



Appropriate Footwear for Horseback Riding!

Footwear while horseback riding is less of a fashion statement and more a critical piece of safety equipment! It is suggested that riding footwear have a 1-1.5" heel, smooth sole and cover the entire foot. Your classic 'cowboy boot' is perfect! The heel on the boot is to prevent your foot from sliding through the stirrup of the saddle and you becoming 'hung up' while the smooth sole is to ensure that your foot can slide out of the stirrup when dismounting. A "grippy" sole, like hiking boots, can cause you to get stuck!

If you do not own any shoes that sound similar to above, other acceptable footwear would be sneakers/tennis shoes, hiking boot with MINIMAL tread, 'faux' riding boots with appropriately sized heel.

It is Jester Park Equestrian Center's policy is to turn away riders who arrive in footwear that is blatantly UNSAFE for riding. This includes:

- Open toed shoes (sandals, including hiking sandals)
- Open backed shoes (clogs, slip on shoes)
- "Basket" Style shoes ('encased' sandal style shoe)
- Shoes with a heel over 2" tall
- Soft "shell" shoes (ie: UGGs or Crocs)

**PLEASE DO NOT
ARRIVE FOR YOUR
RIDE IN FOOTWEAR
LIKE THESE!**

