



**FOR THOSE I LOVE
FOR THOSE WHO LOVE ME**

*When I am gone, release me, let me go—
I have so many things to see and do.
You mustn't tie yourself to me with tears,
Be happy that we had so many years.
I gave you my love. You can only guess
How much you gave me in happiness
I thank you for the love you each have shown.
But now it's time I travelled on alone!*



*So grieve a while for me, if grieve you must.
Then let your grief be comforted by trust.
It's only for awhile that we must part.
So bless the memories that lie within your heart.
I won't be far away, for life goes on.
So if you need me, call and I will come.
Though you can't see me or touch me, I'll be near,
And if you listen with your heart, you'll hear
All of my love around you soft and clear
And then, when you must come this way alone—
I'll greet you with a smile and
“WELCOME HOME”*



Funeral Service

Wednesday, November 16, 2022 ~ 11:00 a.m.
Faith Lutheran Church
Mentor, Minnesota



Officiating

Rev. Michael Sletto

Organist

Marilyn Arness

Scripture Readings

Psalm 23 † John 11:25-26 † John 14:1-6, 18-19, 27

Readers

Alma's Obituary
Read by Shelly Brown (Granddaughter)



“You Only Have One Grandmother”
Read by Stephanie Rutt (Granddaughter)

Congregational Hymns

“Just As I Am”
“Amazing Grace”
“On Eagle's Wings”

Honorary Pallbearers

Madison & Marissa Brown ~ Tyler & Ashley Hunter
Hunter Brown ~ Nicole Bratlund

Active Pallbearers

James Hunter ~ James Packard ~ Mac Brown
Jeff Rikala ~ Kyler Rikala ~ Quinton Rikala

Place of Rest

Rosehill Cemetery
Rural Mentor, Minnesota



Alma was born on March 29, 1920 on the family farm near Grygla to the late Joel Melvin & Mina "Minnie" Tolena (Bye) Sistad. She grew up on the family farm, learning to milk cows and help with all kinds of chores. She went to the country school and walked a mile to get there, no matter the weather or how deep the snow was. When she left home, she went to North Dakota to work for friends of her aunts, doing housekeeping, cooking, baking, and caring for children. It was there that she met her future husband, Marvin Foss. They were married on November 7, 1942, in Crookston, MN. They lived and farmed on the family farm in Hatton, North Dakota. They lived briefly in Grand Forks, North Dakota, and then moved to Mentor, MN, in 1951. They were blessed with 3 children, Judy, Duane, and Elaine.

Marvin passed away in January 1977. Alma continued to live on the farm until September 2017. She was always busy and hardworking, helping with farm work. She was famous for her wonderful homemade bread, buns, caramel rolls, wonderful cookies, and bars. She always had a big garden and lots of flowers. Canning and preserving jams, vegetables, and fruit. She worked various jobs, from potato harvesting in the fall to a Mink Farm. She also worked in a Sewing Factory making snowmobile suits, Artic Cat, Jiffy Fry, and Lee's Nursery.

She had many hobbies, which included embroidering dish towel sets for family and friends and sold many sets. She was a lifelong member of Faith Lutheran Church. She participated in Ladies Aid, Circle, and many church activities. She enjoyed "Old Time" dancing polka or waltz. She was an avid reader and loved to play cards and board games.

Family was most important to Alma. She was a loving and caring wife, mother, and grandmother. She would lend a helping hand to anyone in need. Alma is survived by her daughter Judy Straughn of Aitkin, daughter-in-law Nola Foss, Welton, AZ, 4 grandchildren: Stephanie Rutt (James Packard) Plymouth, Shelly (Mac) Brown, Aitkin; Jennifer (Jeff) Rikala, Aitkin; James Hunter (Autumn) Brainerd. 8 great-grandchildren, 2 great-great-grandchildren and one on the way. And many more relatives and friends.

Alma passed away on Wednesday, November 9, 2022, at Aicota Health Care Center in Aitkin, Minnesota at the age of 102 years, 7 months, 11 days.

She was preceded in death by her parents, her husband Marvin, son Duane Foss, daughter Elaine Ebnet, Brothers Marvin (Alice), Palmer (LaVona), James (Gladys), Arvid (Bernice), and Stewart (Lottie). Sisters Hazel Bjorge (Ardell), Adeline (Willard) Sletten. Son-in-law Joseph Straughn, Grandson, Ken Foss.

Blessed be her memory



Celebrating the Life of
Alma Harriet Foss
March 29, 1920 ~ November 9, 2022