

**Squash and Racquetball** 

GO!



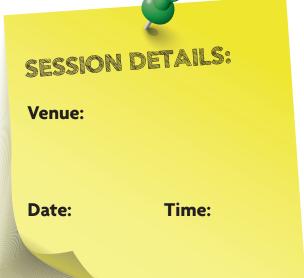
This program is fun and all inclusive, plus a great way to hang out with your friends!

Benefits of being active with your friends:

- Fun way to hang out
- Can relieve stress from school or assignments
- Keeps you fit and healthy
- Learn a new sport and skills

## Follow us on social media for updates

Instagram = @squash\_racquetball\_vic Facebook = Squash & Racquetball Victoria Twitter = @squashvic



## For more information contact: MEREDITH HODSON

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