

# money

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Free, expert money coaching

Managing your money doesn't have to be a pain. Learn the skills to make it simple at **Dereham Baptist Church**. Best bit? It's totally free.

4 sessions, starting:

**Thursday 5th October, 9.30am-11.30am**

Book your free place, call 01362 695221  
or email [catherineweatherill@capuk.org](mailto:catherineweatherill@capuk.org)

[capuk.org/trymoneycoaching](https://capuk.org/trymoneycoaching)

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Money coaching is a free service designed to empower you with the knowledge, skills, tools and confidence to better manage your finances. Anyone can benefit – from seasoned budgeting experts to those struggling to get to grips with their spending.

- Learn how to build and balance a household budget
- Learn how to structure your finances using a system proven to work
- Find ways to save more and get the most out of your spare cash
- Learn how to use credit wisely and navigate unmanageable debt
- Explore the difference between essential and optional expenses and find ways to realistically cut costs

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