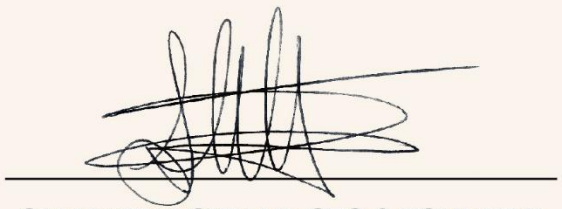
CERTIFIED pause TRAUMA-INFORMED BREATHWORK FACILITATOR

Certificate of Completion

This certificate given by Pause Breathwork confirms that

LAUREN MOYER

Has completed all the training, course requirements & client hours to become a Pause Trauma-Informed Breathwork Facilitator effective November 24, 2023.



SAMANTHA SKELLY, CEO & FOUNDER