

## PRAYERS AND READINGS FOR THE 1<sup>ST</sup> SUNDAY AFTER TRINITY

In the name of the Father + and of the Son  
and of the Holy Spirit. **Amen.**

*INTRODUCTION*

*GLORIA IN EXCELSIS*

Glory to God in the highest,  
and peace to his people on earth.

*Glory to God in the highest,  
and peace to his people on earth.*

Lord God, heavenly King,  
almighty God and Father,

*Glory to God in the highest,  
and peace to his people on earth.*

We worship you, we give you thanks,  
we praise you for your glory.

*Glory to God in the highest,  
and peace to his people on earth.*

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;

you are seated at the right hand of the Father:  
receive our prayer.

*Glory to God in the highest,  
and peace to his people on earth.*

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.

*Glory to God in the highest,  
and peace to his people on earth.*

Amen.

[This setting written by Andrew Parnell  
for St Alban's Abbey, 24th June 2006]

O God,  
the strength of all them that put their trust in thee,  
mercifully accept our prayers  
and, because through the weakness of our mortal nature  
we can do no good thing without thee,  
grant us the help of thy grace  
that, in keeping of thy commandments,  
we may please thee, both in will and deed;  
through Jesus Christ thy Son our Lord,  
who liveth and reigneth with thee,

in the unity of the Holy Spirit,  
one God, now and for ever.

## EXODUS 19:2-8

They set out from Rephidim and came into the wilderness of Sinai, and they encamped in the wilderness. There Israel encamped before the mountain, while Moses went up to God. The Lord called to him out of the mountain, saying, “Thus you shall say to the house of Jacob, and tell the people of Israel: You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine; and you shall be to me a kingdom of priests and a holy nation. These are the words that you shall speak to the people of Israel.”

So Moses came and called the elders of the people and set before them all these words that the Lord had commanded him. All the people answered together and said, “All that the Lord has spoken we will do.” And Moses reported the words of the people to the Lord.

## PSALM 100

O be joyful in the Lord, all the earth;  
serve the Lord with gladness and come before his  
presence with a song.

Know that the Lord is God;  
it is he that has made us and we are his;  
we are his people and the sheep of his pasture.  
Enter his gates with thanksgiving  
and his courts with praise;  
give thanks to him and bless his name.  
For the Lord is gracious;  
his steadfast love is everlasting,  
and his faithfulness endures  
from generation to generation.

MATTHEW 9:35-10:8

And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the labourers are few; therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest.”

And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every affliction. The names of the twelve apostles are these: first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; Philip and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, who betrayed him.

These twelve Jesus sent out, instructing them, “Go nowhere among the Gentiles and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And proclaim as you go, saying, ‘The kingdom of heaven is at hand.’ Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying; give without pay.

*SERMON*

*PRAYERS OF INTERCESSION*

.... Everlasting Father,  
we thank thee that thou dost nourish us  
with thy heavenly gifts:  
strengthen us in faith,  
build us up in hope  
and make us grow in love;  
for the sake of Jesus Christ our Lord. Amen.

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

## BLESSING

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. Amen.

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*ALL MY HOPE ON GOD IS FOUNDED*  
*recorded remotely by the Choral Scholars of St Martin-in-the-*  
*Fields in their homes, and edited together*

*All my hope on God is founded;  
He doth still my trust renew.  
Me through change and chance he guideth,  
Only good and only true.  
God unknown,  
He alone  
Calls my heart to be his own.*

*God's great goodness ay endureth,  
Deep his wisdom, passing thought:  
Splendour, light, and life attend him,*

*Beauty springeth out of nought.  
Evermore,  
From his store  
New-born worlds rise and adore.*

*Daily doth the almighty giver  
Bounteous gifts on us bestow;  
His desire our soul delighteth,  
Pleasure leads us where we go.  
Love doth stand  
At his hand;  
Joy doth wait on his command.*

*Still from man to God eternal  
Sacrifice of praise be done,  
High above all praises praising  
For the gift of Christ his Son.  
Christ doth call  
One and all:  
Ye who follow shall not fall.*

*Meine Hoffnung stehet feste Joachim Neander (1650-1680)  
paraphrased Robert Bridges (1844-1930)  
Tune: MICHAEL by Herbert Howells*

*Joachim Neander's 'Meine Hoffnung stehet feste' was  
published in 1680 where it was entitled 'Der nach dem Essen  
Danckende' ('Grace after food').*

*Bridges's free translation appeared in the Yattendon Hymnal Part III (1898), in five stanzas, with its 1680 tune, labelled 'German Proper Melody set by Harry Ellis Wooldridge. That tune is customarily named after the hymn, MEINE HOFFNUNG – listen here <https://hymnary.org/media/fetch/180213>*

*In this hymn his archaic language and inverted syntax are seen at their finest, giving grandeur and dignity to the idea of trust in God rather than in the transient works of human beings. Surprisingly, the hymn did not appear in The English Hymnal (1906) or in Songs of Praise (1925), but it was included in Songs of Praise Enlarged (1931), and has since become widely used in many countries.*

*It received a further boost with the composition of a second fine tune, MICHAEL, by Herbert Howells. Howells is said to have received a request in a letter one morning for a new tune to these words from Dr Thomas Fielden, Director of Music at Charterhouse, and to have composed the tune without leaving his breakfast table. It appeared in The Clarendon Hymn Book (1936), and the splendid marriage of words and tune was the primary reason for the inclusion of the hymn in modern hymnals.*

*Some print the stanzas alongside another translation by Fred Pratt Green beginning 'All my hope is firmly grounded' (1989), presumably to avoid Bridges's old-fashioned but glorious rhetoric.*

*BRIDGES, Robert Seymour. The Bridges family had been yeomen and gentleman farmers for generations. He was educated at Eton and Corpus Christi College, Oxford.*

*After Oxford, he travelled in the Middle East and studied in Germany, before becoming a medical student at St Bartholomew's Hospital. He graduated from there in 1874, and worked as a doctor until 1881, although he had already published Poems (1873) followed by The Growth of Love (1876) and two other volumes. In 1881 he had a life-threatening attack of pneumonia, and gave up practising medicine. On recovery, he went to live at Yattendon, Berkshire, where he became involved in the music and worship of the parish church: from 1885 the rector was the scholar and poet H.C. Beeching.*

*With the encouragement of Beeching and the help of the musician H.E. Wooldridge, Bridges produced the remarkable Yattendon Hymnal, published in four parts between 1895 and 1899, and as a single volume of 100 hymns in 1899.*

*Bridges had a considerable interest in music, and was friendly with composers such as Stainer and Parry. Some of his poetry was written for musical setting. He was made Poet Laureate in 1913, and continued to publish until his final (very successful) work, The Testament of Beauty (Oxford, 1929). He was awarded many Honorary Degrees, and given the Order of Merit in 1929. He was one of the founders of the Society for Pure English, and was very interested in poetic language and prosody.*

*He kept the poems of his friend Gerard Manley Hopkins (died 1889), publishing them in 1918, when he judged that the time was right for their reception.*

*He was uncompromisingly in favour of fine and serious hymns, as opposed to those which, he said, 'were designed to make the worldly man feel at home'.*

*Bridges is chiefly known for his rather free translations from Latin, Greek, and German. The following are found in many books: 'Ah, holy Jesu, how hast thou offended', 'All my hope on God is founded', 'Happy are they, they that love God', 'Love of the Father, love of God the Son', 'O gladsome light, O grace', 'O sacred Head, sore wounded', 'O splendour of God's glory bright', and 'The duteous day now closeth'.*

*Extracted from JRW. "All my hope on God is founded." The Canterbury Dictionary of Hymnology. Canterbury Press. Web. 13 Jun. 2020.<<http://www.hymnology.co.uk/a/all-my-hope-on-god-is-founded>>*

*Extracted from JRW. "Robert Bridges." The Canterbury Dictionary of Hymnology. Canterbury Press. Web. 13 Jun. 2020.<<http://www.hymnology.co.uk/r/robert-bridges>>.*

Common Worship; CW: Times & Seasons; CW: Festivals material from which is included here, is copyright © The Archbishops' Council and published by Church House Publishing.

Scripture quotations are from The ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved. The ESV is adapted from the Revised Standard Version of the Bible, copyright Division of Christian Education of the National Council of the Churches of Christ in the U.S.A. All rights reserved.

Hymns are reproduced under CCLI copyright licence 1315377;  
Streaming Licence: 59529