. This means avoiding close contact (1 meter or nearer) with other people, including family members. Close contact is defined as a person having face-to-face contact ( $\leq 1$  metre) or having been in a closed space with a suspected or confirmed COVID-19 case for at least 15 minutes. Asymptomatic close contacts should not routinely be tested but should just monitor themselves for 2 - 14 days after contact.

They should also telephone their healthcare provider or the local public health department, giving them details of their recent travel and symptoms.

**Response to someone being confirmed positive for COVID-19 AFTER the event:**

Inform the manager or committee member of the venue/club so that they can follow the necessary protocols and close down the facility for deep cleaning.

Inform Tennis South Africa so that assistance can be offered where necessary.

Inform all participants that someone at the event/training has been confirmed as COVID-19 positive so that they can monitor themselves for 14 days and take their temperature twice a day.

Advise them that if they develop even a mild cough or low-grade fever (temp of 37.3 C or more), shortness of breath, sore throat, muscle aches or other flu-like symptoms from 2 – 14 days after contact with the infected person, they should stay at home and self-isolate. This means avoiding close contact (1 meter or nearer) with other people, including family members.

Supply the names and contact details of all people in attendance, if requested to do so by the health authorities. Assist wherever possible with the contacting and tracing of these people.



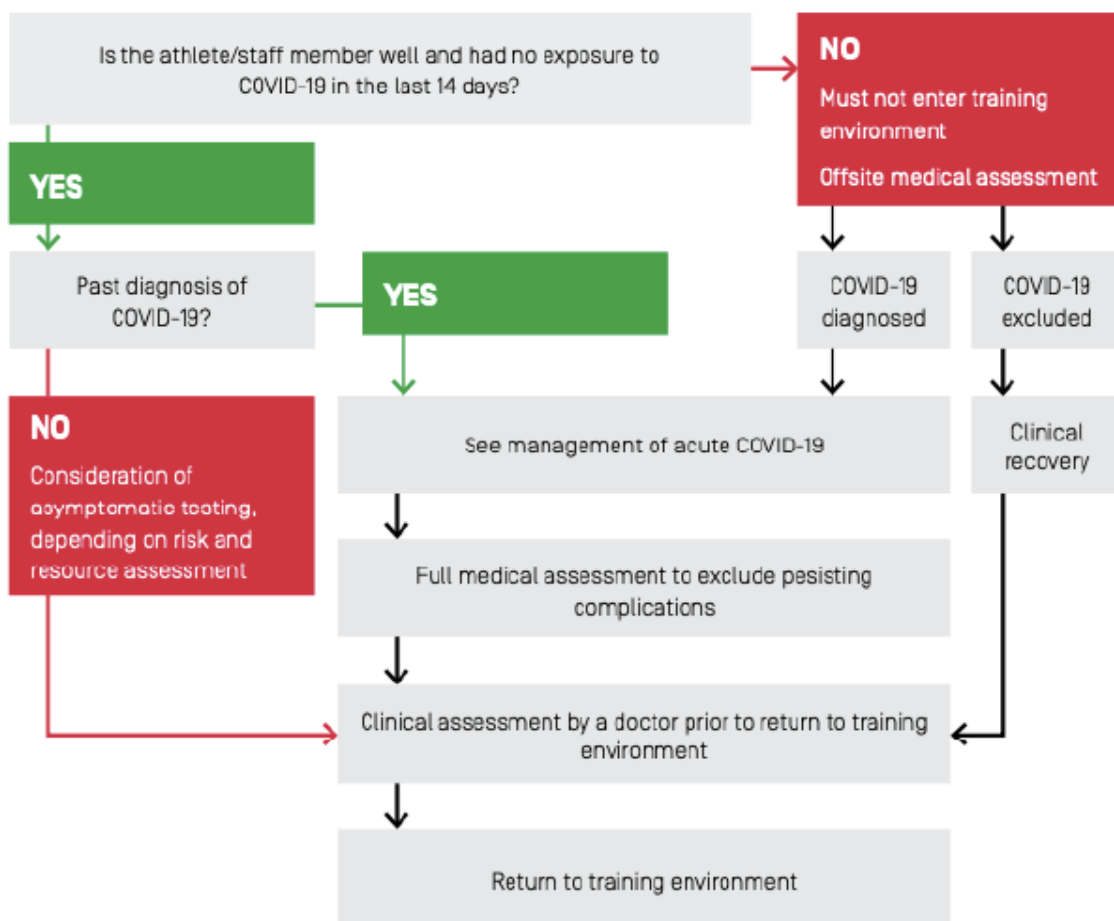
Coaches would need to suspend all lessons and place themselves under quarantine for 14 days.

All equipment and common areas used by the participant during the event, including toilets, access gates and benches etc. would need to be sanitised before allowing play to resume again.

### Returning to play after testing positive for COVID-19:

**If an athlete or coach has been diagnosed with COVID-19 and isolated in accordance with the Department of Health Guidelines, they may only return to play if:**

1. They have undergone a medical examination confirming that they have tested negative for COVID-19 after at least 14 days isolation.
2. They wear the minimum of a surgical mask at all times for the remaining period of 21 days from the date of initial testing.
3. They must adhere to social distancing, hygiene, and cough etiquette; and compliance officers will closely monitor them for symptoms on return to work.



## 6. APPENDICES:

### 6.1. Screening questionnaire

This is for all athletes, officials, coaches, and support staff returning to training and matches.



### COVID-19 ATHLETES, SUPPORT STAFF & OFFICIALS SCREENING

FULL NAMES:

CONTACT NUMBER:

CLUB / CENTRE:

RESIDENTIAL

ADDRESS:

CONTACT DETAILS OF PERSON/S  
LIVING AT SAME RESIDENCE

HAVE YOU BEEN IN CONTACT WITH ANYONE THAT HAS HAD COVID-19?

YES ☐ / NO ☐

DO HAVE SUDDEN ONSET OF ANY OF THE FOLLOWING SYMPTOMS? FEVER / COUGH /  
SHORTNESS OF BREATH / SORE THROAT / LOSS OF SMELL OR TASTE: YES ☐ / NO ☐

N.B: Should you respond YES to any of the above symptoms, please:

- Stay at home
- Practice self-isolation
- Contact a medical professional to discuss your symptoms and further actions that may be required

TO THE BEST OF YOUR KNOWLEDGE, ARE YOU CURRENTLY FREE OF COVID-19?

YES ☐ / NO ☐

BY SIGNING THIS FORM, I HEREBY DECLARE THAT I AM FIT, AND IN GOOD HEALTH AND  
CAN RESUME TRAINING.

DATE (MM-DD-YYYY)

SIGNATURE

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## 6.2. Venue facility checklist for day to day training

VENUE CHECKLIST		
<b><u>GUIDELINES TO A SAFE AND HEALTHY COACHING EXPERIENCE</u></b>	<b>Completed</b>	<b>To be Completed</b>
1. Necessary Screening and Sanitising of Equipment:		
1 a. Screening Desk and main entrance		
1 b. Thermometer / Temperature Gauge		
1 c. Hand sanitiser at entry point for each court		
1 d. Sanitiser wipes for cleaning of tennis equipment and gate / door handles		
1 e. Daily attendance register		
1 f. Disclaimer forms		
2. COVID 19 Tennis Documents to be on display:		
2a. COVID infographic		
2b. Mask signage		
2c. Summary of guidelines		
3. Manning of the screening desk and ensuring access control		
4. Cleaning/sanitising of equipment between match sessions		
5. Cleaning/sanitising of equipment at the end of the day		
6. Emergency numbers available for reporting and providing support		
7. Self isolation room at venue		
<b>Good luck, welcome back on court and please stay safe !</b>		

### 6.3. Travel guide personal declaration form

This would be used specifically for matches (tournaments and events) prior to an athlete, official, coach or member of the support staff enter a venue facility.



#### TRAVEL GUIDE DECLARATION FORM

FIRST NAME

LAST NAME:

CONTACT NUMBER:

E-MAIL ADDRESS:

HAVE YOU VISITED OR RETURNED FROM OVERSEAS IN THE LAST 14 DAYS?

YES ☐ / NO ☐

PLEASE INDICATE THE COUNTRY/S VISITED AND RETURN DATE IF YOU HAVE ANSWERED YES IN THE PREVIOUS QUESTION.

HAVE YOU BEEN IN CONTACT WITH ANYONE WHO HAS VISITED OR RETURNED FROM OVERSEAS IN THE LAST 14 DAYS? YES ☐ / NO ☐

PLEASE INDICATE THE DATE OF CONTACT IF YOU HAVE ANSWERED YES IN THE PREVIOUS QUESTION

HAVE YOU VISITED ANOTHER PROVINCE (OUTSIDE OF YOUR PROVINCE OF RESIDENCE) IN THE LAST 14 DAYS? YES ☐ / NO ☐

PLEASE INDICATE THE PROVINCE VISITED AND YOUR RETURN DATE IF YOU HAVE ANSWERED YES IN THE PREVIOUS QUESTION.

HAVE YOU BEEN IN CONTACT WITH ANYONE WHO HAS VISITED OR RETURNED FROM ANOTHER PROVINCE IN THE LAST 14 DAYS? YES ☐ / NO ☐

PLEASE INDICATE THE DATE OF CONTACT IF YOU HAVE ANSWERED YES IN THE PREVIOUS QUESTION

*I acknowledge that the information I have given is accurate and complete.*

DATE (MM-DD-YYYY)

SIGNATURE