



CITIZENS' ASSOCIATION NEWSLETTER

November 2011

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Citizens' Association*

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Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2011. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.

November 2011 Newsletter

Carderock Springs Citizens' Association Meetings are the **Third Monday of Every Month**

Next Meeting is Monday,
November 21, 7:00, at the Club

Safety Committee Update

PARKING IN CARDEROCK SPRINGS

At our October monthly meeting, the CSCA Board discussed a concern raised by one neighbor about the safety issue caused by people parking their cars on the streets, especially the many narrow roads in the community. The consensus was that parked cars on the streets increase the danger for walkers and bikers who were forced to go into the middle of the road. Cars parked along the roads also obstruct drivers' view of the road ahead and present obstacles for emergency vehicles maneuvering through the neighborhood.

It was noted that our CSCA covenants already clearly state that, when possible, cars are to be parked in driveways and NOT on the streets.

Exceptions would obviously be when residents have guests, host a party, have a real-estate open house, are having work done at their home, etc. For those residents using shared driveways, please use courtesy and discuss with your neighbors ways to accommodate parking so traffic can pass by freely and not block cars from entering or exiting.

The Board decided to remind all residents that personal cars are to be parked in driveways whenever possible and not on the streets. Residents are also reminded that all cars parked on the street must be in compliance with County regulations regarding not blocking driveways, not parking within 35 feet of an intersection or 15 feet of a fire hydrant, and not parking any cars on the street during periods of snow removal.

The Board hopes that each resident will be willing to make this effort because of our common concern to keep our streets safe.

The Carder-Eco Column

News from the Environmental Committee

Electronics Recycling Drop-off

Sunday, November 6, 2011, 12 Noon to 4 pm,
Walt Whitman High School, 7100 Whittier Blvd,
Bethesda

Accepted items include: small electronic appliances, calculators, camcorders, CDs and floppy disks, CD players, cell phones, computers and computer-related products, consumer electronics, copiers, cords and cables (including chargers), digital cameras, electronic typewriters, fax machines, microwave ovens, monitors, personal digital assistant equipment, printers, projection equipment, scanners, telephones, small electronic toys, televisions, VCRs

America Recycles Day 2011 Shred, Recycle, Donate!

Saturday, November 19, 2011, 10 to 2:00 pm,
Thomas S. Wootton High School, 2100
Wootton Parkway, Rockville

Sunday, November 20, 2011, 10 to 2:00 pm,
Takoma Park Middle School, 7611 Piney
Branch Road, Silver Spring

Shred and recycle your confidential paper and donate clothing and household goods in working condition. Activities will occur rain or shine. Paper shredding is available at no charge to Montgomery County residents only (no businesses are permitted).

For specific guidance on acceptable items, visit www.iworksmc.org/s-wishlist.html and awidercircle.org/wish_list.html (for Saturday, November 19 event), and www.namithriftshop.org/thriftstore_donations.asp (for Sunday, November 20 event).

How to Recycle/Dispose of...

You can get information on how to dispose of many items at the website

Montgomerycountymd.gov/apps/dep/solidwaste

On the same website, you may order, free of charge, additional blue bins and wheeled paper recycling carts.

Beautification Committee Report

The installation of the new lights has begun at the front entrance sign located at Carderock

Springs Drive and River Road. A contract has been let to landscape this area. Unfortunately, the constant rain has delayed the work.

How to Wear a Bicycle Helmet

Often bicycle rider wear a helmet perched on the back of her/his head. This style is more common among girls and women. If the cyclist going forward hits a pothole or other fixed object and pitches over the handlebars, the impact can be on the forehead at or near the hairline. In this event, the helmet provides no protection.

The Mayo Clinic notes that the rules for wearing a bicycle helmet are the same for kids and adults: wear the helmet flat on the top of your head.

- Make sure the helmet covers the top of your forehead without tilting forward or backward, and the straps form a V shape under each ear
- Fasten the chin strap below your chin — not to the side or along your jaw
- If the bicycle helmet rocks from side to side or front to back, use the sizing pads that came with the helmet to get a better fit.
- A bicycle helmet that tips backward is problematic. The front and side of your head are vulnerable to the force of a crash. Tighten the chin strap. If the helmet still tips backward, you may need a smaller helmet.
- If the bicycle helmet is tilted forward, then the back of your head is more vulnerable to the force of a crash.
- Parents—you too need a helmet: you set the example, and your head isn't as hard as you allege.

For other tips on safe riding, see the League of American Bicyclists: <http://www.bikeleague.org/resources/better/index.php>

Board Meetings

The CSCA Board meets at the club each month on the THIRD MONDAY, starting at 7 PM. The agenda will be published on the CS-Chat prior to the meeting. CS residents are always welcome to attend and participate in any discussions.
